

LEISURE SOLUTIONS UK

ISSUE: 526 | April / May 2021
www.solutionspublishing.co.uk

• WHAT'S ON • CHARITY • PROPERTY FOR SALE • HOLIDAYS

**Ceremonies by
Lynda**
see on page 4



Purely Stairlifts
see on page 4



“Rodney Peyton OBE MD. is a remarkable individual. He’s best known as a trauma surgeon and is widely regarded as the world’s leading surgical coach. He is also an international keynote speaker, businessman, entrepreneur and investor with a portfolio that spans three continents”
See pages 8-9.

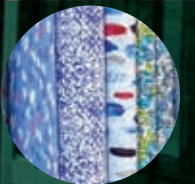
Wise Global
see on page 5



Solware
see on page 16



All Stitched Up
see on page 18



**Wadebridge
Antiques**
see on page 18



Contents

04 CEREMONIES BY LYNDA

Plan your perfect day

04 PURELY STAIRLIFT

High quality stairlifts

05 WISE GLOBAL

Make the best use of your time

16 SOLWARE

Run by shooters for shooters

18 WADEBRIDGE ANTIQUES

Antiques Fairs in Cornwall

Featuring a wide variety of companies from across the UK and Sent via email to 100,000 UK Consumers Aged 18 +.

Editors comments

Hello & welcome to Leisure Solutions UK!

The team at Solutions UK has been working extremely hard to bring you an issue that is full of innovative and exhilarating companies and we are very excited to share their success and achievements with you.

We have searched the length and breadth of the UK to bring you some of the most ground-breaking innovations and this month we are overjoyed to be highlighting the activities of Lady Toast Master.

Firstly, we would like to focus on the work of Peyton Medical Legal who this month features on our front cover! Rodney Peyton OBE MD. is a remarkable individual. He's best known as a trauma surgeon and is widely regarded as the world's leading surgical coach. He is also an international keynote speaker, businessman, entrepreneur and investor with a portfolio that spans three continents. See pages 8-9.

Secondly, we are featuring Le Tonkinois Varnish, a natural oil based yacht varnish using an ancient Chinese formula dating back 2 or 3 centuries!

I hope you enjoy reading this issue of Leisure Solutions as much as we have enjoyed bringing it to you. Happy reading and we hope to see you for the next edition!

Ian Hayward

Editor

Leisure SOLUTIONS UK

For all advertising & sales enquiries
please contact Ian Hayward
0121 241 8788



Available on the
App Store

FIND US ON:



Art News

Broadcast your artwork and purchase unique art pieces online

Open Space Gallery is exactly what it says on the tin – an open space for artists of all types, notability and artistic background, to advertise and display their artwork available online for buyers, dealers and art lovers alike.

Overseen by its passionate owner, Ian Briers,

Open Space Gallery provides artists of all sizes, from up and coming aspiring artists to world-renowned well-established artists, with a platform to advertise their work to buy or sell to the expansive online art community. "We are an online art gallery that is open to all types of artwork to advertise for sale," Ian continued,



"I am more than happy to accommodate artists and if we do not currently have their type of artwork on display, I will happily make a new section for them."

Open Space Gallery maintains an inclusive art culture and is open for all artists to submit their artwork to display on its website. The site maintains a wide variety of artwork from glasswork, intricate painting and drawings to unique sculptures, pottery and all that come in between. "We cater for all artwork types and the artwork is available to view and purchase by everybody, as it's a public open site. We are always expanding the range of artwork and I'm happy to accommodate any art type. One of our latest notable pieces is a sculpture of a swordfish by Robert Slinn," Ian stated.

The opportunity to gain exposure from possible interest, including from fine art dealers is something advantageous for any artist and Ian told us that, "We have gained a lot more interest from different buyers including at least two verified London based art dealers. This is a big opportunity for artists to showcase their work to these potential buyers."

Not only is Open Space Gallery a great tool for artists, it is also a highly accessible platform for buyers. Regardless if you are looking for the perfect accessory to complement your home or searching for new talent for an upcoming art project or dealership, Open Space Gallery displays an abundance of talent through its online space.

"We have a great opportunity for buyers to purchase artwork. We provide them with



the image, price of the artwork as well as the artist's information to allow them to communicate directly with the artist. What's great as well is there are pieces available to suit all budgets, with prices ranging from £10 to up to £100 million," Ian stated.

One of the biggest names in terms of established artists at Open Space Gallery is Trevor R Plummer, who is the first artist in the world to produce an Art Sculpture Painting, complicated artwork with locking mechanisms and a built-in secret code. Trevor R Plummer currently has five pieces of art for sale at Open Space Gallery consisting of sculptures and painted sculptures with prices starting from £10,000 to £100 million.

Indeed, Open Space Gallery is certainly a blank canvas background to showcase the latest and greatest in artwork, with something to suit everybody's artistic needs. For any further information or to view/purchase or submit artwork, please see the details featured below.

Contact
T 07588 907 156
www.openspacegallery.co.uk

Open Space Gallery

A space for artists and buyers

Open Space Gallery supports the needs of both artist and buyer. We provide a simple and effective way to promote your art to potential buyers in Leicester and the UK.


For buyers, we provide all the essential information about the works in our unique 'online gallery', so you can make an informed decision about the artwork and contact the artist directly.

We do not charge visitors to browse our available works.

Original oil painting of fields of flowers on canvas

Why sell your art through us?

- No hidden fees or commissions on the sale price
- No time limits: your artwork can be listed until it's sold
- Discounts for multiple submissions
- Self-representing artists are always welcome
- We will advertise any art at any price



To submit your art via smart phone you can email us. Attach the image to the email and include a description of your art. Please also provide your name, contact details, asking price (optional), size and medium of art.

Our online gallery is open 24/7, but our team can be contacted directly between the following hours: Monday-Sunday: 09:00:00 - 17:00:00

T 07588 907 156
✉ openspacegallery007@yahoo.com

www.openspacegallery.co.uk

Beth Wood

- ARTIST -



I am a self taught artist and like my mother and grandfather before me, have developed my own style. I grew up in Oxfordshire and chose to settle in Dorset with my life long partner and our two dogs.

I have travelled over the years and photographed my own reference materials which I use to create some of my work.

Take a peek through my Website there are paintings to purchase or commissioned work to view and if I can paint your favourite place or your beloved two or four legged friend please get in touch.

I use oil and acrylic medium to paint photo realism pet portraits, landscapes and cityscapes each very unique to you.

If you would like to commission a painting please email me at;

✉ bethwoodartist@gmail.com

T 07384 646506



www.bethwoodartist.com

For All of Your Event Needs!

Founded in 2010 Patricia Creighton MBE started offering Toastmaster services after realising there was a gap in the market for actively operational female Toastmasters. With her organisational strength and problem-solving ability, Patricia turned her hand to the planning of weddings, balls and parties, and has since become an extensively appreciated event organiser.

Having worked in previous roles as a wedding organiser and registrar, Patricia is well practiced at participating in important ceremonies and has subsequently obtained a decorated background in wedding arranging, civil partnership procedures, banquets, bat mitzvahs, cocktail parties, award ceremonies, product launches and official openings.

The reputable Toastmaster is also experienced with corporate events and has assisted many companies with the development of a smooth-running and memorable gathering. Her work extends to more specialist celebratory services such as vow renewals and baby naming ceremonies, and she has also attended various balls and parties.

Having been granted the coveted MBE in 2003 for her notable contributions to the voluntary youth sector, Patricia is a sought after figure who always offers a sleek and professional service, taking all your stresses away. In fact, all of Lady Toastmaster's testimonials praise how efficient and professional the service is, and her satisfaction at a successful event coming together after months of preparation is evident in the passion she puts into her work.



Although based in Croydon, Patricia is more than happy to travel should this be required and has conducted much of her ceremony-centred work in Spain. Some of her favourite memories are being a Toastmaster in Spain for The Royal British Legion fundraising Balls, in Park Lane for a large fundraising event (Ataxia Society), and travelling to Wales for a big fundraising ball in aid of Sepsis Society.

Patricia's work is incredibly customer-oriented; each project she is presented with is handled with care and attention to detail as well as, of course, the expected level of professionalism and efficiency. Communicating with the necessary experts – photographers, caterers, bands and guest speakers included – she ensures the day goes according to plan and that all aspects are taken into consideration.

If you don't want the stress of organising an important event then consult Lady Toastmaster today. Leaving the logistics to a well-experienced specialist will ensure you can relax and enjoy the planning process instead of getting frustrated and flustered.

What's more, you'll benefit from two Toastmasters at your event for the price of one, as Patricia always brings along an Assistant Toastmaster. Please contact Patricia using the details provided to find out why two Toastmasters are better than one, and how she can help make sure your day goes exactly how you dreamt it would.

T 07885 780 149
patriciacreightonmbe@
googlemail.com
www.ladytoastmastermbe.
co.uk



Blossoming Bunches for all Occasions

Situated in Knowle, Solihull in the West Midlands, Lisa Flowers Floral Design provides florist services for all occasions.

Owned by Lisa, the shop benefits from her wealth of expertise in floral design and she provides unique, bespoke designs, specifically created for each customer. "I qualified in 2008 and established Lisa Flowers Floral Design formally April 2011." Lisa continued, "I provide flowers for all occasions including Weddings, Hand Tied Bouquets for everyday use, Funeral & Sympathy Flowers and Restaurants & Bar displays."

Excelling in its services, Lisa Flowers Floral Design is passionate in designing unique, breath-taking floral designs that capture and create the right visual appearance to meet the needs for each customer. Catering for all big life events as well as personal day to day events, Lisa provides services for gift bouquets/ flowers, birthdays, weddings, corporate entertainment, special events, celebrations, sympathy and funeral tributes, Valentine's Day and Mother's Day.

"I pride myself on providing an individual bespoke service. Every client is unique and no two orders are ever the same. I create individual designs to suit all budgets." Lisa stated.

In terms of recent developments, Lisa Flowers Floral Design has been able to carry on working throughout



the COVID-19 pandemic and has seen an increase and importance placed on its services, for providing loved ones with tokens of love and affection, while families and loved ones have been separated due to COVID-19 restrictions.

"I have worked constantly through this unprecedented year. It has been incredible in every way and it has been helping to keep families in touch from all over the UK and internationally too." Lisa expanded on some of her recent achievements, "I have recently become the floral designer for Jaques Restaurant in Knowle which is a new bespoke restaurant. I have also achieved awards over the last three years with UK Wedding Planner and I am the preferred florist for Taylor's Independent Funeral Services in Knowle."

A clear favourite service provider for its community, Lisa Flowers Floral Design provides a personalised, professional service which has helped to establish Lisa as being the preferred choice for floral designs in the community. We asked Lisa, what she feels sets her services apart from others, she told us that, "it's my Individual service, I provide every project with a personal touch."

For any further information, please see the details featured below.

Contact

T 07900 881867
www.lisaflowersfloraldesign.co.uk



PATRICIA CREIGHTON M.B.E. INDEPENDENT LADY TOASTMASTER



Master of Ceremonies Compere & Events Hostess

Weddings (all denominations and cultures) - Parties Anniversaries - Balls
Festivals - Corporate Events - Charitable Functions Christenings - Banquets
Dinners Fashion Shows
- Charity Auctions - Receptions - Centenary Dinners

Would you like an experienced, qualified Lady Toastmaster to give your event that WOW factor, no matter how large or small the event?

I have worked in Europe and I am willing to travel (almost) anywhere for any type of event! Client care, attention to detail and professional expertise, will ensure your event is a success!

Please feel free to contact me to discuss your requirements
T 07885 780149 | patriciacreightonmbe@googlemail.com

www.lady-toastmaster.com

Lisa Flowers Floral Design

A Personal and Professional Florist in Solihull

Welcome to Lisa Flowers Floral Design

I am a bespoke florist offering a personalised and professional service for your floristry requirements.

Flowers have long been my passion so to be working with them every day, creating different styles and designs, is very rewarding. I pride myself on my ability to provide a personalised bespoke service where I can express each customer's specific requirements with flowers.

Whether contemporary or traditional, simple or complex, a hand tied or an elaborate celebration, I am able to meet all budgets and requests.

If you would like to discuss a design or event, or have any enquiries, please get in touch. You can find my details on the Contact Us page.

I will look forward to hearing from you!

For more information please contact me on;

T: 01564 635126

M: 07900 881 867

E: enquiries@lisaflowersfloraldesign.co.uk

www.lisaflowersfloraldesign.co.uk





With the help of a "Wedding Celebrant"...
Your Wedding Ceremony
at the place chosen by you, Created by you ...

At Home ♥
 In a Marquee ♥
 Evening Sunset ♥
 On the Beach ♥
 By the River ♥

*...the perfect place...
 your personal wedding...
 at a realistic price!...*



The legal part this can be done early the same day or even a day previous with just the two of you and two witnesses in informal dress if you want.

01686 430758 | 07980 185946
www.ceremoniesbylynda.co.uk | lynda.williams15@yahoo.com

Welcome to Slumber Boutique

Making your party dreams come true

Sleepover parties have never been easier than with Slumber Boutique. When you come to Slumber Boutique seeking the best and most memorable sleepover, rest assured that you'll receive exactly what you're looking for. No sleepover is the same.

Slumber Boutique is a family owned company, creating and delivering bespoke sleepover parties for children from age 6 and above. Boys and girls enjoy their sleepovers with their friends in individual teepees indoors and during the summer months, under the stars in our beautiful bell tents.

We are based in Kent, serving all areas within a 25 mile radius from Staplehurst. Areas include Rainham, Maidstone, Ramsgate, Gravesend, Royal Tunbridge Wells, Burwash, Battle and Canterbury. We will travel, so get in touch.

PROFESSIONAL EVENT SPECIALISTS

TEEPEES | BELL TENTS | EVENT ORGANISERS

No sleepover party is the same - call me to create your dream party

I believe your special day needs to be unique and there are no limits to what can be done.

☎ 07966 781 710

www.slumberboutique.co.uk



Colette
 COUNSELLING &
 WELLBEING SERVICES

**Counselling service
 for couples and
 individuals.**

**Sessions can be face
 to face, over the
 phone or online.**

**NVQ Level 3
 qualified in British
 Sign Language.**



Qualified Humanistic Counsellor, NLP
 Master Practitioner, Hypnotherapist
 and Clinical Supervisor

Call Colette: 07762 970024

Email: colettecounselling@gmail.com

www.colettecounselling.co.uk

the stairlift specialists
 purelystairlifts

HIGH QUALITY STAIRLIFTS

Are you finding it difficult to climb the stairs now-a-days?
 Get a stairlift installed by Purely Stairlifts.

Here at Purely Stairlifts we have many years of experience in successfully applying Stairlifts to home for those in need. As we grow older we find great difficulty with doing the mundane tasks we once found easy such as climbing stairs. If you live in a house that has lots of stairs or just simply cannot tackle them anymore like you used to then you need a stairlift from Purely Stairlifts.

Instead of moving home or downsizing to a bungalow you can add a high-quality stairlift from us with ease and far less expense. All of our specialists are highly trained with years of experience in the industry and can safely install all styles of stairlifts in your home to suit your needs. No matter what your needs are we have various stairlifts to suit all requirements including curved and straight also general repairs to all makes of existing stairlifts.



For more information please contact us on;

☎ 0800 612 6542 | ☎ 01376 619270 | ☎ 07831 318 041

✉ purelystairlifts@gmail.com

www.purely-stairlifts.co.uk



Does the Coronavirus (COVID-19) have you working from home or self-isolating?

Make the best use of your time



Make the best use of time for you or your staff by taking an accredited online health and safety training course. NEBOSH, IOSH and CPD Short Courses to help you use your time wisely. You can study from home and at your own pace.

- ✓ IOSH Managing Safely Online Course
- ✓ NEBOSH National General Certificate Online Course
- ✓ ROSPA, IIRSM, CPD accredited Short Online Courses

Contact us today and we'll help you save time and money!

Corporate discounts are available.

☎ 01482 211989

🌐 [wiseglobaltraining.com](https://www.wiseglobaltraining.com)

✉ info@wiseglobaltraining.com

Leading provider of accredited online NEBOSH and IOSH courses

Wise Global Training is an award-winning, global provider of accredited health and safety training. Specialising in online NEBOSH and IOSH courses, the company caters for individuals all the way up to global organisations such as UNIDO and multi-national companies such as Smith and Nephew.

"We are a small family run company that offers a personalised service," said Dave Newgass, Managing Director. "When you contact us, we are more than just a number. We take pride in top notch customer service and realise that everybody is different and has different goals, so we try to cater to that. Safety isn't expensive – it's priceless."

With a wide range of accredited NEBOSH and IOSH courses, Wise Global Training offers essential training including:

- **IOSH Managing Safely**
- **IOSH Working Safely**
- **NEBOSH National General Certificate**
- **NEBOSH International General Certificate**
- **NEBOSH International Technical Certificate in Oil and Gas Operational Safety**



This is in addition to other ROSPA and IIRSM accredited short courses which are just a few hours in length, which can help to upskill your staff.

Thanks to over 10 years of excellence in the industry, Wise Global Training is well-known for its high quality courses, support and service. This has been recognised over the last couple of years with a number of awards, including: UK Enterprise Awards - Best Occupational Safety eLearning Training Provider 2020; Global Business Awards - Best Health & Safety Training Provider 2020 - North East England; Corporate Vision Education and Training Awards - Leading Provider of eLearning Training Courses - Yorkshire; Corporate Live Wire 2019 Global Awards - Health & Safety Training Providers of the Year; and CV HR & Training Awards 2018 - Best Health & Safety eLearning Specialists - UK.

With these prestigious achievements under its belt, Wise Global Training is looking to expand its global reach with new offices in South Africa and the UAE. "We are now in negotiation with some international companies to help facilitate new synergies to increase global awareness of the company and our partners."

For more information on the company's full range of courses, head to the website or get in touch.

Contact
T 01482 211989
Dave.newgass@wiseglobaltraining.com
www.wiseglobaltraining.com





Is your child ready for the 11+ exam?

Are you looking for one to one tutoring?

Does your child need extra learning support?



TutorOneToOne
TUTORING AGENCY

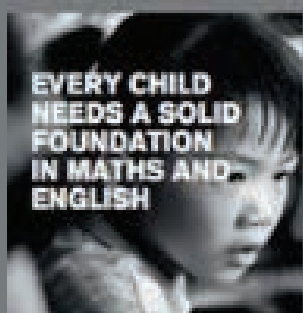
Tutor One To One offers cost effective tuition on a wide range of subjects throughout the South West to all age groups. Unlike many tutors we offer our customers the ability to be either tutored in their own home or have the tuition at the home of the tutor. By default, lessons are at the customers house, however some tutors are willing to tutor from their own home and this can be arranged with agreement from the individual tutor.

Covering a wide range of subjects
 At present Tutor One To One offers tuition on the following subjects:- English, Maths, History, Geography, Science, Music (Piano or Guitar), Computing/IT, French, German, Spanish, and Needlecraft. Need a subject not listed here? Then please feel free to contact us as we may already have a tutor able to teach your required subject.

Covering many different levels
 As well as offering a wide range of subjects, we are also able to tutor to many ages and levels ranging from early years all the way up to adult tuition. At present the levels that we cover are as follows:- 11+, GCSE, A-Levels, Adult Tuition and SAT levels.

For more information please contact us on:
T: 07976 593525
E: enquiries@tutoronetoone.co.uk
www.tutoronetoone.co.uk

IVAN WATSON



EVERY CHILD NEEDS A SOLID FOUNDATION IN MATHS AND ENGLISH

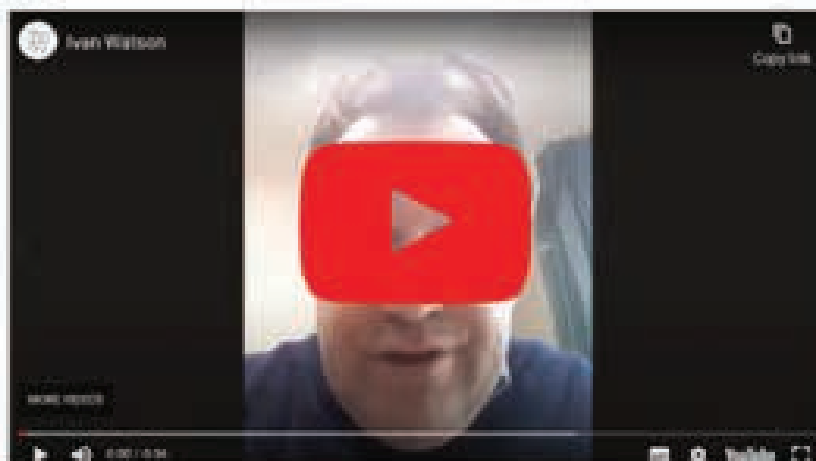
WE BUILD CONFIDENCE BY USING A PERSONALISED APPROACH

AFTER SCHOOL TUITION CENTRES RUN BY INDEPENDENT MANAGERS

DESIGNED TO FOLLOW THE NATIONAL CURRICULUM

FASTEST GROWING UK-BASED TUITION FRANCHISE

If Maths & English are the foundations of learning, we make children architects of their own futures.



07899 867114 | ivanwatson@hotmail.com

Activate Windows

SMEs' coronavirus-ravaged cashflow could do with some outside help



As we come to the end of 2020, many of us are sighing with some measure of relief that we are at the "beginning of the end" of the coronavirus threat.

At the same time, there are many small and medium-sized businesses licking their wounds. The Chancellor's measures have allowed the public to weather some of the economic storm that has ravaged us this year. But the wreckage wrought will be only slowly and painfully cleared. Rebuilding our economy will take years, as evidenced by every forecast we've seen.

Business owners must now grapple with the task of shoring up their viability, and moving carefully into the new year. Government-backed funding is still available, yet processing and payment

times can leave gaps in cash-flow. Poor sales figures during the last year can do the same.

Increased expenditure for social-distancing measures, contributions to furloughed employees, and servicing of existing debts are just some of the extra weight upon business owners' shoulders.

At Paul Michel Finance, we offer a range of solutions to assist businesses with short-term cashflow. Invoice finance allows businesses to access the majority of their payments 30, 60 or 90 days early.

Trade or supply chain finance can help secure favourable terms with suppliers, by making payments upfront. Short-term business loans can help plug the gaps that inevitably appear.

We are partners with Fifo Capital Business Finance, an established international network specialising in bespoke short-term finance solutions.

Decisions are quick, and there are no long-term contracts.

Paul Michel also has valuable relationships with specialist brokers, who are able to assist in other commercial financing solutions – asset finance, property finance, Government-backed schemes.

Utilising their services is key to securing the most fitting solution to each company's requirements.

In the coming year, and no doubt beyond, a tight reign on business expenditure and customer payment will become all the more important, and Paul Michel Finance has the tools to help.

Get in touch with Paul for any help you might need around commercial finance.

For more information contact Paul Michel on
T: 07863 753 111
E: info@pmichelfinance.com

Commercial Finance Solutions

The Right Funding Solution For Your Business

Whether just starting out or well established, businesses use finance for any number of reasons. Cashflow along the supply chain is a frequent concern. Suppliers, tax liabilities and wages can't wait. Straightforward and quick access to cash helps meet your expenses, and can help boost your growth.

Paul specialises in:

- Business Loans
- Invoice Finance
- Supply Chain & Trade Finance



**Paul Works With You To
Deliver Growth For Your Business**

Telephone: 07863 753 111

Email: info@pmichelfinance.com

Web: www.pmichelfinance.com



Secure your long term financial future

For those looking to create long term wealth passive income has long been regarded as the elusive holy grail that everybody aspires to achieve. If you're not familiar with the term then in layman's terms passive income is money that you earn that requires very little or no effort to maintain. There are many strategies that savvy investors use to achieve this highly sought after income stream and in this edition we once again caught up with renowned entrepreneur and investor, Rodney Peyton OBE to try and gain an insight into the mindset and the techniques that help individuals create long term wealth.

Rodney Peyton OBE MD. is a remarkable individual. He's best known as a trauma surgeon and is widely regarded as the world's leading surgical coach. He is also an international keynote speaker, businessman, entrepreneur and investor with a portfolio that spans three continents. We were lucky enough to be able to speak to him again, this time about wealth creation and some of the key strategies that can help achieve financial freedom for ordinary people. These strategies are effective regardless of the financial climate which is reassuring as the world reels from the global Covid 19 pandemic and the unprecedented turmoil and uncertainty that it has brought.

Having financial freedom is something we all yearn for but sadly very few of us achieve it. Ultimately what holds us back is a lack of knowledge and

understanding about wealth and how it is created. Whether we like it or not having money allows you the opportunity to live life on your own terms and it gives you the freedom to make choices in life that are simply not available to others. Rodney describes it as "financial intelligence", and it is your financial intelligence that will help you progress from your current reality to a future of having the financial freedom that you and your loved ones deserve and dream of having.

Particularly now in the digital age, there are lots of mentors and financial gurus out there who make big promises but simply don't have the knowledge or the track record to back up their claims. In contrast Rodney Peyton is a man who practices what he preaches. For more than thirty years he has been successfully investing in a range of investments in the UK, Europe, the US and Australia. He has built an impressive property portfolio and as an author has written and spoken extensively on many wealth related subjects. For those truly serious about creating wealth the goal is to develop, grow and maintain diverse passive income streams in the pursuit of the financial independence we all crave. The ultimate objective is to build that passive income to a level where it covers all your living expenses and supports the lifestyle you choose. That is what true freedom looks like but it's not a level many of us reach because we don't have the right knowledge, mindset or plan.

the globe and make them relevant for professional colleagues."

Many professionals spend their entire lives studying and working towards achieving their professional ambitions but have little or no education about financial matters. Many of us take our advice from so-called financial advisors but what we don't take into account is that we are taking advice from individuals that are usually not independently wealthy themselves and are often employees of large corporations whose advice will be influenced by how much commission they will earn. Why would you put your financial security in somebody else's hand when by becoming educated and financially astute you can take the future of you and your family into your own hands.

What Rodney shared with us is a five step system he teaches that encourages individuals to take the steps they need to achieve financial freedom. It's an operational system that can be compared to the strategic path a physician would use with a new patient to help them bridge the gap between their current circumstances and their goal of financial freedom in the future. His system has five steps which we will take you through step by step so you can start making the changes you need to secure your future today. A common misconception is that you have left it too late or you are too old but whatever your current financial situation, how you arrived at it and whatever stage you're at in your life there is always the opportunity to evaluate your reality, make adjustments to the underlying factors and, much like a physician would do with a patient, come up with a treatment plan.

Rodney describes step one of the plan as 'History Taking' which he elaborates on by saying, "Dis-ease is the most powerful driver for a brighter future. The first step, therefore, is to recognise there is a problem and identify the nature of the dissatisfaction. What is it that you want, how far are you falling short and since when has this been an issue?"

Genuine progress in life often starts when you recognise that you are dissatisfied with your current situation. In any walk of life successful people are those that are always striving for more, happy to take themselves out of their comfort zones in an effort to keep improving and moving forward. Life doesn't stand still and neither should you. Just because something has worked and been successful in the past is no guarantee of future success as Rodney powerfully illustrates, "The Apollo space mission was a marvel of its time, then there was the space shuttle and now Space-X, which makes the computing on the Apollo mission look like a child's toy. Unfortunately, after the successful moon landing, there was no ongoing drive, vision, or purpose at government level in the USA for the future of space exploration and therefore advancements in space travel ceased."

So stagnating or standing still will eventually lead not just to a lack of progress but regression. In monetary terms inflation alone will diminish the real value of your income or investments if you choose to accept your current plight without trying to progress. So how do you achieve that progress? First of all you must establish what your goals are as part of your future financial plan. You must evaluate what for you constitutes the lifestyle you desire and the level of financial independence you need to achieve to fund that lifestyle. Success will not just happen by accident which is why you must be clear on your required outcomes, purpose and strategy.



Rodney shared with us a story which is typical of the existence many have where we have income but not the passive income we need to maintain our lifestyles. "When speaking at a recent business conference in Orlando, I was exploring with the audience their concerns about financial security. One answer, in particular, summed it up for many of those present. A lawyer stated he felt "like a hamster on a wheel". He reflected he was doing very well financially provided he kept going, but if he were to retire, or even slow down, he would not be able to maintain his lifestyle."

It's a situation many of us find ourselves in as Rodney goes on to explain, "I have found that many people, particularly professionals, would have great difficulty in maintaining their present lifestyle – especially if inflation is added to the equation. I am not a financial adviser. What I am is someone with more than 30 years' experience, not just as a medical professional, but as an entrepreneur, investor and business owner, who has learned from personal experience. I have also had the opportunity to study and discuss wealth strategies with experts from around

Summing up the first step Rodney says, "To achieve success in anything, including financial independence, you must be on purpose. Your "why" allows you to focus on what is most important, as goals must be compelling and inspiring, much more than a desire but a need. It is therefore essential to determine the "why?", the vision and purpose. This requires dedicated time put aside to concentrate on setting goals for the future and getting crystal clear on the reasons why those goals are important. Next, plot all the goal categories 20 years into the future and clarify your personal definition of success in each. Commit, in writing, why these goals are vital for you, so they become not just a vision but a purpose."

The next step on the plan is 'Investigation'. This requires an honest assessment of where you're currently at. You have already established what your financial goals are and why they are important. What's needed next is a thorough financial health check where you evaluate your finances, separating essential expenses like mortgages, utilities and insurance from expenses that could be considered a luxury such as eating out, the latest phone or a holiday. You need to calculate your current income streams from your salary, pension and your passive income from investments such as property or shares. Take the time to work out the difference between your current situation and the income needed to achieve your financial goals.

Bridging that gap requires a degree of pain. It comes down to linking the pain of your current predicament to pleasure in the future if you take action now to transform your circumstances. Rodney explains the emotions involved saying, "One of the strongest drivers is the avoidance of pain so consider what would happen if nothing were to change over the next six months, one year, five years. We tend to work hard to move away from pain, like moving away from a fire, but only until the situation becomes comfortable although, initially, this may be necessary to kick start the process."

It could be that your overall goal seems distant in which case it makes sense to break it down into smaller individual targets which are easier to achieve and stop you from being discouraged by a lack of progress. Therefore, at this stage, it is vital to be clear about the present financial reality and the gap between this and

future ambitions.

The next stage of the process is 'Assessment and Diagnosis'. Try and think of the reasons for your underachievement or not being where you want to be. For Rodney this is a key stage in the process, "We need to reflect on what happened in the past and why we have not achieved the level of success to which we aspire. We must get clear on what has prevented us from moving forward. Is it within ourselves – is it procrastination, mindset issues, feelings of being unworthy or that we are unable, is it because of age or education, to drive forward? Or do we blame the outside environment, the government, the company or someone else? At the end of the day, the root cause for our current circumstances usually comes down to mindset. If we change how we think, it influences our actions and hence our results."

It's important to forget about apportioning blame too and take back control of your circumstances. There are things in life that we have no control or influence over and if we put our emotions aside it can often be easier to see a way forward. It's far better to expend our energy on the things that we can control.

The next phase in the process is the 'Treatment'. This is where Rodney's background as a trauma surgeon comes to the fore as he explains, "As with any physical health challenge, once the diagnosis is clear, everyone must participate in their own recovery. The treatment plan has to be agreed and then followed. Just as negotiating geography requires a map, negotiating financial geography requires a different form of MAP – a Massive Action Plan. You must focus on the objective, remembering that focus stands for "Focus on Course Until Successful", and take action. This is the time to have a good mentor, someone who has been there before and can act as a beacon to guide you on your path. It is said that a wise man learns from his own mistakes, but a genius learns from the mistakes of others. It is always best to follow a path previously trod as success leaves clues and this is the quickest way to

formulate a workable plan to achieve the goal."

A tried and tested method for virtually anything in life is to study other people who've already achieved what you're aspiring to and to try and replicate some of the methods that they've used. Understanding how others did it and then integrating what you've learned from them into your own lifestyle is an effective method of getting closer to where you want to be. Put into practical terms Rodney says, "Think how you can increase your income, decrease your expenses and use any additional savings wisely to fund passive income streams. The secret is to save money and put it to work as efficiently and effectively as possible. This requires a combination of strong mindset, planning and determination to follow through. Remember, even the best financial plan means nothing unless you take action."

The final part of the process is the 'Follow Up'. Adopting medical terms again, as with any form of clinical treatment the impact needs to be evaluated over time in collaboration with a physician or in financial terms with your mentor. Feedback from your mentor and reflection are an essential part of ensuring you are hitting each goal or if you are not trying to evaluate the reasons why not. Regularly evaluating your progress and making adjustments where necessary to keep on course is important as Rodney emphasises with a great example, "A plane flying from London to New York is off course at least 90% of the time due to traffic lanes and the winds aloft. It, therefore, has to make course corrections frequently so that at the end of the journey it lands in the right direction, on the correct runway."

Achieving your long term financial objectives is not always going to be plain sailing and you will always experience difficulties along the way. You cannot be discouraged by minor setbacks and must stick to the plan whilst making adjustments where necessary. Concluding his advice on the final phase of his five step system Rodney concludes, "Results need to be measured regularly and the overall financial position rigorously evaluated at least annually to close the audit loop. Growth in financial aptitude along with changes in mindset as you move forward is just as important as the end goal. Success is not what you achieve, it's who you become in the process. This is why as you get closer to a goal being achieved, you need to set a new one to sustain the momentum."

Securing your long term financial future is something that is in your own hands. It will not just happen by accident and by following the process you too could take your first steps towards the financial freedom you dream of. You need to change your thinking and your mindset. Educate yourself and develop your financial intelligence. Identify role models or mentors who can help you on your journey by holding you accountable and of course offering support when you need it. It won't happen overnight but trust the process, don't be discouraged by short term setbacks which are inevitable and you can achieve those multiple streams of passive income that will give you the lifestyle you and your loved ones deserve.

For more information visit www.rpeyton.com



DALESBRED

SHEEP BREEDERS ASSOCIATION

CONTACT US

Call: 01423 565812

Email: info@dalesbredsheep.co.uk

Dalesbred sheep are indigenous to the upper reaches of the Dales which comprise the central area of the Pennine Hills on the borders of the North and West Ridings of Yorkshire, North Lancashire and Cumbria. Here the Dalesbred sheep are well suited to both hill and lowland farms, able to cope with harsh environments and good pasture grazing capable of producing a quality carcass pure or crossbred lamb from any area suitable for today's market requirements.

About Dales Cross Breeds

- Crossing Potential

The Dalesbred can produce a valuable crossed lamb as well as providing reliable pure bred replacements. Crosses such as that of the Dalesmule, Masham and continentals can play a key part in the breeding sheep up and down the UK, as well as providing a quality carcass lamb, also profitable when sold.

- Longevity

Dalesbred sheep are long lived, capable of rearing strong lambs for many years even in harsh fell environments, due to being a reliable strong hardy sheep.

- Conformation

The Dalesbred provides an excellent carcass suitable for breeding commercial ewes while still maintaining a valuable whether lamb carcass which is suitable for today's market. With her excellent conformation comes weight too.

- Maternal

The Dalesbred is prolific and is an excellent mother. She is milky and will rear twins with little problems. Her lambs are vigorous and strong, and little lambing assistance required.

- Hardy

The Dalesbred is designed for hill farming and therefore can cope with harsh environments and weather conditions.

- Conservation schemes

Dalesbred sheep are a native breed and therefore qualify for certain conservation schemes. They are a hill breed so are suitable for the areas of harsh roughage often found in the scheme environments.

- Quality Rams

All registered rams are inspected thoroughly by society markers. These are then crowned and tagged with an association tag to allow them fit for purpose and sale.

- Wool

Dalesbred wool is dense often weighing 1.5 to 3 kg. The wool is used mainly in the carpet making industry with a small amount going to the Tweed makers.



The home of registered Original Population Hereford



The Traditional Hereford Breeders Club was established in 1996 by Hereford cattle breeders within the UK. The breeders desired to maintain the native or Original Population of Herefords, which were bred from the original cattle that were born and reared in Great Britain and Ireland, whose ancestry is traceable to the 1878 Herd Book.

"Original Population Herefords are directly descended from the Hereford cattle originating in England during the 18th and 19th centuries and have not been altered by the cross breeding with any other cattle breeds." David Fenton.



Through the breeder's initiative to maintain and document

Original Hereford Population, The Hereford Herd Book International Ltd (HHBI) was created to provide an international register to deliver an efficient means of identifying the Original Population Herefords cattle.

"The Council of the Hereford Cattle Society, the official registration Society, refused to provide an up to date means of identifying Original Population Herefords as against all other types of Hereford cattle, now mostly imported from North America." David expanded, "This led to the necessity of providing a company with the official status to carry out this function."

In terms of the difference and benefits of Original Population Hereford, Original Population Hereford breeders pride themselves on producing a high-yielding, compact beef animal with natural thickness and an unmatched ability to convert grass to high-quality meat. This high grass conversion rate is attributed to the skilled breeding of these cattle, passed down through generations dating back to the 17th century.

"It is clear how increasingly important Native Cattle are and will be with the changes in farming practices and greater use of meat produced from cattle feeding entirely on grass and forage." David continued, "The likelihood is that Original Population Herefords and other native cattle breeds contain a unique and valuable reservoir of genetic material likely to prove to be a great asset in the future, as the climate and farming practices change."



The main service which the company provides is a DNA analysis service to enable Hereford cattle breeders to obtain a clearer understanding of the genetic make-up of their Hereford cattle. The analysis is carried out by IBERS at Aberystwyth University and DNA extraction by Neogen Ltd. The company also provides an accessible International register of those cattle which have been DNA tested and have satisfied the requirements of the test.

Through this service, the company confidently provides assurance to breeders that the Hereford cattle they breed, buy and sell are definitively, Original Population Hereford.

<https://www.traditionalherefords.org/>



Automate your Chicken Coop Door
to gain more freedom, time
and flexibility...

GREAT VALUE FROM ONLY

£67.99
+P&P

WATERPROOF BOX, EASY INSTALL,
NO COMPLEX PROGRAMMING OR
WIRING, NO CONTACTS OR
SWITCHES TO CORRODE

SPECIAL OFFER!

Get your Complete Kit (opener,
door and drinker) UK postage
FREE until 30th November 2020*
Use this coupon code:

UKPOSTFREECOMPKITFA11/20

*Terms Apply

All major credit cards accepted

Full details on
our website

www.dawntillduskdoors.com
or call +44(0)77 3651 0000



STOCKPEN
UK LIMITED

Deliveries £100 Nationwide

MOBILE SHEEP HANDLING SYSTEM

Our Price: £1,995 + VAT

- Holds and average of 150 sheep
- 16ft sheeted race
- Guillotine
- Sheep Shedder
- 10 x 10ft panels
- 8 barred & double strapped



MOBILE CATTLE SYSTEM

Our Price: £1,595 + VAT

- 60ft holding pen
- 20ft race - with cattle sliding gate
- Safety holds 45 fully grown cattle
- Cattle sliding gate optional extra
- Crush gate optional extra

Nationwide Delivery on all offers over £1,500 + VAT

Call us on: ☎ 01757 668 517 / 📠 07810 516 499

📧 @EdwardFinney



HEREFORD

ORIGINAL POPULATION



THE ONLY HEREFORDS WHICH CAN TRACE THEIR ANCESTRY OF BOTH SIRE & DAM BACK TO THE 1886 OR EARLIER HERD BOOKS.....

And fulfil the mandatory "OBJECT" of breed purity prescribed by the Memorandum & Articles of the Hereford Cattle Society a Charity & the CLOSED Herd Book of 1886, which the Hereford Cattle Society has a DUTY to uphold

THEY ARE THE ONLY HEREFORDS WHICH RETAIN ALL THE VIRTUES THAT MADE THE BREED GREAT

Renowned natural grazing ability - Thrive on even poor forage - Fatten off grass without grain or concentrates and give high quality well marbled meat - Undemanding & resilient in all seasons & conditions - Superior fertility & longevity of dams & sires - Easy calvers and good mothers - Superior temperament for easy handling - Low daily maintenance costs - Low incidence of disease, low veterinary costs - only one genetic fault. (non lethal)

Stop Press The HTOPP[®] test is here.

- Developed in conjunction with Aberystwyth University (IBERS) and Neogen
- Test your herd for real Hereford genetics & confirm parentage+hypotrichosis. Test for all other genetic diseases (not necessary for Herefords(OP))
- Know the DNA Profiles of your Herd - **YOUR cattle are YOUR Property and the DNA IS YOURS!**
 - Trade Internationally with confidence
 - ✦ USE the scientifically developed DNA Marker analysis (HTOPP test)
 - ✦ DO NOT RELY on the outdated & restricting "No imported bloodlines" definition of The HCS.
 - **Test Now Available to ALL Hereford breeders -**



Hereford (OP) a bull & heifer CALF in Australia



Hereford (OP) Bull at Three



Hereford (OP) COWS with CALVES in Scotland



Hereford (OP) Cows with Calves Winter Conservation grazing

MID SIZED BREED; COWS 550 to 750kgs. BULLS 850 to 1000kgs
Buy Quality BULLS, COWS, HEIFERS & SEMEN WITH CONFIDENCE.
All Livestock sold fully tested and certified with HTOPP[®] test.
interested: Then contact: hhbi@honournaturalfoods.co.uk or tel: 01580 762395



Boett Blanket & Hood

The original Sweet-Itch rug, favoured worldwide as it really does work.

Also used as an **effective fly rug** by many owners. Recommended by Vets.

Price from £165.50 inc. VAT

Bio-Plus Equine Capsules

SPECIALLY FORMULATED FOR OPTIMUM IMMUNE SUPPORT.

Trailed for 8 years, non steroidal, fully patented and proven to be safe, with 90% of horses showing an improvement.

Feed one a week throughout the year 3, 6 and 12 month packs from £75.00

ITCHY CAT OR DOG?

Capsules now available with great results.

From £30 for 3 months

The National Sweet Itch Centre

www.itchyhorse.co.uk

Sweet-Itch Advice

01352 840 333

01352 771718

Email: info@itchyhorse.co.uk



explore Rajasthan embrace Tradition experience Marwari

ride rural Rajasthan with

horse india

"The trip was a dream - so much more than we could have imagined" "wonderful horses and such attention to detail"

PALACE TO PALACE - You may have heard of the 'Golden Triangle', well with Horse India you ride the bit in the middle! Travelling by Marwari horse your senses are awash with the colours, sights and sounds of India. Join us to stay in old country palaces, dining on the roof by candle light and under the stars.

DESERT DUNES - Chat around the campfire with shepherds and camel herders, ride over the dunes, see chinkara gazelle and watch 50,000 Demoiselle Cranes come in to feed - a truly awesome sight! Ride with us to canter along sandy camel tracks, canals, sand dunes and lakes - your Marwari horses await!

WHAT TO EXPECT - A riding holiday with Horse India will find you staying in old Palaces, bespoke haveli Hotels or by camping in their Maharajah 'shikar' tents - complete with decorated bedrooms, en-suite bathrooms and real beds, all erected and dismantled for you every day in stunning locations!

THE HORSES - Marwari horses have curly 'jye' shaped ears that rotate 180 degrees and touch at the tip! They are desert horses, 'slight' in build and stand 15hh - 16hh spirited but safe but more importantly you cannot ride this breed outside of India.

FAIRS & FESTIVALS - Experience the famous horse and camel fairs of Pushkar, Balotra and Nagaur, take the toy train through the unspoilt Aravalli hills. We have a fabulous range of holidays to suit all budgets.

some are date specific but others can be taken at any time. Book now for a holiday of a lifetime!

LEOPARDS & LAKES - Ride from the magnificent Kumbhalgarh Fort through the shady Chanerao forest of the Aravalli hills to Jawai reservoir in search of wild and free roaming Leopards! Horse India offers and informative riding holiday experience, combining history, tradition and culture through our knowledge of the landscape, it's people and of course, it's unique indigenous Marwari horses.

WHO: Solo travellers, couples, friends, families clubs, groups, charity fundraisers - age no barrier!

WHAT: Some rides are date specific, we ride on average 25-30km/day or 4-6 hours riding/day.

WHERE: Equidistant between the blue city of Jodhpur, the lake city of Udaipur, and within easy reach of the pink city of Jaipur, Rajasthan, India.

WHEN: The best climate is September to April.

CONTACT US:
E: info@horseindia.com
T: UK 07726 930231

Horse India
www.horseindia.com

THE BEST YOUR PET CAN GET... **naturally!**

- *High-Quality, well-priced food supplies for Raw and Barf diet.
- *Support & Help in changing animals over to a natural, raw diet.
- *A High-Quality range of natural supplements, health aids, and remedies.
- *Natural, Healthy Treats which enhance your pet's diet.

We aim to have the best quality products we can find, from companies we know and trust and use ourselves, making it easier for pet owners to be able to get holistic and natural products they need, which are often difficult to find otherwise.

We are all about empowering, and enabling as many pet owners as possible, to give their pets a natural diet, and natural/holistic healthcare, for them to live as long, healthy and happy a life as possible. We care first and foremost about the pets. We care as much about your animals as we do about our own, and, quite simply, 'It's all about the dogs/cats etc.'

For more information please contact us on:
☎ 01763 247929
✉ info@naturalhealthypets.co.uk

www.naturalhealthypets.co.uk

NATURALLY Healthy PET

RAW4PETS

Raw4pets.uk

Purveyors of Quality Raw Pet Food from a variety of known raw pet food suppliers, including treats and bones etc.

We are based in Bracknell and deliver to surrounding areas, including Marlow, Bourne End, Reading and Wokingham.

Please contact us via
☎ 01344 208 343
✉ Raw4pets.uk@gmail.com
www.Raw4pets.uk



Chilton Park

A new residential Park Home development in the West Country for the semi - retired and retired.



An Ideal Location for Fishing, Golf, Walking and countless Leisure Activities.

Only a short journey to Bridgewater Splendid High Street Shopping Facilities.

Chilton Park is situated in a secure and convenient location that is never more than a short distance away from the diverse pleasures of the west country and surrounding country's abundant riches of leisure and social pursuits.

Chilton Park, Chilton Trinity, Bridgewater Somerset, TA6 3JW

Tel: 01278 426005 | Mobile: 07858 404593

Email: sales@chiltonpark.co.uk | Web: www.chiltonpark.co.uk

Keep your cool with Sail Shades Direct



Situated in its location in Cornwall, just over the border from Plymouth, Sail Shades Direct was first Established in 2014 to provide a wide range of shading solutions for domestic and commercial projects.

"We provide a range of bespoke and modular shading and pergola solutions." Jamie Watts.

Offering a full solution from initial concept to design and installation; Sail Shades Direct is well equipped and able to create the perfect shading solution to meet each customer's requirements.

"We are able to carry out all the work in-house from initial design to final installation." Jamie stated.

Not only does the company

provide a whole host of solutions within its range of products, Sail Shades Direct specialises in the design and implementation of bespoke systems, tailored to the specifications of a customer. Providing a range of bespoke systems from a simple sail to a complete outdoor pergola, Sail Shades Direct provide a complete solution for shading and assists clients with every engineering aspect from planning to installation.

Furthermore, Sail Shades Direct maintains a wide fabric range through its fabric design department and can advise on the right fabric for your needs, ensuring structural flexibility, detailing and energy conservation are incorporated within the design.

Using one of its basic ready-made shades, the company can provide a fully engineered structure for both domestic and commercial applications. Notably, the company also boasts a large portfolio of other works including stair infill, balcony surround,

window shop displays and wedding tents.

In terms of the company's recent developments, Jamie told us that, "We can now offer electric furling sail shades and we maintain a range of aluminium pergolas."

Sail Shades Direct's range of aluminium pergolas provide a contemporary open shade solution and Sail Shades Direct now provides 100% Italian-made, manual retractable systems and full range of accessories.



For any further information, please see the details below.

www.sailshadesdirect.co.uk



SailShadesDirect

WE DO SAIL SHADES FOR ALL TASTES, STYLES AND REQUIREMENTS

With the stresses and strains of life making the most of your outside space can provide a much needed reprieve. We produce a range of bespoke systems from a simple sail to the complete outdoor pergola.

We can do it all - We start with our basic ready-made shades but we can also offer fully engineered structures for domestic and commercial applications. With a huge fabric ranges tell us your requirements and we will pick the best fabric for the application.

Can't see what you are looking for - why not give us a call; our dedicated and expert team will be able to help you; it's not just sail shades we do. Our large portfolio of work includes; stair infill, balcony surrounds, shop window displays, wedding tents.

CONTACT US TODAY TO DISCUSS ALL YOUR SAIL SHADE REQUIREMENTS

Sail Shades Direct, The Sail Loft, Ferry Street, Torpoint, PL11 2AX

☎ 01752 816125

✉ jamie@sailshadesdirect.co.uk

www.sailshadesdirect.co.uk



Solware: Run by Shooters for Shooters



Solware Ltd is a leading UK Gun Shop that sells all types of Air Weapons, Shotguns and Firearms from almost every supplier available nationwide. The registered firearm dealers supply all kinds of mechanisms from Air Rifle Pellet Guns, Air Pistols, Shot Guns, Cartridges, Air Gun Tuning, BB Guns, BB Gun Air Pistols, Gun Dog Training, 22 rimfire, Centrefire, 17 hmr Bullet Guns and more. Not only that, but they can also supply shooting accessories, catapults and other related items.

Now in their 20th year of trading, Solware

Ltd is licenced for the sale of Air Weapons, Shotguns and Firearms. In addition to its online arm (www.solware.co.uk), the business also trades from a specialised store at the Tame Valley Business Centre in Tamworth, which provides a very friendly and professional service. Solware are also the only gun shop in the country that offers all types of guns from nearly all of the Manufactures available in the UK.

In order to guarantee customers nothing but satisfaction, the team at Solware Ltd work closely with all clients in order to supply them with the specific appliances to meet their needs. As a result of their excellent customer service and extensive collection of devices, Solware Ltd has been nominated as finalists for the last five years for the Gun Shop of The Year Award, and has gathered several five star ratings from customers on TrustPilot.com. With their wide array of guns, friendly service, high



quality products, fantastic deals and speedy delivery services, Solware Ltd are renowned for nothing less than excellent customer service.

If you would like to find out more then don't hesitate to contact the team today, as they will be more than happy to help you with any queries you many have:

T 01827 215222
www.solware.co.uk



RIFLES



AIR RIFLES & PISTOLS

53

**BRANDS OF AIRGUNS WITH
FULL RANGE OF ACCESSORIES**

Trading
since
1999

NEW WEBSITE NOW ONLINE



Finance Available
Through **DEKO**









ALSO STOCKING:





SALES HOTLINE: 01827 215222
Mon-Fri. 9.00am - 5.30pm - Sat. 9.00am - 3.30pm
Email: sales@solware.co.uk www.solware.co.uk
Unit 1, Tame Valley Business Centre, Tamworth B77 5BY



SOLWARE
Feel free to visit our shop



• Resin • Tarmac • Driveway Cleaning

Marshall's
& SON LTD

Proud members of

Checkatrade.com
Where reputation matters

☎ 07787 632 402

☎ 01228 812 622



marshallsandsonltd@gmail.com

🏠 Marshall's & Son Ltd
Office Address
Bourne house, Milbourn,
Street Carlisle, Cumbria,
CA25XF

We are landscape and driveway specialists in the Cumbria area with over 20 years' experience in all aspects of our work.

Our staff are highly trained in all aspects of our work from Resin bond, Tarmac and block paving driveways to artificial grass and landscaping. Our services include;

Driveways

Whilst the practicalities of a driveway are important, they shouldn't be at the expense of appearance and design. The driveway is the first thing people notice as they arrive, so it's important to get it right.

Our driven team have years of expertise at laying all kinds of driveways - covering everything from Tarmac driveways to Block Paving, Resin Bond and Imprinted Concrete.

Landscaping

To create the perfect garden requires skill, patience and imagination, and having a trusted, professional hand can make a world of difference to help you achieve stunning results.

We offer a complete package when it comes to your landscape, offering landscaping services which include turfing, patios, fencing and all of the latest in landscaping trends

www.marshallsandsonltd.co.uk**Designer Blinds**Vertical, Roller, Venetian,
Wooden, PleatedUP TO
50% OFFAll blinds made to measure
Call for a **FREE** quotation

02392 660644
07905 000259
rayharley@btinternet.com

Free Fitting


SailShadesDirect

WE DO SAIL SHADES FOR ALL TASTES, STYLES AND REQUIREMENTS

With the stresses and strains of life making the most of your outside space can provide a much needed reprieve. We produce a range of bespoke systems from a simple sail to the complete outdoor pergola.

We can do it all - We start with our basic ready-made shades but we can also offer fully engineered structures for domestic and commercial applications. With a huge fabric ranges tell us your requirements and we will pick the best fabric for the application.

Can't see what you are looking for - why not give us a call; our dedicated and expert team will be able to help you; it's not just sail shades we do. Our large portfolio of work includes; stair infill, balcony surrounds, shop window displays, wedding tents.

CONTACT US TODAY TO DISCUSS ALL YOUR SAIL SHADE REQUIREMENTS

Sail Shades Direct, The Sail Loft, Ferry Street, Torpoint, PL11 2AX

☎ 01752 816125

✉ jamie@sailshadesdirect.co.ukwww.sailshadesdirect.co.uk

Crafting a community

Situated in Faversham on Court Road, sits a hub of fabric, patterns, colours and accessories. All Stitched Up Faversham is a fab-ric-lous shop, adorned with a variety of fabrics and products for stitch/needle crafting, the shop is Faversham's home for fabric, haberdashery, yarn and so much more.

"We have a bit of everything; we mainly provide fabric, polycotton, yarn and haberdashery. We also provide accessories such as knitting needles, crocheting and cross stitch kits, sewing patterns and much more." Sarah Horne, Owner.

One of the most notable things about All Stitched Up Faversham's services is its family-run feel and friendly hands-on participation of its team. "We run workshops." Sarah shared, "Traditionally, knitting and crocheting were skills taught and passed down from family members such as grandmothers. We like to provide this service for people that maybe didn't have that and keep that family-run feel. We host workshops for both crochet and sewing and at Christmas, we also provide Christmas wreath making workshops."

An inclusive feel is quite prominent at All Stitched Up Faversham, welcoming new hobby enthusiasts alongside well-established professional crafters; the shop provides products and services for all of its community.

"The one thing I pride myself on is providing really good customer service and feedback. They are our main priority so I will always try to stock things if they request it and all of the team will always try their hardest to help them." Sarah continued, "We are lucky to have a loyal local band of customers who constantly support us, this was evident during the lockdown when I moved our services online and our customers continued to use our services other than others. I think this shows what they think about us, as they chose us first and supported their local business."

Knitting itself into the fabric of its community, All Stitched Up Faversham is supported and beloved by its customers and the company's drive for

customer satisfaction is most evident within one of its most recent and notable customers. "Recently we have been visited by the costume designer for the Ant and Dec show." Sarah continued, "Unable to source her materials from her regular supplier, she chose us and we supplied her with all her requirements. As the show uses specific costumes in colours of red and blue, we helped her and sourced an array of materials including feathers to create the distinctive costume."

This ethos of going the extra mile for its customers is an area that the shop excels in and with this in mind, All Stitched Up Faversham is looking forward to reopening and has big plans for its future, including expanding upon its services for its customers.

"We will be starting our subscription boxes for customers. Inside will be all the materials they need to make a certain item for example a handbag and all the handles, fabric, zip, instructions and patterns will be inside. This will be an on-going monthly subscription." Sarah continued, "I am also looking at creating my own sewing patterns. This is aimed at curve sizes from 16 plus where there is a gap in the market for fashionable plus-size clothing patterns."

Indeed, there is much to look forward to for All Stitched Up Faversham, for any more information about the company, please see the details featured below.

T 01795 538952
www.asufaversham.co.uk

A hub for everything antiques in Cornwall

Discover Cornwall's first ever comprehensive antiques guide, offered in an easy-to-read A5 booklet and extensive website.

Antiques Guide Cornwall is a hub for everything antiques within Cornwall, including lists of all antique related businesses, specialist buyers and sellers, and events happening all across the region. This is a must-have resource for any antiques lover during a visit to Cornwall, helping them to discover endless amounts of attractions to make their trip worthwhile.

The first edition was released in June 2020 with a minimum of 10,000 copies printed and distributed throughout the region. The guide will be printed annually, and they are now looking for businesses and enthusiasts to feature in the 2021 issue.

If you would like to feature in the guide, you can appear for free on the website if you book a section within the booklet. For website only, it is half price and includes a direct link to your website, your business location on the website and map, and links to your social media accounts.



The guide can be collected for free from various antique related sites and tourist places in the south west, as well as Wadebridge



Antique Centre, which is opening again after the lockdown on Wednesday 2nd December. Then, it is open seven days a week from 10am – 5pm, including bank holidays – the centre is only closed on Christmas Day, Boxing Day, and New Year's Day. The guide can be posted for a £3 admin charge, and can also be downloaded for free at www.antiquesguidecornwall.co.uk.

If you would like to find out more information and feature in next year's issue, head to the website and fill out the contact form or get in touch with Alex Robins using the details below.

T 01208 368182
M 07887 753956
alex@antiquesguidecornwall.co.uk
www.antiquesguidecornwall.co.uk

We're a Family run shop offering workshops in the three major crafts of:

- knitting
- sewing
- crochet

But also many special & unusual craft subjects. We provide other services including machine servicing, bespoke sewing & knitting, alterations and repairs.

LOCKDOWN RESTRICTIONS

Unfortunately we are closed on Monday 2nd November. However, we are open for business as usual on Tuesday 3rd & Wednesday 4th November. 10 am til 4pm.

WE WILL BE CLOSED FROM THURSDAY 5th NOVEMBER BUT WE WILL REMAIN OPEN ONLINE WITH FREE LOCAL DELIVERY AND A VERY RELIABLE NATIONAL DELIVERY OPTION

© asufaversham

T 01795 538952

allstitchedupcraftingltd@outlook.com

www.allstitchedupfaversham.co.uk

Wadebridge Showground
Cornwall PL27 7JE 2021

All dates are subject to Covid 19 regulations updates on our website

Antiques, Salvage & Decorative Fair
May B. Hol. Saturday 29th & Sunday 30th
August B. Hol. Saturday 28th & Sunday 29th

100s Stands In 2 Halls + Outside Stalls
Plus Vintage & Classic Vehicle Rally

1st day 9 - 5 £5 early 7 - 9 £10
2nd day 9 - 4.30 £5
Adm includes free parking
As Seen on TV

antiquefairscornwall.co.uk / 01208 368182 / 07887 753956



The Lady Teviot & Census Searches Ltd

My company is Census Searches Ltd, a professional genealogical research company which undertakes research into family history, probate and media research and featured in the very successful second and third series of Heir Hunters on BBC1 television (click to watch an exert from the programme).

I have undertaken lecture tours in Canada and Australia and have also toured South Africa, USA and New Zealand and am accredited speaker for the Surrey and West Sussex W.I's. On frequent visits to Australia I have also spoken to the Australian Monarchists' League.

I was the President of the Federation of Family History Societies from 2001 to 2011 and am now a lifetime Vice-President. I was Chairman of the Friends of The Keep Archive from 2009 to 2019 and currently a Member of the Council of the British Records Association.

ONLINE GATHERINGS WITH ZOOM: With regard to Talks, meetings and conferences, these can still go ahead on Zoom, please get in touch to discuss.

In or out of lockdown ... 'we're good to go!'

Despite the present Covid-19 difficult circumstances genealogy is still flourishing.

Now is perhaps a good time when we are temporarily restricted in our social activities to review family trees and approach old problems with a fresh pair of eyes.

Do please get in touch if I can help you.

Tel: (01444) 242605

Email: lady.teviot@census-searches.co.uk

www.ladyteviot.co.uk



Professional Family History Research

Census Searches Ltd is a company that provides professional genealogical research for family history, probate and media research.

The company was set up by Lady Teviot, an internationally renowned expert on family history.

"I provide family history, media and probate research and have provided book research for Ben Macintyre; a well-established British Author. I have been conducting family history research over many years and through my research, I have learned and continue to learn new things in genealogy, as no one case is ever the same." Lady Teviot.

Recognised by many for her regular appearances on the popular TV show 'Heir Hunters' on BBC1, Lady Teviot has been involved in family history research for over 35 years. With a plethora of experience, Lady Teviot is highly skilled in family history research and has lectured and participated in media engagements world-wide including in Australia, New Zealand, Canada, USA and South Africa.

From 2001 to 2011, Lady Teviot was President of the Federation of Family History Societies and is now a lifetime Vice-President. Notably, she is the former Chairman of the Friends of The Keep Archives, a Member of the Council of the British Records Association and an accredited speaker for the Surrey and East Sussex W.I's.

"I started researching family history through my own intense curiosity into my family history and both my husband and I, have been involved in it ever since." Lady Teviot continued, "The

research can be exciting and can make you feel like a dog with a wagging tail going down a rabbit hole. It can be challenging but it is always thoroughly interesting."

Through the rise of the internet, many people have started undertaking research into their own family history. Accredited to the vast index of information that is now accessible via the internet, for many people this has seemed like the easiest way to obtain their family history research. However, without access to archives or legal documents, the research can come to a standstill. This is where Lady Teviot skillset makes Census Searches Ltd the perfect tool for fine-tuning this research and obtaining reliable information, certificates and documents.

"The benefit of my services is my years of experience." Lady Teviot expanded, "We are fortunate that the coming of the internet records has provided a basis for people to look into their family history online, however without the expertise of skilled researchers, they may find that the information is not accurate. It is important to obtain legal documentation such as birth, marriage and death certificates, as this is vital for validation and I can help them achieve this."

For any further information on Lady Teviot services, please see the details below.

T 01444 242605
www.ladyteviot.co.uk

Wyre Forest Press

Recreating the past in books about Scotland, Cumbria and the Isle of Man



The Carrick Smugglers
Frances Wilkins



Annandale's Smuggling Story
Frances Wilkins



Alexander Oliphant & Co.
Smugglers, Entrepreneurs & Wine Merchants
Frances Wilkins

For further information about these and other titles please contact us on;

01335 345239 | 07771 667097

books@franscript.co.uk

Or visit

www.franscript.co.uk

Wyre Forest Press' publishing journey

Wyre Forest Press was established in 1992 to publish social history titles written by Frances Wilkins. Since then, Frances has published over 40 books and booklets about the 18th century, including series about south-west Scotland, the Isle of Man and Cumbria.

"I never intended to publish books, but I wanted to copyright a course about the Isle of Man's smuggling history. A few publishing houses were interested but the book would not appear in print for another year – too late to copyright my material. At the time I used to go and work at a picnic table in the Wyre Forest and got chatting to the man who ran the tea bar, who suggested I publish the book myself. I agreed on the condition that he helped me, and then Wyre Forest Press was formed, on the back of a napkin!

"Printing has changed a lot over the last 30 years. When I first started everything was camera-ready copy, meaning you had to print the text and then spend hours producing the best possible photocopy of illustrations to stick in the book. This involved a lot of Tippex and playing around – doing the illustrations took longer than writing the book!

"Then, when digitisation came along, I was initially worried about doing things this way but once I got used to it, it's brilliant! The difference is enormous,

you can just put the illustration straight in and don't have to photocopy anything. Then, the cost of printing rocketed about 10 years ago, and I started doing desktop publishing. I've done this with several titles now and it works.

"Now, the price of printing is much

cheaper, so I've gone back to using printers on short runs. There's been enormous change since the early days, and during lockdown I've had so many orders for books that some of the ones from the 90s have gone out of print. They were camera ready copies, so I'm working on digitalising them so they can be reprinted. "I've come so far since that first book in 1992, I never dreamt it would grow this much!"

Recently, Frances released five new books which were completed thanks to an intriguing new source of information. "Most of the books on smuggling I'd written before had been more official versions of events, using court cases to inform my writing. I discovered some letters from the smugglers to their lawyer in Edinburgh, which told the truth of what really happened. You get a totally different perspective on it and discover the more personal details of their lives, like falling in love and worries about illnesses. The letters put extra flesh on the bones of the smugglers, and all five of the books I released in 2020 ended up using information from this new source."

Looking forward, Frances has some more books planned, with the mission to publish a round total of 50 books by the time she finishes her writing and publishing career. If you would like to find out more information and purchase one of Frances' fascinating social history titles, head to the website below or get in touch.

T 01335 345239
books@franscript.co.uk
www.franscript.co.uk



Hope Cottages

Old Bolingbroke Holiday Homes

07833 462 774

hopecottages@opwall.com

Enjoy well-appointed retreats in undiscovered country

Escape the hustle and bustle of everyday life with a holiday in beautiful Lincolnshire.

Relax in our 4-star graded self-catering cottages and enjoy the hospitality that earned us numerous local awards & a booking.com award for our high ratings.

Explore the countryside, visit local markets or just wander our private orchard and gardens – this is the place for a break that's all about you.

Covid - 19 Guidelines

We will continue to honour our bookings and accept new ones at this moment in time. We are in a beautiful and remote part of Lincolnshire. We are lucky to be located in an area of outstanding beauty and can continue to enjoy under the advice of the government.

Should the situation develop into one where we are all advised to stay home again then should you wish to cancel we will happily either move your booking to a date of your choosing, should the required dates be available of course (please check our availability by clicking on 'Book' in the top right corner) or if a date can not be found for this year please contact me directly to discuss further options.

Here at Hope Cottages we very much pride ourselves on the cleanliness of the cottages, continually receiving 10/10 on booking.com from our guests. We will continue to update this page as and when we have new information.

National Trust gardens remain open, free of charge, please come and stay with us to visit some of the gems of Lincolnshire.



www.hopecottages.co.uk

Bring Your Adventure To Life With Paddle Cornwall River Encounters

WHY NOT JOIN THE TEAM AT PADDLE CORNWALL RIVER ENCOUNTERS FOR EITHER A STAND UP PADDLE BOARDING LESSON OR ONE OF OUR STUNNING KAYAK RIVER TOURS ?

OR HIRE A KAYAK AND CREATE YOUR OWN ADVENTURE. THEN JOIN US IN THE BOATSHED CAFE FOR SOME WELL EARNED REFRESHMENTS.

STAND. Clothing

HEAD TO OUR PADDLE CORNWALL SUP WEBSITE TO CHECK OUT OUR CLOTHING RANGE, STAND. DESIGNED TO TAKE YOU FROM BOARD TO BEACH TO BAR

#StandUpPeople

THE BOATSHED

CALL OR EMAIL ON 01726 832451/07792062471

PADDLECORNWALL@OUTLOOK.COM OR VISIT OUR WEBSITES AT WWW.PADDLECORNWALLSUP.CO.UK WWW.ENCOUNTERCORNWALL.COM

BARRHILL Holiday Park

FACILITIES

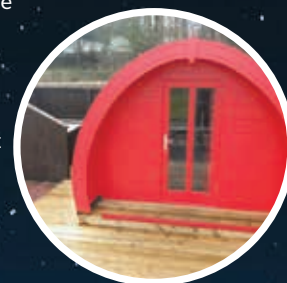
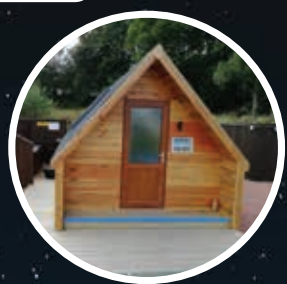
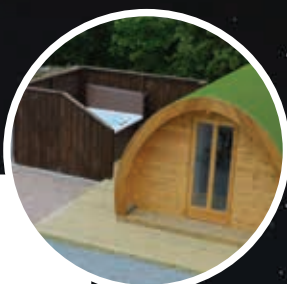
- Toilets
- Showers
- Hair dryers, hand dryers & razor points
- Launderette and ironing facilities
- Dish washing room, Chemical disposal point
- Electric hook up points
- Hard standing pitches
- Seasonal pitches
- Public telephone
- Fire Wood Sales
- Glamping with Hot Tubs
- Family Room/Baby Changing
- Pets welcome (Dogs must be kept on a lead)
- Late arrival hook-up available

Welcome to Barrhill Holiday Park, situated in South Ayrshire near to the border with Dumfries and Galloway.

We are 10 miles from Girvan and 17 miles from Newton Stewart and are an excellent base for exploring both counties and the rest of the South West Scotland.

Our tranquil country park is surrounded by beautiful farmland and woodlands, which makes it a perfect retreat in which to relax and enjoy your holiday. We are only 1 mile from the village of Barrhill, which has a public house and well stocked shop which sells hot food and tea & coffee, and close to Girvan with its superb sandy beaches and the beautiful coastlines which take you all the way into Ayr, where you can visit the beautiful village of Alloway and home of the famous Scottish Poet Robert Burns, or through to Cairnryan and Stranraer where the Ferry Ports can carry you over the water to Ireland.

Barrhill Holiday Park is a family owned business and is well maintained, catering for all, including motorbikes and American RVs. It is open from the 1st of March till the end of January the following year with all amenities open throughout that time.



01465 821355 | 07718 389144
www.barrhillholidaypark.com

An idyllic countryside getaway

Situated in South Ayrshire near to the border with Dumfries and Galloway, Barrhill Holiday Park offers the perfect tranquil retreat you've been looking for.

With international travel virtually out of the question for 2020, a holiday in Scotland's breath-taking countryside could be exactly what you need. The park is surrounded by beautiful farmland and woodlands, creating the perfect environment for a relaxing and enjoyable holiday.

The park features 47 owner occupied static pitches, 23 touring pitches, a centrally heated shower block and 6 Glamping Pods. Each of the Glamping Pods has its own private hot tub, with the Deluxe Pods having extra space and their own shower. Most recently, Barrhill Holiday Park added the Stargazer pod, which has large roof windows perfect for gazing at the night sky. All pods come with a toilet, wash hand basin, small kitchenette, a fire pit and a picnic table.

What's more, being just one mile away from the village of Barrhill, the park is perfectly located for a trip to the local shop to stock up on your daily essentials. Barrhill Holiday Park is also very close to Girvan which boasts fantastic sandy beaches and beautiful coastlines which stretch all the way into Ayr. Here, you can visit the idyllic village of Alloway and, for any literature enthusiasts, the home of the famous Scottish poet Robert Burns. You can also easily access Cairnryan and Stranraer where Ferry Ports can take you to Ireland.

As a family owned business, Barrhill Holiday Park is well maintained and caters for all guests, including motorbikes and American RVs. Open from 1st March until the end of January, Barrhill Holiday Park really is the perfect place to spend



your hard-earned time off.

Want to book? Head to the website or get in touch to find out more.

T 01465 821355
M 07718 389144
relax@barrhillholidaypark.com
www.barrhillholidaypark.com

Glamping in the picturesque Heart of East Devon

Leisure Solutions is proud to showcase Boveys Down Farm; a stunning quiet retreat set amongst the breath-taking East Devon Area of Outstanding Natural Beauty in the Devonian Countryside. The organic working farm, which has been successfully ran by husband and wife Gerald and Pamela Sweetland for over 25 years, is the ideal location for bespoke woodland weddings, scenic glamping and all year round camping, and is the ideal location for visitors to take a peaceful break away from their hectic lives amongst the beautiful views of the Farway Valley.

Boveys Down Farm specialise in crafting some of the most memorable wedding experiences in the UK and they're also able to work that same magic for civil marriages and partnerships. The farm's beautiful woodland pavilion, onsite large function room and professional catering service all come together creating an incredible wedding that can be personalised to the clients wishes ensuring their special day is precisely how they wish it to be and the most memorable day of their lives.

The wooden pavilion is located amongst a small area of woodland, just a quick walk away from an indoor barn and commercial kitchen. From the pavilion, guests can gaze at the superb view of the serene Coly Valley making an ideal backdrop for the most stunning wedding photos. With such a traditional setting, couples can be certain that their big day will be one full of enchantment.

Gerald and Pamela are very serious about making your wedding perfect – down to the tiniest details - and when booking through them you will be invited to their site for tours and a detailed talk regarding your needs and wants for your special day. From the decoration through to the menu served throughout your day, Gerald and Pamela will ensure they'll do everything possible to match your vision and create your magical day – all you'll need to do is relax and enjoy your wedding day.

What makes a wedding at Boveys Down Farm even more special and magical is their new outdoor Bridal Suite – offering a stunning overnight stay for the newlyweds on their special night. The connected double glamping tent is intricately decorated and adorned with stunning detail to create a completely relaxing and memorable first night together as Mr and Mrs.

Boveys Down Farm has a long history dating back to the 1600s, and Gerald and Pamela Sweetland maintain and run the 80 acre farm which is home to cows, geese, chickens and various breeds of ducks along with a herd of Pedigree Aberdeen Angus Cattle producing some of the finest quality



British beef. Gerald and Pamela decided to diversify the farm and in 1993 began providing a private rural retreat camp site that has been welcoming visitors ever since.

Whilst the farm is secluded and tranquil it's perfectly located 15 minutes away from local shops, amenities, attractions and some of the best beaches in the UK making it the ideal place to visit and stay within the Devonshire Countryside.

The private camp site offers a variety of different facilities to campers and glampers, from renovated toilet and shower facilities to brand new electric hook-ups. Other facilities include tent pitches, internet access, hard standings, but most importantly, opportunities to purchase Boveys Down Farm's famous award winning pasties and pies. The farm's Swallows Rest Barn is also fully licensed and stocks delicious locally made cider along with other drinks to enjoy amongst the picturesque countryside.

Boveys Down Farm is also famous for their mouth watering delicious Hog Roasts available for corporate and special events – offering its customers a selection of tasty treats and drinks to warm you up on a cold evening event or keep you refreshed and recharged throughout a warm summers night. Gerald and Pamela will bring everything they need and set up the Hog Roast in a marquee, gazebo or building – depending on what the event is and where it's located.

For more information about Boveys Down Farm head on over to the website listed below or alternatively Pamela would love to answer any queries you may have so don't hesitate to contact her using the following details.

Contact
T +44 (0)1404 871480
info@sweetland.co.uk
www.boveysdownfarm.co.uk

POPEVILLA COTTAGES



Popevilla cottages are two newly converted Pembrokeshire barns, on a smallholding 5 minutes from the county town of Haverfordwest, and 20 minutes from the old county town of Pembroke. The Pembrokeshire cottages are centrally located for the visitor to roam the wonderful rugged coast line of north and south Pembrokeshire. Also within easy access to the Preseli Mountains.

The cottages are semi detached single storey Pembrokeshire barns, with double glazing throughout, but still retaining many original details. The property is accessed via a layby from the A4076, into the front of the property via a wooden gate into a gravelled forecourt. There is a NO SMOKING and no pet policy in the cottages.

01437 890032
stay@popevillacottages.co.uk
www.popevillacottages.co.uk

Seafront Cottage in Sussex

Attractive Victorian terraced cottage on the seafront only yards from Seaford beach, available for weekly holiday lets and, in the off-peak season, long weekends and short breaks. Sleeps 5.

Seaford is between Newhaven and Eastbourne, surrounded by the South Downs on one side and the sea on the other. Cuckmere Haven and the Seven Sisters, the famous white cliffs, are nearby. If you like outdoor activities such as walking, bird watching, fishing, golf, sailing, windsurfing, tennis and swimming it is an ideal place for a holiday. Local attractions include the historic town of Lewes, Glyndebourne Opera, the village of Alfriston - home of Drusilla's zoo - and Beachy Head.

The cottage is within walking distance of a parade of shops and the station. It has three bedrooms, two with sea views. The main bedroom, which has a double bed, is on the first floor, next to the bathroom. Upstairs there is a bedroom with two single beds, and another with a single bed and a wash basin. Please note that both flights of stairs in the cottage are steep and open on one side (but there is a hand-rail).

Downstairs: a living room in the front with seating for five, a TV-video and an open fire, and a dining room at the back with a table and six chairs and a multi-fuel stove. Just off the dining room is a small but well-equipped galley kitchen with a washing machine. At the front a small, south-facing patio overlooks the sea, and at the back there is a small courtyard with a washing line and an additional lavatory.

For more information please contact me, Julia Lewis on

01323 892173 | 07473 853482

Or email me at cottage@beachcottages.info

Please put 'Ref: 4BC' in the email heading so I know they are not spam.



Poundbury Mobility

"Independence Through Mobility"



ARRIVING SOON - CABIN SCOOTER

Cabin Scooter Standard Features:

- Available in standard colours Red, White, Blue (other colours available by custom order)
- Super 1400 Watt Motor
- 100AH Batteries
- Range 30/40 miles (dependant on terrain, user weight etc)
- Thumb Controls
- Trip Computer
- Twin USB Charging Ports
- Rear Parking Sensors
- Reversing Camera
- Ultra-Soft Suspension
- Windscreen Washer
- Dual Speed Windscreen Wiper
- Durable Floor Mats
- Easy Access Doors
- Electronic Braking System
- External Charging Point
- External Charging Cable (0.7m)
- Follow Me Home Lights
- Large Cup Holder
- Four Way Adjustable Driving Position
- Smooth Acceleration System
- Rear Box
- Front and Rear Bumpers
- Bright Front / Rear LED Lights
- Handle Manual Brake
- Inertia Reel Seat Belt
- Remote Alarm and Immobiliser

WE ALSO SUPPLY

Rollators | Power Chairs | Wheelchairs | Walking Aids

Scooter Sales | Repairs | Servicing | Long/Short Term Hire



NOW OPEN – INCREDIBLE OFFERS

Visit our showroom at 7
Hamslade Green, Poundbury, DT1 3DP

Or contact us at;

admin@poundburymobilityltd.com

0800 038 5912

www.poundbury-mobility.co.uk



Latest News

Promoting independence through mobility

Poundbury Mobility Ltd is the place you need if you're looking for an electric wheelchair in Dorchester. With years of experience in delivering quality mobility solutions, the company has gained a strong reputation for delivering excellent service and great products, and the team at Poundbury Mobility is sure to find the right product to make your life easier.

With the aim to promote independence through mobility, Poundbury Mobility offers mobility scooter sales, repairs, servicing and maintenance, as well as disability and living aids. Whatever your situation, Poundbury Mobility has everything you need to live a life of increased mobility.

When you come looking for an electric wheelchair to buy or hire, Poundbury Mobility will always offer a personalised service. The team knows the product range inside out, and takes the time to work with you to find the right model for your needs, as everybody's situation is different. Whether you go to the showroom or need a home demonstration, Poundbury Mobility will go the extra mile to ensure you get the right product.

This high level of service is underpinned by a comprehensive range of mobility solutions. Whether you're looking to buy a mobility scooter that will provide years of service, just looking to hire, or if you need repairs and maintenance for your current model, Poundbury Mobility has the experience and knowledge needed to help. Whatever your circumstances, the team will deliver a quick, efficient



Poundbury Mobility



and tailored service to ensure you stay moving.

If you're interested in finding out more, visit Poundbury Mobility's showroom to discover its range and get expert advice and guidance from the team. And, if you can't make it to the showroom, the team is happy to come to your home and help you choose the best solution. See the website and contact details below to discover how Poundbury Mobility can help you.

T 0808 1964803
admin@poundburymobilityltd.com
www.poundbury-mobility.co.uk

RUTLAND FARM PARK

Covid-19 Update

We ask that all visitors respect the measures that are in place

We are currently open as usual from 10am - 5pm with the front gates closing at 4:30pm.

We have a one-way system in operation with social distancing reminders places around the farm. We also have sanitiser stations at picnic tables and around the farm.

Animal feeding is permitted and you can get bags of animal food from the shop.

The play area is still closed but will reopen on 19th July.

Daphne's Tea Room is serving a reduced menu and there are no self service cooler cabinets.

Seating has also been reduced in the Tea Room for distancing measures.

The toilets are now gender neutral and we ask that only one family at a time use each facility.

If you have any questions please don't hesitate to call us on 01572 722122



Please contact **01572 722122**
enquiries@rutlandfarmpark.co.uk
www.rutlandfarmpark.co.uk



Your local corner shop or family fun day out, all rolled into one!

The family Nixon has owned and farmed at Nixons farm since the early 1930s. Originally run by William Nixon and his wife Mary, Nixons Farm Shop is still a family run business and the shop is now owned by their grandchildren; Julie Egglestone and Roger, her husband, Paul Nixon and Ian Nixon.

Revolutionising the farm, Nixons Farm has developed over time and is now a well-established farm shop sourcing local fresh produce and providing a whole host of family-friendly activities.

"We provide freshly sourced high-quality products through our shop and butchery. We also provide our tea room service which holds 250 people. Our tea room was created to provide our freshly sourced food, cooked and ready for customers to eat and enjoy. Alongside this, we have an outdoor and indoor play area, a pet's corner, a pet shop and a converted barn with AstroTurf football facilities and bouncy castles for children." Julie Egglestone.

Nixons Farm Shop produces home-grown, locally sourced produce with 100% traceability. "Our produce is locally produced and provides low food miles. Best of all we offer very good value for money." Julie continued, "Just because we are a farm shop producing freshly sourced produce does not mean we are expensive, we offer competitive prices that are on a par with supermarkets."



"We are open 7 days a week and we can be your local corner shop or your full fun day out." Julie said.

Happy to be reopening following the governments COVID-19 guidelines, Nixons Farm Shop is excited to be welcoming customers within its store again and is looking forward to opening the rest of its facilities soon.

Julie explained that, "Since COVID-19, we are now getting back to normal and we are open for business. We've had many customers look for home-produced meat for entertaining and dining at home.

We are planning to reopen our big barn on the 17th of May with the indoor play area, football facilities and bouncy castles for kids. We also have lots of toys in our garden and many animals such as donkeys, alpacas and sheep."

Whether it's a coffee catch up with friends, a day out with the kids or simply a purchase of your daily freshly sourced essentials - Nixons Farm Shop has all of this and more.

For any more information, please see the details below.

Contact
T 0161 437 4801
E julieegglestone@googlemail.com
www.nixonsfarmshop.co.uk

0161 437 4801

julieegglestone@googlemail.com

We would like to welcome you all back to The Moody Cow Tearooms - open Wednesday to Sunday.



A full menu is available with food served until 3 pm

All the tables are socially distanced and we will be operating a table service. We ask and advise that you do not arrive in groups larger than 8 people.

Hand sanitiser is available and we ask that you use it on entering and leaving the tearoom.

We will be open Mondays and Tuesdays with a limited Take out menu

Children are very welcome!! Unfortunately we do not have any toys or soft play available following the government guidelines

The farm shop and pet shop are open Monday to Friday until 5 and 4 on Saturday and Sunday

We look forward to seeing you all again!



www.nixonsfarmshop.co.uk

LE TONKINOIS VARNISH

LE TONKINOIS VARNISH IS A NATURAL OIL BASED YACHT VARNISH, USING A CHINESE FORMULA DATING BACK TWO OR THREE CENTURIES. AND WHAT A FORMULA!

IT REMOVES YOUR BRUSH-MARKS, BRINGS OUT THE NATURAL BEAUTY OF THE TIMBER, DOESN'T CRACK OR FLAKE OFF, AND IS PERMANENT SIMPLY ADD A FURTHER COAT EVERY FEW YEARS.

Le Tonkinois Classic is the original Chinese recipe, which has proved to be a first class resilient and reliable varnish for more than a century. Traditionally used by the French Navy for all their sailing vessels, and widely used by traditional craftsmen for years. It tends to give a thicker coat than Marine No 1.

Le Tonkinois Marine No1 is basically the original recipe which has been further refined by modern techniques.

It is easier to apply. It also returns a slightly higher gloss. Both Classic and No 1 afford a high resistance to all extremes of weather, making them the obvious choice for outside environment. At the same time, low solvent levels and odour makes them ideal for inside application.

Le Tonkinois Parquet is for flooring and employs a strong synthetic Alkyd resin and Ester oil to return a harder-wearing surface for foot traffic. The finish is a little less glossy than the other two, just slightly opaque.

All three can be matted or semi-matted by including Gelomat in the final coat.

Some sites advocate a coat of Le Tonkinois Bio Impression to initially seal the timber, due to its ability to penetrate the wood more effectively, but no-one appears to have proved that this improves the durability in any way. Our own tests have so far proved inconclusive.



☎ Telephone 01628 629892 | ✉ mail@letonkinoisvarnish.uk

www.letonkinoisvarnish.co.uk



BODYSGALLEN HALL & SPA LLANDUDNO, NORTH WALES

A Historic House Hotel of the National Trust



GIFT VOUCHERS

The Perfect Flexible Present!

Stuck for ideas or need to buy at the last minute?

Bodysgallen Gift Vouchers offer a unique experience of quality and style.

They can be redeemed for a lunch or dinner, an indulgent afternoon tea, a pamper day in the Bodysgallen Spa or an overnight stay.

Whatever you choose this is a thoughtful gift that never fails to delight!

Buy online or by phone and we will send the voucher by post or email.

The Royal Welsh Way, Llandudno, LL30 1RS

T: 01492 584466 | E: info@bodysgallen.com | W: www.bodysgallen.com



Ymddiriedolaeth
Genedlaethol
National Trust

