

LEISURE SOLUTIONS UK

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www.solutionspublishing.co.uk

• WHAT'S ON • CHARITY • PROPERTY FOR SALE • HOLIDAYS

For Sale – Stunning 18th Century Stone House in France

For anyone wishing to buy a house in a serene and stunning part of France, Leisure Solutions is proud to showcase a fine 18th century restored property being sold by Mike Fraser.

Located in the village of St-Aubin-Fosse-Louvain, a commune in the Mayenne department in the north-western region of France, this incredible once in a lifetime property benefits from being close to the airports Rennes and Dinard and also the ports Caen, of St Malo and Cherbourg making it ideal for commuting to and from.

The modernised 18th century detached stone built house is on the market for only €169,000 and has everything a large and spacious family home needs with four big bedrooms (three of which are double bedrooms situated on the 1st floor and the other a bedroom/study room on the ground floor) a family bathroom, complemented by another WC on the ground floor. The house is also blessed with a 2nd floor currently used as a loft. At 7mx13m the fully floored space is ample for further bedrooms with en suites or maybe even a games room.

On the ground floor there is the beautiful sitting room, dining room, kitchen, garden room and utility room; all large and spacious. With stunning oak floors throughout the first floor

and thick stone walls giving the whole house an authentically French style in spite of new touches such as central heating from an oil fired Rayburn and a wood burning back boiler stove.

The garden is truly stunning and needs to be seen to be believed (by visiting the website listed below). The beautifully imagined mature garden containing two fish ponds and an orchard producing soft fruits when in season is complemented by an incredible variety of plants, bushes, shrubs and trees, creating an enclosed personal space ideal for those long lazy summer days and evenings. The outside area also benefits from an upper and lower terrace and covered courtyard; ideal for BBQ's with friends and family. A workshop and large garage with boarded lofts provides all the storage you could need.

There is a space in the orchard for a boat and caravan. The surrounding countryside is a beautiful rich patchwork of colours created by meadows, cultivated fields and small woodlands. The picturesque rolling hills of the region give plenty of opportunities for long walks or cycle rides. The nearest town, Gorron, located only 5 miles from the house, has many amenities; shops, banks, supermarkets, restaurants, a street market every

Wednesday, a cinema, a swimming pool and a variety of covered and uncovered sport facilities; ensuring there's plenty to do.

For more information on this incredible opportunity or to arrange viewings please don't hesitate to contact Mike Fraser using his details below.

Telephone: 0033 243 006 072

Email: mikefraser@orange.fr

Website: www.rightmove.co.uk/overseas-property/property-62557304.html?currencyCode=GBP



AP Properties
see on page 01



Hampshire
Wine School
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Skydive
Netheravon
see on page 06



Easy Vocals
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Palma Palmer
see on page 13



Hunter Centre
see on page 15



Why should I choose AP Property to look after my property or to book my holiday?

Because at AP Property we like to think that we offer a good professional service to guests booking holidays and owners wanting their properties looked after.

We are Tourist Board Registered with number A.MU.250 and our apartments are catalogued with two Keys and comply with all the regulations established by the Region of Murcia. Therefore you can find us on the official website of Murcia Turística.

Together with our team of professional cleaners and maintenance staff we are able to provide well maintained and clean properties for yourselves and your guests where no job is too small or too big.

We can provide transport from airports to the property or if you choose to make your own way all guests are met at the property and shown the property and how everything in it works. We point you in the direction of all local facilities and can give you information on local activities.

At AP Property, if we have advanced warning of special needs we can see that your

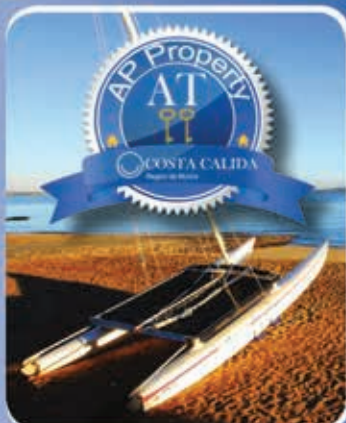
stay is made as comfortable as possible. We provide 24 hour back up to help in all aspects of life, so young and old know that if they need help it is available.

You will know that if AP Property deal with your property or you book a holiday through us, your guests, family and friends will be taken care of throughout their stay.

Our aim at AP Property is to ensure that you have a good clean maintained property in which to enjoy your holiday in and have the back up if things go wrong.

For more information please
contact us on;

Tel (0034) 655 162 326 | Mail info@approperty.es



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Featuring a wide variety of companies from across the UK and Sent via email to 100,000 UK Consumers Aged 18 +.

Editors comments

Hello & welcome to Leisure Solutions UK!

The team at Solutions UK has been working extremely hard to bring you an issue that is full of innovative and exhilarating companies and we are very excited to share their success and achievements with you.

We have searched the length and breadth of the UK to bring you some of the most ground-breaking innovations and this month we are overjoyed to be highlighting the activities of Lady Toast Master.

Firstly, we would like to focus on the work of Palma Palmer who this month features as our main Sponsor. See more on page 13.

Secondly, we are featuring Hampshire Wine School, with seven years in educating and entertaining us with Champagne and Wine Tasting experiences, see more on pages 3 and 5.

I hope you enjoy reading this issue of Leisure Solutions as much as we have enjoyed bringing it to you. Happy reading and we hope to see you for the next edition!

Ian Hayward

Editor

Leisure **SOLUTIONS UK**

**For all advertising & sales enquiries
please contact Ian Hayward**

0121 241 8788



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App Store

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Latest News

Unique and Traditional Events Photography

With ten years of experience in events photography, Jonathan Cundy set up his own photography business two years ago to develop his talents even further. Although he can't remember the precise moment he became interested in photography, Jonathan recalls that at some point he realised he had an eye for it. After this, he began to research different photographers' techniques to help inform his own art.

Now, Jonathan provides photography for weddings and small events across South Wales, as well as travelling further afield to locations including America, Italy, and even London Zoo. With a beautiful photography style that uses a mixture of traditional, creative and relaxed techniques, Jonathan strives to make his event photography speedy and casual, staying in the background so nobody knows he's there in order to get the most natural photographs possible.

On top of this, he takes group shots, getting guests to stand in shapes, like a heart, or spell out words to add some fun and creativity to your wedding album.

As well as photography, Jonathan is also interested in videography, something which he



draws on to offer a unique take on a wedding event. In the evening of the special day, Jonathan asks the couple to choose a song and then gets all of the guests to sing along to it. He then uses this footage to create a personalised music video for the couple to cherish.

Recently, Jonathan has gone into partnership with two other people, helping his business to cover even more events for a wider customer base. In the future, he is hoping to cover more corporate events, as well as maintaining his presence in the wedding and small occasions market.

For more information and a gallery of Jonathan's beautiful photography, head to his website or use the contact details below.

T 07847 533 769

jon_cundy@hotmail.com

www.jcimage.co.uk



JONATHANCUNDY
PHOTOGRAPHY

I am a Wedding and Portrait Photographer primarily photographing Weddings covering all South Wales but i also travel into many areas in the United Kingdom and even further abroad...

I offer a very simple wedding package which you can add on to or if you want to tailor it please contact me and we can discuss your needs and find a solution

Please contact me to arrange a meeting to discuss your package requirements

Contact : 07847533769

Or email : Jon_Cundy@hotmail.com

Wedding Package

- A pre wedding consultation to go through all the details of your day
- All day coverage from the getting ready through to the evening reception
- A USB with your whole wedding gallery of 250 + high resolution images
- Every image Checked and edited before viewing
- Every Image comes with the permission to print until your hearts content
- A Sneak Peek photo the following day on Facebook to keep you going until your full gallery is ready for viewing

www.jcimage.co.uk



@Jonathan.Cundy.Photography



@jonathancundyphotography

THE REEL POSTER GALLERY

ORIGINAL MOVIE POSTERS

Over 20 years experience dealing in the world's finest movie posters

The Reel Poster Gallery is the creation of Bruce Marchant, who owns and manages the business today.

Originally trained as a sculptor, Bruce started collecting in the late 1980s dealing with a handful of private clients. As many collectors start out, he never thought he'd deal. Within a year or two, however, he'd amassed a volume of posters and the business of selling began. Collecting is very addictive and emotionally driven. Bruce bought what he liked; either for the film title, or more often, for the design merits of the poster itself.

Bruce founded The Reel Poster Gallery in 1991.

Prior to this date, he had always seen the market potential at major auctions like Christies and Sotheby's; notably he observed the kinds of audience that these sales were attracting. Historically the market was very US led and to lesser extent French & Italian. Within a few years Bruce and The Gallery had put London on the map for serious collectors and film aficionados.

Over this period the gallery has been responsible for a dozen publications on film posters and related subjects – with over a million copies sold worldwide. Due to this success, Taschen bought the rights to The Gallery's 'Decade' series, however Bruce also produced 500 hardback limited editions, a handful of which remain available to purchase today.

After 15 years of establishing itself as a world leading destination for original posters, Bruce realized the majority of his loyal client base no longer needed to view before buying and were more than happy to buy on our recommendation or simply from a gallery catalogue. Therefore, we now operate by appointment only with a fantastic new website to support our activities.

Please visit our website www.reelposter.com
T +44(0)7970 846703 | Email: info@reelposter.com



Lindholm Forbes Books

Lindholm Forbes Books grew from the interests of two collectors. Olga Driver, a lawyer, who also has a passion for cookery books and Michael Driver, a designer, who is a collector of toys.

Both Michael and Olga found that their respective collecting interests were not always catered for in the book world. As they had amassed a considerable amount of information through collecting and research they decided to go into print.

They hope that the books by Lindholm Forbes will add to the knowledge of existing collectors and will lead to further research to inspire a new generation of collectors.

Lindholm Forbes Books are also occasionally able to offer some secondhand cookery books and old toys.

Please take a look at some of our current books.

If you are interested in, or have any questions on any of our titles, please get in touch and we will be more than happy to help.



Phone: 020 7243 2149

E-mail: enquires@lindholmforres.co.uk



FREE DELIVERY • 40 LOCATIONS • GIFT VOUCHERS • VALID FOR 2 YEARS!

Hampshire Wine School

Wine

WINE EDUCATOR of the YEAR SHORTLISTED

tripadvisor reviews

Buy someone the ultimate wine experience!

Our One Evening Wine Tastings provide the opportunity to try a tasting with no previous experience. It's also a great way to meet people who share your enjoyment of wine. The types of evenings available is varied and always changing, from Introductory Courses to Fine Wine Events - with plenty to choose from there is always something new to try. FROM ONLY £22.50

OUR BEST DEAL!
Book the 8-week World of Wine Course (one evening/week) covering all the main regions of the world for only £95! That's a saving of £25 against the cost of the same evenings booked separately. And if you can't make a particular evening you can easily pick it up again or receive a credit against any tasting.

(Note - £10 is payable each night to cover wine, but that's still £5 off the separate cost of some evenings!).

All our Wine Tastings are also available as Gift Vouchers for the perfect Gift (and our vouchers never expire!).

Visit our website for more information.

www.hampshirewineschool.com



Your tutor, Cecile Bergart, is a published Champagne and Wine Educator, a guest champagne expert for Champagne World Magazine, for Channel 4 'Superscrimmers', a regular guest speaker on BBC Radio Solent, as well as being an approved staff educator for Marks and Spencer. Trust us when we say that you will be in good hands to learn more about wine!

We have a fantastic selection of WINE / CHAMPAGNE / BEER / WHISKY / GIN Tasting Evenings as well as FOOD & WINE Pairing Courses and COCKTAIL-MAKING workshops that make fabulous presents for anyone who enjoys wine. Prices start from as little as £25 for an 'Introduction to Wine' Tasting, all the way up to our popular 8-week Wine Course for £195. Why not add a WINE BOOK to your gift voucher for that extra 'je-ne-sais-quoi'?

- open-dated
- valid for 2 years
- plenty of dates to choose from
- can be used at over 40 locations across the UK

Please feel free to contact Cecile for any help or guidance on 02380 644350 or 07969 113382.



Palma Palmer sponsors this issue of Leisure Solutions UK: see them on page 13

3

Le Tonkinios Varnish & Flexidisc Sander and Grinder

The Flexidisc Sanding system has been on the market for 30 years yet still remains one of the most versatile.

The Flexidisc is a system based on an exciting 5" disc sander attachment which securely fits in your drill. A highly efficient flexible shaft eliminates vibration and gives full control when presented full face to the job surface, enabling fantastic finishes.

The fast rotation gets sanding completed in a fraction of the time compared to conventional sanders. This multi-purpose tool converts into a super-fine finishing sander, bench grinder, sharpener, partial angle grinder, polish applicator and polisher.

The 'slap-on peel-off' Velcro type discs are coated in a super-tough material called Corundum. The re-usable discs do the work of 100 conventional discs and can cope with a wide range of materials from soft plaster to iron. Because they generate little heat,

they can even sand G.R.P. and old paint without melting the material.

Using the 'slap-on' system, polish is easily applied using the foam sponge, whilst a polishing cap completes the job. DA & BE Murkin are also the sole importers of Le Tonkinois Varnish, manufactured the traditional way, using Linseed oil, Tung oil & natural resins.

Slower drying, it shows no brushmarks and easily sinks into the timber. As such, it moves with the timber and doesn't crack or peel.

Contact
T +44 (0)1628 629892
mail@letonkinoisvarnish.uk
www.letonkinoisvarnish.uk



Hayling Seaside Railway

The Friendly Little Train
 On Hampshire's Treasured Island

The Hayling Seaside Railway runs the one mile between the popular funfair at Beachlands and Eastoke Corner with its shops, pubs and cafes. Running through areas of rare seaside plants and beside Hayling's renowned "Blue Flag" beaches, the railway also boasts some of the best views of the Isle of Wight.

Operating Dates

We will be open every Wednesday, Saturday & Sunday in 2019, plus every day during Hampshire School Holidays.

1st train from Eastoke (PO11 9HL) is at 10:40.

1st train from Beachlands (PO11 0AG) is at 11:00

Fares

Family Return (2 adults & 2 children aged 3-15): £9.00

Adult Return (16+): £4.00

Adult Single (16+): £3.00

Concession Return: £3.00

Concession Single: £2.00

For other times of the trains on the day please call
07775 696912

@haylingrailway
www.haylingrailway.com

A fun-filled day out!

Located in the beautiful county of Rutland, Rutland Farm Park is a family run farm that offers guests a fun day out in the East Midlands.

The farm is located within the idyllic British countryside, situated on the remaining Noel estate that dates back to the Victorian era. Because of the property's age, the farm features a selection of Victorian farm buildings and structures, in addition to a range of exotic plants and blossoms, including rare Himalayan flowers and bamboo.

After a long closure that was caused by the infamous foot-and-mouth crisis in 2001, the farm re-opened last year due to popular demand. The farm's owners, the Ball family, wanted to welcome guests back onto their premises to encourage wildlife conservation and educate groups on the natural world.

The Ball family work hard to conserve rare species of livestock, preserving an array of unusual and endangered poultry and cattle. The family encourage visitors to ask questions about the animals and interact with breeds to learn and develop their knowledge on conservation. A member of staff will always be on hand to answer any questions and delve deeper into the breed's history, making it the ideal location for schools to learn and have fun.

The Farm is home to a flock of Lincoln Longwool sheep, a breed that has been reared since medieval times and produces 35lbs of wool in only one clipping. The farm is also home to one of the largest Friesian Holstein bullocks in the world, towering above guests at an impressive height of 7ft. In addition to these fantastic beasts, the farm also houses a host of farmyard animals, including: ducks, geese, goats, pigs, alpacas, llamas and much



more. Once guests have explored the farmyard, they can enjoy a drink and a bite to eat in the farm's Tea Room. The Tea Room is available to guests of the farm and to the general public, allowing everyone to enjoy a beverage and take in the gorgeous country scenery. The Tea Room can also accommodate groups of all sizes as the farm has generous on-site parking and plenty of indoor and outdoor tables.

It is important to note that all of the Tea Room's food is freshly prepared and caters to a variety of dietary requirements. This includes, but is not limited to: homemade cakes, ice creams, milkshakes, hot and cold drinks, baked potatoes and sandwiches. The Tea Room also organises a variety of events and occasions where the menu will change accordingly.

For any more information on the farm, or if you would like to view the farm's opening times, visit their website listed below. Alternatively, if you would like to book a table at the Tea Room or have any other specific enquires, telephone Rutland Farm Park on the number below.

T: +44 (0) 1572 722 122.
E: enquiries@rutlandfarmpark.co.uk
W: www.rutlandfarmpark.co.uk
Facebook: www.facebook.com/rutlandfarmpark

RUTLAND FARM PARK

Rutland Farm Park is a small, family-owned, working farm located in Rutland - England's smallest County.

The Farm Park has been in the family for five generations. On 10th September 2017 the Farm Park was once again reopened to the public having been closed since 2001.

We've got a range of friendly animals for you to see, from rabbits and guinea pigs, to sheep, horses and alpacas.

Come and see some of the rare breeds as well. We are focused on the conservation of these breeds, which no longer get the love and attention that they once used to. We want to change that.

You can also come and meet some of the animals that we have taken in and become a new home for.

Please contact **01572 722122**
enquiries@rutlandfarmpark.co.uk
www.rutlandfarmpark.co.uk

Imagine what reality lacks, and find a creative way to remedy it

Based between Beverley and Bridlington, Rustic Riddle encompasses an upcoming café, bakery, online home décor shop, gift shop and two holiday cottages, all based at Manor House Farm. Owners Karen and Chris bought a run-down small holding with the view to develop it into a family friendly destination, with the most recent addition being The Granary café, which opened on the 12th April this year.

Offering wholesome food, the café transforms into a restaurant in the evenings, with a good selection of quality wines to help create a true fine dining experience. The Granary also offers freshly baked bread from its in-house bakery, as well as cakes, tarts, and other baked goods. What's more, during the day the café has bi-fold doors opening onto a beautiful garden, creating the perfect al-fresco dining experience during the warmer months.

Karen and Chris also hope to run various activities open to all, including arts and crafts, woodwork, ceramics, and even a wine tasting group. The café has a dog friendly area, and along with their seasonal events at Christmas and Halloween, they are also hoping to host a Dog Fun Day within the grounds.

"Essentially, we are trying to create a destination where people can enjoy an entire day out, as opposed to a short visit," explained Karen. "Our ethos is to imagine what reality lacks, and find a creative way



to remedy it! We offer a small paddock walk which will have treasure hunts with riddles dotted around the site to try and challenge the adults, as well as offering fun activities for children. What's more, we have a selection of animals to see, including pygmy goats, cats and Ouessant sheep, the smallest breed of sheep in the world!"

If this wasn't enough, Karen also told us that she hopes to host events at the site. "We are looking into marketing it as a wedding venue. This will include a marquee down by the beautiful pond, using the café to provide excellent catering services for the guests."

Indeed, with such a wide range of activities and events, it is clear that Rustic Riddle and its multiple attractions at Manor House Farm provide an unmissable day out for all the family.

Contact
T 01262 469 300
info@thegranarybistro.co.uk
thegranarybistro.co.uk
www.rusticriddle.co.uk



The Love of Food

At **Rustic Riddle** we pride ourselves in providing rustic charm, quality gifts, amazing food and family fun, aimed at releasing the inner child - all creating memories for generations with a splash of humour and creativity.


We have a love of great food, culture, wine and fun and have many ideas which will be advertised on our website as and when we dream them up.

Meet our seriously cute animals all with their very own and distinct personalities. We have fun loving miniature sheep, cheeky pygmy goats, attention loving horses and dog and very busy cats.

We know that eating good food can be a magical experience something to take you out of the ordinary, to be experienced and enjoyed in a beautiful and welcoming environment.



The cafe will be open daily
 9am to 5pm
 (including mid year Bank Holidays.)

Contact
T: 01262 469 300
E: info@rusticriddle.co.uk
 Rustic Riddle at Manor House Farm
 Bugg Lane, Ulrome, YO25 8TN
 (off the A165)
 /RusticRiddle
www.rusticriddle.co.uk

Sharing the Wine Love



Leisure Solutions have selected Hampshire Wine School as the recipient of our Food and Drink Excellence Award for all of their expert services within the food and drink industry.

Based in Winchester and Southampton, Hampshire Wine School is an independent wine education company. Founded in 2012 by published champagne and wine educator, Cecile Bergart, Hampshire Wine School is leading the way within the wine educational industry. "We pride ourselves on delivering services that cater for everyone's unique palate," said Cecile, "exploring aromas, flavours and textures in all drinks! But my speciality as a Sommelier lies in pairing wine and food to perfection. I'm a flavour matchmaker!"

Through Cecile's vast repertoire of experience, she has gained an array of accreditation and has been featured within such media platforms such as 'Champagne World' Magazine and Channel 4's 'Superscrimper'. Cecile is an approved staff educator for Marks and Spencer, for which she also runs in-store tastings. Her latest world recognition is her Champagne Master-Level Certificate.

Cecile uses her expertise and passion to craft the events and services that she offers and facilitates a host of services, including: consultancy, private tastings, corporate events, 8-week wine courses for novices and connoisseurs alike, workshops, wine dinners and much more. Customers can learn about a variety of fine alcoholic beverages, such as wine, champagne, port, rum, gin and whisky.

Cecile explains her passion for the business, "We love to make Hampshire Wine school available and affordable for everyone therefore we provide a huge amount of different events, including bespoke private and corporate events. I really enjoy working very closely with our customers to create an experience tailored to their budget and requirements!"

An important aspect of Hampshire Wine School's tastings is that they have a no-pressure approach and do not sell alcohol. Cecile explains, "At Hampshire Wine School we prefer to encourage an individual to understand their own palate and therefore it doesn't matter if you prefer the cheaper brand or the most expensive one! We're not here to sell; we simply want to understand your taste preferences. We also provide gift vouchers with a much-longer-than-expected 2-year expiry date, as we're all so very busy. Again, it's all about the customer!"

Delighted to have been selected for our Award, Cecile remarked, "It means so much to have been selected for this award. Matching food and wine to perfection is my passion, my love, my life, so thank you."

079691 13382
info@hampshirewineschool.com
www.hampshirewineschool.com



www.hampshirewineschool.com

Your tutor, Cecile Bergart, is a published Champagne and Wine Educator, a guest champagne expert for Champagne World Magazine, for Channel 4 'Superscrimpers', a regular guest speaker on BBC Radio Solent, as well as being an approved staff educator for Marks and Spencer. Trust us when we say that you will be in good hands to learn more about wine!

Our One Evening Wine Tastings provide the opportunity to try a tasting with no previous experience. It's also a great way to meet people who share your enjoyment of wine. The types of evenings available is varied and always changing, from Introductory Courses to Fine Wine Events - with plenty to choose from there is always something new to try. FROM ONLY £22.50



OUR BEST DEAL!

Book the 8-week World of Wine Course (one evening/week) covering all the main regions of the world for only £95! That's a saving of £25 against the cost of the same evenings booked separately. And if you can't make a particular evening you can easily pick it up again or receive a credit against any tasting. (Note - £10 is payable each night to cover wine, but that's still £5 off the

separate cost of some evenings!).

All our Wine Tastings are also available as Gift Vouchers for the perfect Gift (and our vouchers never expire!).



Please feel free to contact Cecile for any help or guidance on
02380 644350 or 07969 113382.

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E: coursesmanager@netheravon.com

www.netheravon.com

Holiday News

Enjoy well-earned quality time with family & friends...

Located in the very heart of Cornwall, Castle Holiday Park certainly is a gem; offering guests the chance to escape the hustle and bustle of everyday life and truly enjoy some quality time with family and friends.

Castle Holiday Park is located near St. Columb and boasts a fantastic number of attractions in its local vicinity and further afield. The park is situated next to the Iron Age Hillfort Castle-an-Dinas and the Goss Moor National Nature Reserve. So why not spend an afternoon taking in the fresh country air, exploring these fascinating and historically significant sites.

Guests truly are spoilt for choice for activities at Castle Holiday Park, so if you're a get-up-and-go kind of person, this location is ideal. Worthy of note is the world famous Eden Project, with its iconic biomes and stunning location, the Eden Project is a real winner; something everyone should experience at least once in their lifetimes.

The Eden Project is an ideal learning experience for children; though if you want something a little more adventurous, why not visit Camel Creek Adventure Park (complete with water slides and large indoor play areas), The Flambards (one of the most popular tourist attractions in the South West, complete with a Victorian Village and other similar attractions), and even Newquay Zoo. Those seeking more high-octane action might want to visit nearby Newquay for world-class surfing amongst a plethora of other activities.

What makes Castle Holiday Park so unique and wonderful is not just the attractions surrounding it; rather, it is the care taken to ensure guests



have a truly relaxing and peaceful stay - a major attraction of the Park. The Park itself is quiet, ambient and calm and this is no accident. Every step is taken to ensure guests have a relaxing time; from the layout of the caravans themselves (laid in such a manner that guests can enjoy their privacy and own space), to the exclusion of any loud bars or evening entertainment. There is, however, an indoor pool and children's play area (ensuring the kids won't be short of things to do).

Caravans are modern and come equipped with all the amenities necessary to ensure you can live your everyday life comfortably. Double-glazed windows and gas central heating ensures warmth and quiet; with the caravans also coming equipped with a fridge-freezer, full-size cooker, 3 bedrooms and a shower room with a basin and a toilet. As of now, there are also flats to rent in the castle itself!

Castle Holiday Park truly is for those who want to spend quality time with loved-ones and family and friends; because after all, what's more important than that?

01726 890420
www.castleholidaypark.co.uk
enquiries@castleholidaypark.co.uk



Llangollen Maelor Angling

07984 626158 or 01978 860012

Llangollen Maelor Angling offers fishing on over 10 miles of the River Dee in and around Llangollen. Situated in a world heritage site and area of outstanding natural beauty the location and fishing are stunning.

The River Dee has long been famous for Salmon, Sea trout, Brown trout and Grayling. Good coarse fishing for dace, chub, roach and pike can be found on our lower beat.

Detailed beat information is available on this site and our bailiffs are always happy to provide advice.

www.llangollen-maelor-angling.com

Day tickets are available buy online or from our ticket outlets.

For membership enquiries please contact

Derek Bithell on
01978-860012

Or by e-mail
degseyllan@hotmail.co.uk



CASTLE Holiday Park

Looking for a home in the South West?

Castle Holiday Park is a family run site in a sylvan setting, located in the heart of Cornwall.

The holiday park is a unique development offering modern caravans with gorgeous surroundings.

Much attention has been given to the arrangement of the site to preserve the rural mood and take maximum advantage of the pretty grounds. Castle Holiday Park was constructed alongside Goss Moor - an ancient heath and natural habitat for a variety of wildlife.

Castle Holiday Park is the perfect location for exploring Cornwall. Freedom to pursue your own interests is what caravan holidays are all about. Without the restrictions of a hotel and without set times for meals, you are truly able to unwind and relax, enjoying a carefree do-as-you-please vacation. We have a number of holiday homes for sale and to let, so take a look around and feel free to get in touch.

7 Miles of nature paths, cycle paths and is an idyllic location.

To make a booking, please visit the above site or get in touch by calling

01726 890420 or emailing enquiries@castleholidaypark.co.uk

www.castlecaravanpark.co.uk



itchup.com

HOLIDAY HOMES
FOR SALE AND TO LET

INVERWICK COTTAGE



Inverwick Cottage, situated in the favoured 'West End' of Nairn, has gained an enviable reputation for offering that little bit extra and regularly attracts much repeat business.

If we lose a 'regular' almost invariably it is because people have been so impressed with Nairn that they have decided to either move here or purchase their own holiday home.

In recent years, no fewer than eight of our previous regular visitors have done that. Not that any were expressing dissatisfaction with the cottage.

Virtually every visitor says it surpasses their expectations.

Albert Street, Nairn, IV12 4HE

Tel: 01667 455050/455070

Email: inverwick@aol.com

www.inverwickcottagelettings.com

Escape to Nairn with Inverwick Cottage

Escape the noise and the speed of city living with Inverwick Cottage, a fairy tale retreat nestled snugly in Nairn's West End. Nairn is an ancient coastal town, with history and culture written into the fabric of its history, and Inverwick Cottage is perfect for acting as a base camp for those who wish to explore it, or as a temporary home for those who simply wish to unwind.

Nairn sits on the Moray Firth, hailed for its long hours of sunshine and low rainfall, abundant in historic ruins and cathedrals, all open for exploration. Notably Brodie Castle is a favourite, with its high turrets, and traditional Clan Brodie displays it makes for a fascinating afternoon, whatever the weather. The town is also home to a vibrant town centre, in which visitors can try local food and produce. Or for those looking to venture beyond the realms of Nairn itself, Inverness is only 15 miles away. Inverness contains a castle, cathedral and museum and art gallery, all renowned for the condition pull of interest.

For the more adventurous traveller, the rugged coastline that Nairn rests adjacent to is maze of wildlife and stunning views. Dolphins are regularly spotted as well as large numbers of sea birds, many of which are rarely seen outside of Scotland.

After days spent navigating the local surroundings, Inverwick Cottage is the perfect home to fall back into the arms of. The Cottage boasts two twin bedrooms, with a cot available, and a sofa bed. The dining/



sitting room is spacious and the kitchen is well equipped, ideal for families or larger groups of friends. There is a garden that holiday makers are welcome to explore, and discreet access to a nearby promenade and beach, making for wonderful sunset strolls. Small dogs are permitted and the local surroundings make for lovely spaces in which to let dogs run free and explore. The Cottage also has free Wi-Fi.

The Cottage's demographic is largely made of up repeat visitors, and to no surprise given the serene beauty of the Cottage and its surroundings. In the last few years, the Cottage has lost eight customers, through no fault of the Cottage itself, but because the customers in question fell so in love with Nairn that they either moved or bought holiday homes there themselves. Nothing is truer of the encapsulating magic of Nairn and the cottage than that.

T: 01667455050

inverwick@aol.com

www.inverwickcottagelettings.com

CHACS
Christian House
and Church Swap

T: 01728 663 583
info@christianhouseandchurchswap.co.uk
www.christianhouseandchurchswap.co.uk

USING YOUR HOME...

Your house, however humble or grand, will provide a great holiday base for someone else. Your locality, so familiar to you, has lots to offer to someone new to the area.

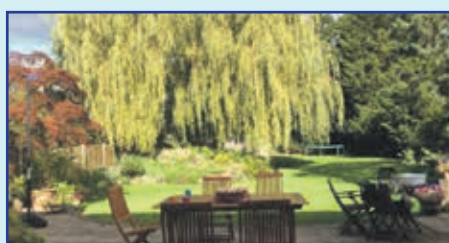


SECURITY

There is a huge rise in house burglary when occupants are away from home. By house swapping you have automatic Christian house sitters! When people register with us, we contact their church leader. This is for everyone's peace of mind.

LOCAL COMMUNITY

Another great feature in its favour is that you will holiday in a local community. A local person, friend or neighbour, will have agreed to give you the key, check that you are okay and to deal with any queries. That person will also be able to give you up-to-date information about nearby amenities, local events, places to visit, best pubs, good restaurants and so on.



PETS AND PLANTS...

House swappers are usually happy to water the garden and indoor plants, and feed the cat and goldfish! Mutual dog owners are generally happy for the dogs to be included in the swap!



IT'S YOUR CHOICE!...

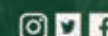
You get to choose from the descriptions of a variety of properties, all found in the online brochure. You pay us the admin fee only when your house swap is confirmed.



There is never any pressure on you to make a specific choice...the choice is yours!

BUSH NOOK
guest house

Gilsland, Cumbria, CA8 7AF
Tel: 01697 747 194



Book
online



Situated in the heart of Hadrian's Wall country, Bush Nook is the perfect venue for a short break with friends or family.

A wonderful area for walking or cycling, you can explore the rich Roman era history of the area and then simply relax in the evening in the comfort of the hot tub with a glass of bubbly.

Offering a mixture of single, double and twin en-suite bedrooms, Bush Nook can accommodate large groups looking to create memories with a stylish country retreat.

If you're after bed and breakfast whilst exploring Hadrian's Wall, we can also cater for your needs.

Tel: 016977 47194 - www.bushnook.co.uk

E-Mail: info@bushnook.co.uk

Bush Nook, Upper Denton, Gilsland, Cumbria, CA8 7AF

LAVENDER COTTAGE

The Award Winning Gem of Anglesey
Lavender Cottage, which sleeps 6
and takes pets, has been planned exclusively to provide:

Peace and quiet, comfort and quality throughout.
A comfortable and spacious lounge.

The owner has done everything possible to ensure that your stay is
athoroughly enjoyable experience and that you return again and again,
which actually happens time and time again!

This is most definitely not one of those holiday
homes where the absolute minimum is provided!
Great effort has been taken to make available
plenty of seating, side lights, occasional tables,
pleasant soft furnishings, lovely pictures and in
the kitchen department you should not want for
anything.

There is even a roof garden with a fabulous
sea view.



FOR MORE INFORMATION, PLEASE VISIT
OUR WEBSITE, CALL OR EMAIL US
www.moelfreholidaycottage.co.uk
01248 410295 | info@gooddealmarketing.co.uk

Cuckoo Barn Lodge



Cuckoo Barn Lodge nestles in a peaceful
valley near Rutland Water. Kick back and
enjoy the stunning old meadow vistas in
this reverse-level eco self-catering luxury
lodge. It is 8 and 6 miles respectively from
the market towns of Stamford and Oakham
and sits 2 miles north of Rutland Water.
There is a lovely relaxed vibe to this lodge,
which is just perfect for a wind-down week-
end or a family and friends holiday break.
Cuckoo Barn Lodge sleeps six comfortably
in 4 Star Gold luxury with extra beds
available. The three bedrooms can be
prepared as continental doubles or twins to
suit your party.

The master bedroom has a walk in wet room and bedrooms 2 and 3 share
a family bathroom. Three foldaway beds are available for extra guests.
The kitchen is well equipped with an oven, hob, dishwasher, washing
machine, under counter fridge, under
counter freezer, microwave.



The spacious living area looks out over a
private south facing terrace and lawn with
views over old meadows.
There is ample parking for three cars.
Your hosts live nearby and are happy to
help you plan your days or recommend
great pubs and eating houses or simply leave
you to enjoy the peace of Cuckoo Barn Lodge.



A short break or longer stay in Cuckoo Barn lodge
leaves you feeling revived and rejuvenated.

For more information please get in touch with, Rosie & Dick Milton on;
Phone +441780 460114 +447768 708220 | Email: hello@cuckoobarnlodge.co.uk
www.cuckoobarnlodge.co.uk

Beautiful Gifts Jewellery
& Clothing

01248 410295
[@TwmPenStrydGiftShop](https://www.facebook.com/TwmPenStrydGiftShop)



Keith and Jan Roberts opened the shop way
back in 1974 with the name "Moelfre
Crafts" ... crafts being all the rage in those days.
The original shop was really just a corrugated
shack attached to the gable end of Pen Stryd.
The shop prospered and in the late seventies
a solid 2 storey extension was built on the site
of the original shop. Due to Jan's ill health the
shop was sold, but missing life in Moelfre was
too much and they bought it back and reopened
under the name "Twm Pen Stryd" in 2000. Once
more the business prospered and it is now a
very real haven for visitors and locals wanting
a special friendly buying experience. Whilst
jewellery is the mainstay of the business it
only takes up about 10% of the space so with 4
rooms to fill the shop is full of quality gifts and
interior furnishings.

Unlike many gift shops which just purchase
from a few big companies, Twm Pen Stryd
deals with a host of different suppliers and the
stock is changing continuously, much to the
satisfaction of its customers.

Two of the promotional phrases which best
describe the experience of visiting the shop are
..."Welcome To A Touch Of Island Magic" and
"You Are Invited Into The World Of Glamour
And Glitter!"



Welcome to The Old Bakery Bed and Breakfast

A Fabulous 5 Star Gold Award Bed and Breakfast in Pulham Market, Norfolk

Come and stay at The Old Bakery in the beautiful South Norfolk countryside. You'll find us in the Waveney Valley village of Pulham Market, just 10 minutes away from the country market towns of Diss and Harleston. Pulham Market is a small but perfectly formed, quintessential Norfolk village, with traditional Village Green, charming period cottages, thatched roofs, two pubs and beautiful scenery.

The perfect location for a short break with beautiful countryside on the doorstep, plenty to do nearby and the lively city of Norwich with an abundance of live entertainment venues, historic architecture and excellent shopping a short drive away.

We aim to make every stay at The Old Bakery Bed and Breakfast special but if you're planning your visit to celebrate a special occasion or as a surprise for a loved one why not make it extra special with flowers, chocolates or a home baked cake waiting when you arrive.

If your stay is business related, or perhaps you're getting away to work in peace and quiet, we offer free WiFi internet access throughout the property. With our small but eclectic library The Old Bakery Bed and Breakfast would also make an ideal retreat to get away and work on that book, thesis, or journal article you've been meaning to write, we are, after all, only half an hour from Norwich, a UNESCO city of literature and home to the Writers Centre.

Visiting friends and family? Attending a wedding? Why rush around on a hectic schedule?

Give yourself time to explore, relax and discover beautiful Norfolk. Ask us about our special rates for stays of two or three nights over a weekend, why wouldn't you want to stay longer?



The Old Bakery, Church Walk, Pulham Market, Diss, Norfolk. IP21 4SL.
Tel: 01379 676492 | Email: info@theoldbakery.net
From abroad: International Dialling Code +44 1379 676492

Plan an Autumn Break

Surfs Cottage, Sennen Cove



Granite built 16th Century Fisherman's Cottage, with surrounding high stone walls and mature garden overlooking stunning Sennen Beach and headland views. Just 2 minutes walk from Sennen sea shore. This small private home consists of 3 bedrooms, 1 ensuite. The large living and dining area overlooks the beach and headland. A peaceful and tranquil cottage where you can enjoy a glass or two of wine on the lawn or stone terraced patios in the summer or the same in front of the large open fire in winter.

Set in beautiful surroundings with easy access to local shops as well as places such as St. Ives, Truro, Falmouth and Penzance. If you enjoy the many beaches, surfing and cliff top walks then this is for you with the added attraction of private parking.

Surf Cottage in Sennen Cove some 20 minutes' walk from Lands' End was one of the original buildings in Sennen Cove and was once a small thatched cottage surrounded by its own strawberry fields.

For more information and to book please contact

Email: cbksec@hotmail.co.uk or Tel: 07979 241 421

Unique Woodland Weddings and Camping in an AONB

Nestled in the idyllic East Devonian countryside is Boveys Down Farm, a quiet and rural retreat offering Woodland Weddings, glamping (March – September) and year-round camping. Boasting stunning views of the Farway Valley in an AONB, Boveys Down Farm is situated a few miles from the Jurassic coast, and no more than 15 minutes away from beaches, pubs, shops and restaurants, making it secluded yet conveniently close to everything you could need for a camping break.

Five years ago, the farm became a fully licensed venue for weddings and civil ceremonies. We had the pleasure of speaking to Pam about what makes Boveys Down Farm the perfect venue for your special day. “We offer a totally unique, rustic wedding venue where people can get married in the stunning surrounding woodland, and we can cater from small to large parties; we’ve welcomed groups of just seven people all the way to over 100! We have a full bar and an onsite catering team offering high quality food, such as hog roasts and roast dinners. We build everything around the bride and groom and provide all they could need to ensure their special day runs smoothly.”

Indeed, the Woodland Pavilion used for the ceremonies is situated in a small area of woodland, close by to the indoor barn and commercial kitchen. Beautifully presented with careful attention to detail, the pavilion blends perfectly into its surroundings and boasts plenty of room for the ceremony. Additionally, there is a small car parking area for the bride or groom to arrive, before they walk along the carefully woven path to meet their spouse at the venue. After the ceremony is complete, Boveys Down Farm offers The Swallow’s Rest, an indoor



barn to host the reception. Everything can be modelled to meet your unique requirements, with competitive prices to make sure you won’t break the bank. What’s more, there is the option of booking part of or the entire site for the exclusive use of your wedding party, and Boveys even offers a bridal suit consisting of two luxury glamping tents joined together.

If you would like to find out more information on booking a camping trip at Boveys Down Farm, or hiring it as a beautifully unique wedding venue, head to their website or get in touch using the contact details below.

T 01404 871436
info@sweetlands.co.uk
www.boveysdownfarm.co.uk



Boveys Down Farm is a quiet, rural retreat located in the tranquil surroundings of the Devonian Countryside.

Ideal for Woodland Weddings, Glorious Glamping (March to September) and year round camping. Situated in the heart of East Devon Area of Outstanding Natural Beauty the farm offers campers and visitors alike a relaxing break enhanced by the breath taking views of the Farway Valley.

The Swallows Res Barn, Restaurant and Bar is open for large or small gatherings all year round and is fully licensed for Civil Weddings etc.

We are perfectly located; a secluded location yet not more than 15 minutes from all you will need: the beach, the shops and local attractions so we’ve got your wedding or holiday covered.



Fully licensed for marriages and civil partnerships ceremonies
For more detailed information or a free no obligation, consultation, please contact Pamela on
T: 01404 871480 | E: email info@sweetlands.co.uk
Or visit www.boveysdownfarm.co.uk

Ratcliffe Disabled Holidays

- 16 YEARS DEDICATED SERVICE for Care-Free Holidays
ALL WITH CEILING HOISTS ELECTRIC HI/LO BEDS,
WHEEL-IN SHOWERS
SUPERB LOCATIONS & VIEWS Great facilities, plenty of space
- House and ground-floor flat Heysham on Morecambe Bay.
 - Specially built caravan Lakeland Leisure Park, Cumbria
 - Sea-front positions Traffic-free walks

We appreciate that while we type these words, the UK continues to be battered by arctic winds and snow in a manner that belies the time of year and then some. Still, if you can look beyond the abnormal late March scenes outside your window and start thinking about the possibility of holidaying somewhere in the UK this summer, you might be interested in what Ratcliffe Disabled Holidays has to offer.

A retired pharmacist and gardener, Allan Ratcliffe is himself a C5 quadriplegic, following a cycling accident in 1999 and set up the business alongside his wife and carer, Jan. Ratcliffe Disabled Holidays currently offers four specially adapted homes – three in the North East and one in the North West. Amenities common to all of them include electric ceiling track hoists, BaKare-supplied powered profiling beds with pressure relief mattresses and shower/toileting chairs. Each property also includes extra-wide doorways and passages between approximately 83cm and 99cm in size.

The first two properties are a house and ground floor flat, both situated in Heysham, Morecambe Bay with easy access to the beach promenade and good views across the sea to mountains of the Lake District. The latter two comprise adapted static caravans in Filey Haven Holiday Park, North Yorkshire and Haven Lakeland Leisure Park, Cumbria – both of which have spacious lounge and bedroom areas, Freeview TV reception balconies and landscaped garden areas.

Detailed brochures and further booking information for all four properties can be found by had by contacting 01274 588 142 or visiting www.theukweb.com/disabledholidays



JAYNE MARSHALL VOCAL COACHING

Jayne Marshall is a dedicated and talented Tutor and cares equally for all her Students and Pupils.

She has the ability not only to discover voices where people hadn't quite realised the natural voice that already existed within them, but to engage in further producing the sound they already have into something quite extraordinary with time, patience and skill.

Jayne's structuring process for all her students has proved itself time and time again in order that they may accomplish a much better and easier passage of speaking and singing without causing any tiredness or exhaustion. To be able to project our voice and communicate in an unconstrained and totally effortless manner is one of the best gifts we can bestow upon ourselves, no matter which professional path we are following.....so why hesitate?....And as an added bonus should various and unusual vocal disorders present themselves such as Thyroid Dysfunction, Tongue Displacement, a Slight Stammer, etc. Jayne is well informed in vocal therapy and recovery.

Throughout her Tutoring Career, Jayne has received many and various testimonials from her Students and we thought it nice to include one for you here... It reads:
"Jayne is kind, nurturing, strong, passionate, insightful, creative, experienced, methodical, anecdotal, humorous and wise, you can be assured all her receive the utmost quality of teaching available. A bold claim perhaps but the knowledge Jayne has imparted and also the skills she has nurtured from me, with immense care and attention to detail is amazing. Jayne invigorates her students even at the inevitable Low Ebbs on their journey of discovering their Voices - The Voice being a Totally Personal Instrument. I know Jayne is able to guide anyone towards their desired goal from speech to singing and drama with kindness, and unrelenting passion and works tirelessly for us all, leading to the highs of singing and speaking freely with abandon. Jayne will always make you smile and who doesn't want a teacher like that."

Jayne also draws on her own experience as a professional singer and actress and knows only too well how important preparation and physical strength are necessary requirements for success.

She urges you....Go Forth...Make Contact....Follow your Heart....Enjoy...and most of all....Succeed.

Please visit www.easyvocals.co.uk or contact Jayne on **0208 399 9543** or **07773 018829**

Singing lessons for all to enjoy



Leisure Solutions is happy to announce that Easy Vocals have been chosen for our Coaching Excellence Award in light of their outstanding singing and performance coaching services.

Based in Kingston-on-Thames, Surrey, Easy Vocals is led by Jayne Marshall and is a business focussed on improving dramatic performance potential, confidence and effectiveness. Jayne's love of music started as a child. Her most favoured moments to sing were when her mother would wheel her along in her baby carriage, of which the movement seemed to prompt notes to flute out of her mouth. As a teenager, she studied at The Guildhall School of Music and is now a vocal coach, drama coach and personal presenter.

With Christmas just around the corner, Jayne believes singing lessons would make an ideal present. She said, "Singing would be an amazing present for anyone wishing to follow such an inspiring and exciting method of producing 'vocal sounds' in a way they have never before experienced."

Jayne Marshall takes pride in all her classes and students, "I have been gathering in new clients who are troubled with a lisp which has been troubling them for some time, usually from childhood. I love a new challenge, easing people into a much better frame of delivery which immediately brings a smile to their face, in

light of the knowledge that most things in life are possible."

Her enthusiasm is shown through her willingness to teach clients with a different range of abilities, different age ranges and focused one-to-one sessions. A couple of her many positive testimonials include, "Jayne has given me more confidence than I could ever have thought possible. I feel so much more relaxed now when facing a public audience." And, "this lady has amazing skills, is patient, kind, smiley, and welcoming. Her intuition, depth of feeling for voice and sound, plus deep knowledge overall is such a relief after having tried other vocal coaches."

Jayne's students are in constant praise of her and respect all of her hard work and help. Another student even commented, "I can hardly believe it's Monday again so soon, and here I am for my enjoyable and so instructive lesson, I truly love being here."

T +44 (0)208 399 9543
M +44 (0)7773 018829
www.easyvocals.co.uk

JAYNE MARSHALL
VOCAL COACHING

THE 1:1 DIET by Cambridge Weight Plan

- Do you feel your weight is affecting your health or everyday life?
- Sick of yo-yo dieting?
- Have you tried many other diets, but nothing works for you long term?

You're in the right place



For more information please get in touch...

Tel or Text **07784333851**

Email: eileen/1943@hotmail.com

The weight loss and/or timeframes are particular to this slimmer. Everyone's weight loss journey is unique to them

Guarantee to You

We've been enabling 100's and 100's Clients just like you to transform their lives since 1984. Our past Clients are happier, healthier and living lives they only dreamed about.

Our understanding of YOU and your lifestyle, together with a passion to help you, result in successfully losing weight, being accountable, supported and never feeling alone.

Being full-time YOU, our client's, are our focus. Armed with extensive experience, your results are going to be life-changing.

Even if weight loss feels a wishful dream, getting in touch for a no-obligation, free consultation will result in your success



How to get started...

We will need to know your;

- Weight
- Height
- Whether you have any health conditions or are on any medications
- Whether you have had a baby or operation recently

Results...

Lose either a little or a LOT of weight – Hit target weight FOR REAL, this time

Got a special event? We can work out a schedule to do it by then

MAKE this your year to get healthy and look and feel AMAZING

Helping You...

YOU are individual. All of our clients have different lives and you all face different situations and challenges We are there for so many people, just like you, to take those steps, turn life around and realise your dreams.

We will keep in touch with you between sessions (plus What'sApp/FB contact for clients).

Fully stocked home Diet Centre - all flavours in stock

We are highly experienced full-time Consultant's covering Leicestershire.

We are in the top Diamond Consultants in UK and Ireland.



Aspiring Future Competence Inspires Positive Change



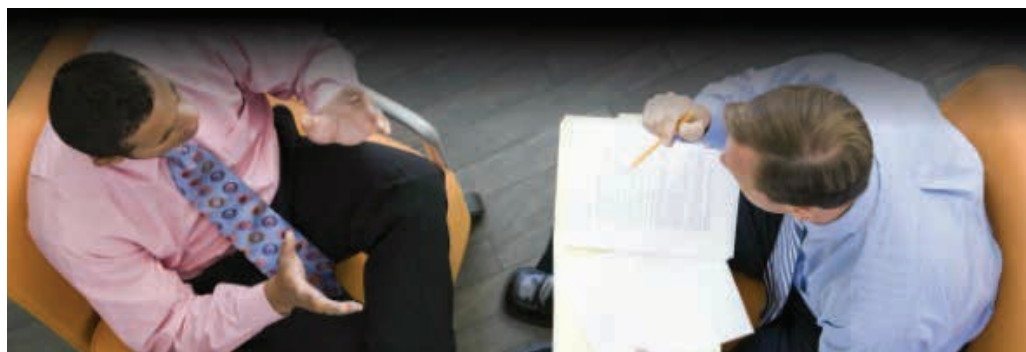
AFC. The award came as no surprise to the AFC's staff or clients, as the work that the team put in to helping the people they are approached by renders the company deserving of nothing less. For more details see the information below.

Contact

T 0845 618 2879

M 07702 818665

www.afcconsultants.co.uk



Coaching and learning are integral to the growth of any person, business or organisation, however are often in lacking in the professional community. In 2002, AFC (Aspiring Future Competence) consultants Director and Author Andree Funnell identified the absence of developmental support rife amid both corporate and personal capacities and set about generating an attitudinal shift in the way in which we consider ourselves and the environments within which we exist.

Andree has an impressive background in coaching and development, having worked with individuals struggling with their mental wellbeing, drug and alcohol dependence, financial issues and marital problems. Andree understands the oftentimes dark complexities of life, as she understands the how crucial it is to see past them, and to a brighter future. With her extensive knowledge on constructing positive change, Andree has developed a unique range of programmes aimed at bettering individual and business wellbeing.

Being a qualified professional trainer, coach and NLP practitioner, Andree is well equipped with the skills that necessitate running a company of AFC's calibre. The company offers a spectrum of programmes, each designed to help its client or clients evolve positively. The bespoke range of courses and strategies that the company provides are all tailored to work towards the outcomes that the client feels necessary to achieve. AFC holds experiential and interactive learning as two imperative facets of human progression, and subsequently builds the programmes that it delivers around participatory engagement. AFC develops and implements workshops, coaching programmes and training plans that propel individuals and organisations into the futures that they deserve.

Due to be published this year, Andree's literary debut 'Behind the Mask' details the importance of living authentically, and sticking by one's true values. The book is based on a training programme developed by AFC which has frequently been delivered to client organisations as an in house programme and as a coaching programme to private clients, and acts as a self-help tool. Centring on self-reflection, the book empowers and enables its reader to acclimatise to the person they really are, and to establish a comprehension of the values with which they can positively live their life.

Having already been awarded 2019's Most Outstanding Individual Training Services in The A1 Global Excellence Awards, the following 12 months are looking bright for



AFC - ASPIRING FUTURE COMPETENCE

Aspiring Future Competence inspire people through a journey of growth and self development to maximise potential in their lives.

What AFC offer....

15 years' experience in facilitating the development of individuals and teams through the delivery of interactive, inspirational learning solutions and one to one coaching.

Our strength is our ability to understand people, their values and needs and to unlock this potential for the future.

Passionate about developing others both in business and personal arenas in terms of soft skills in particular with regard to behavioural change, human interaction.

Relationship building to achieve improved business and personal performance and effectiveness.

"Our strategy is the inspiration, empowerment and self-belief that is who we are"



Aspiring Future Competence
2019's Most Outstanding
Individual Training Services - UK



AFC are committed to delivering personal and business transformation and behavioural change for our clients, by helping them discover new tools and techniques to bring about positive change and empowerment. We believe that people develop with experiential and interactive learning and therefore the development solutions are both fun, engaging and not merely tutorial led.

For more information please contact us on;

Mob: 07702 818665 | Tel: 0845 6182879

email: training@afcconsultants.co.uk

afcconsultants.co.uk

Palma Palmer

LIFE COACH MENTOR PUBLIC SPEAKER

HEALTH & LIFE COACH CERTIFIED

How to Break Free and Create a Happy & Successful Life!

Confidence Transformation Coach

"Would you like lasting Confidence, I can help!"

- Physical / Health
- Personal / Social
- Work / Career
- Family
- Spiritual
- Financial
- Mind / Intellect
- Born To Win!



Collaboration With Fusion Leatherhead
Monthly meetings in the Boardroom.

20th March & 24th April 7-9pm

For more details contact:

Palma Palmer - 0791 994 7590

hello@palmapalmer.com

www.palmapalmer.com



So good they named her twice

Based out of Leatherhead, Surrey, Palma Palmer is a life coach, public and motivational speaker, and confidence transformation coach. Driven by a passion for effecting positive change in people's lives and building up people's confidence so they can effect this change themselves, Palma is both well-endowed with experience and a genuine desire to help.

Like many, if not all of Palma's clients, she herself was subjected to a traumatic event in her life which was to have a huge impact on her. Staying true to her spirit, however, Palma did not let this trauma take over her life and rather has allowed the traumatic event to push her to help others more and more fervently than ever. At the very core of what Palma does is a genuine and intense desire to better the lives of others and make people happy. It's that simple.

I had the pleasure of speaking to Palma, who explained to me that being selfless and giving 100% to affirming positive change in people's lives is what she's always been passionate about. Indeed, Palma has been in the business of life coaching and confidence transformation coaching for over 25 years and it is a fair statement she has amassed a real knack for getting the best out of people, and if I said I wasn't motivated after our conversation, I'd be lying.



Though Palma has been honing her craft for over 25 years, it is only over the past two years she has taken the leap of faith, starting her own business and never looking back. Palma is proud to offer the following services to clients of all ages and backgrounds: Confidence Focus, Business and Personal Goals, Empowering and Transformation, and Customer Excellence and Upselling. The Confidence Focus course, centred on Inspiration, Motivation and Clarity is on a 1:1 basis and is comprised of five sessions. Business and Personal Goals is comprised of ten sessions and gives instant inspiration and motivation, while Empowering and Transformation and Customer Excellence and Upselling are both one day workshops.

Palma is a big believer in action, in taking action to make positive change in one's own life, and not just talking about making changes. All that Palma asks from clients is 100% commitment. Combine that with Palma's powerful and inspirational coaching, and the client is almost guaranteed to see results.

To view Palma's range of services – online, face to face, and over the phone – visit her website or get in contact using the details below.

Contact
M 07919 947 590
palmaesteem@outlook.com
www.palmapalmer.com



Weddings & Special Occasions

Get Your Party Started with Synthesize Events

Michael Duncan began DJ-ing at the tender age of 13, and in the 19 years since, his passion has only grown. With inspiration coming initially from watching other DJs set up and perform at his mother's bar, Michael strives to leave his audiences feeling as excited and ready to dance as those DJs left him.

Michael's company, Synthesize Events, is in its fourth year and expanding fast. Michael informed me that so far this year, he has had merely one weekend off, which is indicative of his growing popularity and reliability. Michael can offer a range of musical styles, from the 1960s up to today, at the request of the client. Although, he tells me that he has a particular love for music from the 1990s and 2000s.

Synthesize Events can cater for just about any event requiring music, whether it is a wedding, office party or private function. The company is constantly upgrading its equipment, to ensure that the quality of sound offered is always of the highest quality, and exceeds the realms of what can be simply described as adequate. As well as sound, the company is able to provide lighting solutions for those that require them, only adding to the vibrancy that Michael is able to bring to a client's event.



In the foreseeable future, Michael plans to offer a unique service to clients, where he will make mixes available to hire out, for those that do not want or do not have a budget that will stretch to hiring Michael personally, along with the lighting and sound equipment needed. This will involve Michael accepting a selection of music chosen by the client, and subsequently creating a professional mix out of it. This can in some cases simplify music solutions for a customer and eliminate larger costs.

Synthesize Events will surely continue to grow, while adding to its already gleaming reputation. Michael's flexibility and versatility is what sets Synthesize Events apart from its adversaries, and will surely propel the company into an ever expanding and bright future. For more information, visit the company's Facebook page below.

T: 07791302390
www.facebook.com/SynthesizeEvents



BIRTHDAYS

WEDDINGS

OUTDOOR EVENTS



WE CATER FOR ALL

We make sure you're event is one to remember

 /SynthesizeEvents

CONTACT - MICHAEL DUNCAN

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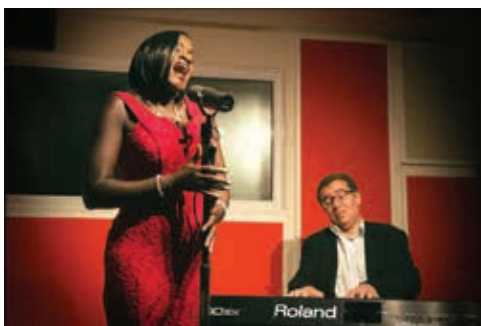
Wedding & Special Occasions News

Experienced Weddings and Events Pianist

As a highly experienced and reliable pianist, Dennis Elvie has performed at numerous different venues and events during his impressive career. Dennis began learning music in primary school, and won a scholarship at the age of 12 to attend Trinity College of Music London on Saturdays, where he learned violin, piano and general musicianship.

Six years later, Dennis became a full time student there, attaining a LTCL on violin, LTCL on piano under the direction of Simon Young, and a First Class Hons GTCL qualification. After this, he studied at University of London, Institute of Education where he attained an MTC teaching qualification and, several years later, a PDME.

With such a remarkable selection of qualifications and thousands of successful performances behind him, Dennis can be trusted to provide professional and high quality entertainment for corporate events and private functions, including wedding ceremonies and receptions, and wedding breakfasts. Dennis can perform jazz and pop music with or without a backing track, as part of a duo with a female singer, as part of a five piece soul/Motown band, and even as part of a Tina Turner or Diana Ross tribute band.



If your venue doesn't have a piano, Dennis can bring along his high quality Roland electric piano and Bose PA system, and if you would like the look of a baby grand piano, he can also bring his black Dutchgrand piano shell. Indeed, Dennis' flexibility makes him the perfect choice for your wedding day, whatever music you require!

After a packed six months at the beginning of last year, Dennis continued to perform regularly all the way through to December, with gigs several times a week for customers including international royalty, diplomats, and Lords and Ladies. What's more, he performed in Celeste, the prestigious Michelin star restaurant at the five star Lanesborough Hotel. As well as this, he provided entertainment at numerous weddings throughout London and the south of England and exhibited at ten wedding fairs, and later this year, will be exhibiting at the National Wedding Show, Olympia to over 11,000 people.

If you would like to have a chance to learn from such a highly-skilled pianist, Dennis also offers piano tuition for the aspiring musician. For any further information, his website provides a comprehensive list of repertoire for a range of events, as well as videos, reviews and a gallery. Alternatively, you can get in touch using the contact details below.

T 07808 684 062
dennis.elvie@hotmail.co.uk
www.denniselvie.co.uk

Dennis Elvie

(as featured on BBC TV, BBC radio and SKY TV)

A highly experienced, reliable jazz/pop cocktail bar and wedding pianist -
AVAILABLE FOR YOUR EVENT

(now with the additional option of a Dutchgrand piano shell and Bose PA system)

Besides performing in hotels and at sea, Dennis is available to play at corporate events and at private functions, such as wedding receptions, parties and dinners. If your venue does not possess a piano, Dennis can bring along a top quality Roland electric piano and Bose PA system. Similarly, if you would like the look of a baby grand piano at your event, Dennis can bring along his top quality, black Dutchgrand piano shell*, into which his Roland keyboard will fit.

Dennis can also perform pop and jazz (with or without backing tracks), as part of a duo with a female singer and as part of a 5 piece soul/Motown band, a Tina Turner tribute band and a Diana Ross tribute band!

(NB - Dennis has Public Liability Insurance, to the value of 10 million pounds, through the Musicians Union. His electric piano/keyboards and PA equipment is also annually PAT tested for safety.)



Mobile: 0780 8684062

Email: dennis.elvie@hotmail.co.uk

www.denniselvie.co.uk

A W JONES CARRIAGES

If you are looking for something spectacular for your wedding day or any other special occasion such as an anniversary, christening or even a school prom, why not travel in traditional style, from a much gentler era of horse and carriage, and arrive at your destination with a feeling of old English elegance and pride.

Whites Hill Carriages has recently merged with A W Jones Carriages, managed by Tony Jones. A W Jones Carriages has been a very successful horse and carriage business for more than 25 years and has provided beautiful horses and carriages for weddings, school proms, birthdays, anniversaries and other special occasions. Tony also offers pleasure carriage driving experiences which are very popular.

Whites Hill Carriages is managed by Mark Phillips, an experienced horseman, coachman, and farrier for more than 30 years, with his team of experienced professional grooms. Together they pride themselves in presenting beautiful horse-drawn vehicles to make any special occasion unforgettable.

The ultimate experience for anyone is to arrive at their destination in an impressive coach pulled by four stunning horses wearing traditional beautiful harness, accompanied by a coachman and his grooms dressed in full traditional livery.

Why not make your day spectacular and impress your guests. Whites Hill Carriages will consider any occasion and welcome any enquiries. We strongly recommend you visit us so we can talk through what you are looking for. You can meet the horses and the look at the vehicles we have to offer. We look forward to meeting you.



07831 507 113

enquiries@awjonescarriages.co.uk

www.awjonescarriages.co.uk



HAT TRICKS



If you want to create an impression or stand out from the crowd, we have the hats you are looking for.

From events such as a garden parties to a day at the races, we have the ideal headwear for you. At Hat Tricks, we pride ourselves on having a wide range of hats available to suit any occasion. Whatever your budget, we have the hat for you.

Our extensive selection of accessories for women includes jewellery, designer headwear, handbags and much more.



Unleash your personality with our hats:

- Formal hats
- Ladies hats
- Men's hats
- Weddings
- Royal garden parties
- Funerals
- Hats for Ascot
- Investiture ceremonies

Tel: 01420 86499

13 Westbrook Walk, Alton, GU34 1HZ



Considerate and friendly support for those living with dementia

The Hunter Centre is a charity which was established to support those living with dementia, not just individuals with the illness itself, but also their carers.

Based at Marjorie Gray Hall in Haslemere, Surrey, The Hunter Centre is a secure site with a beautiful garden. It is close to Haslemere Health Centre, Haslemere Hospital, and is a short walk away from the centre of Haslemere. In such a convenient location, The Hunter Centre is the ideal choice to offer expert care and support for those with dementia, offering peace of mind for carers that their loved ones are being well looked after.

Offering day-care four days a week, The Hunter Centre provides varied activities to promote social stimulation. "We don't have a set schedule of activities," explained Elaine Clement, Operations Manager. "We base everything we do around the individual's interests and needs, and what would best help them during the time they are with us. We cover high-need patients, and our provision of care means that individuals can stay in homecare for much longer, and therefore remain a member of the community for an extended period of time."

Indeed, the staff at The Hunter Centre understand that each client is an individual with an interesting background, and so they work to discover their life history, likes and dislikes, daily routines and emotional and physical needs. All activities are led by fully trained staff, and the centre also welcomes outside entertainment, such as musicians and even a mobile farm!

As well as offering day to day care for individuals with dementia, The Hunter Centre also hosts a Carer's Café on the fourth Tuesday of every month, in order to offer support and advice to carers. This can sometimes involve

a visiting specialist covering issues surrounding such as law and finance, ensuring carers are fully informed and supported when looking after their loved ones.

"I recently took part in Dementia Action Week, where I went around the community to raise awareness of dementia and the care we can provide here at The Hunter Centre," Elaine told us. "We would eventually like to expand to offer care for five days a week, to make sure we are supporting people as much as we possibly can."

If you would like to discover more information on the excellent care facilities at The Hunter Centre, or find out how to donate to this fantastic charity, head to the website or get in touch using the contact details below.

Contact

T 01428 654710

www.thehuntercentre.co.uk



The Hunter Centre is a charity established to support those living with dementia in Haslemere and the surrounding areas. No County boundaries exist and everyone is welcome who feels they could benefit from being in a small friendly community which understands the problems associated with dementia.

The day care facility operates from 10am until 4pm from The Marjorie Gray Hall, Grayswood Road, Haslemere GU27 2BW and initially was opened on Monday, Wednesday and Friday on 17th July 2017.

On 5th April 2018 the opening was extended to include Thursdays. Most clients have medium to high needs but an assessment is carried out by our Operations Manager or her Deputy with their Carer present on a first visit to the Centre for all parties to decide if they feel it is the best place to be. Socialisation for the clients is important as are activities to stimulate their brains and this will be discussed at a first visit.

Once registered at the Centre, Carers can finally feel they can comfortably leave their loved ones for a few hours for some much needed respite.

The Hunter Centre

Marjorie Gray Hall, Grayswood Road, Haslemere, Surrey, GU27 2BW

T:01428 654710 or 07482 464 322 | E:manager@thehuntercentre.co.uk

Classical Biers

T 01476 530632 | M 07711 181934
peter.moles@classicalbiers.co.uk
www.classicalbiers.co.uk

Classical Biers are designed & manufactured individually in the UK to your specification.

Using traditional materials and built by craftsmen.

They will appeal to Funeral Directors, Woodland Burial Trusts, Councils, Cemeteries and Crematoria who feel they wish to transport Coffins around their domain with dignity, care and consideration to the environment.

Biers also assist with the Health & Safety of their employees, and importantly allow the Mourners to be an integral part of the burial.

The Classical Bier allows all who participate in a Woodland or Greenfield Burial, to walk beside or help to push their loved one to their final resting place with dignity and care.

Practically eliminating any chance of a Coffin Bearer slipping or stumbling and causing the possibility of dropping the Coffin. Minimal chance of Back Injury or a Hernia by carrying a Large Coffin, just a sedate trip to the grave side whether it be in the Local Cemetery down the road from the Church or across a wet and uneven field to a peaceful grave amongst the trees and flowers in our beautiful countryside.



Beautiful Bespoke Tapestry Kits from Fernsby Hall

Based in Furneux Pelham, Hertfordshire, Diana Fernsby began stitching tapestries from a young age after being taught by her Nanny. Her experience and passion grew over the years and this is evident in the stunning tapestry kits she now sells, which are based on the artwork of her lifelong friend, Catriona Hall.

We spoke to Diana about her inspiration for the business: “I watched as Catriona grew and developed her artwork, and I began to realise the paintings were perfect to turn into tapestries, and luckily she agreed.” Indeed, during the 20 years that Diana spent organising charity art exhibitions, it was always Catriona’s paintings that sold. Now, you can recreate these unique paintings yourself and display them in your home thanks to Diana’s spectacular tapestry kits.

There are currently over 30 kits available, but this selection is ever-growing as Catriona paints new pictures to inspire the tapestries, making them anything but old-fashioned. Each kit contains a photograph of the original tapestry, instructions, tapestry wool, a needle, a printed canvas and a helpline if you get stuck. The background wool colours can also be modified to suit the customer’s needs, as long as you send in a colour sample.

After you have completed your tapestry, which typically takes between three to six



months, Fernsby Hall offers a ‘Making Up’ service which turns your finished tapestry into a cushion or framed picture. This can be from as little as £40 depending on your fabric and edging choices. Furthermore, Diana offers lessons on how to stitch the kits and how to do the cross stitch and embroidery to embellish the piece. With the end result being so beautiful, it is easy to see how a complete beginner can become hooked.

Diana’s wide-ranging customer base is a testament to the excellent quality of her kits, selling them as far away as Canada, Japan, Australia and the USA, as well as the whole of the UK. If you would like to find out more information, head to the website or use the contact details below.

01279 777 795
Kits@fernsbyhall.com
www.fernsbyhall.com

Restoring and Creating Rocking Horses for 40 years

The Rocking Horse Shop was established by Anthony Dew in 1976, who used his craftsmanship in woodwork to produce the shop’s iconic traditional rocking horses. Moving forward, The Rocking Horse Shop has maintained a successful 40 years in business. Based in Fangfoss, near Pocklington in Yorkshire, The Rocking Horse Shop has seen a multitude of advancements with expansion reaching a global scale. In fact, The Rocking Horse Shop ships internationally all over the globe.

The Rocking Horse Shop maintains a selection of services including courses, restorations, hand-carved horses and a variety of products/accessories to match! Experts in producing luxury commissioned rocking horses which are completely authentic and can be bespoke, The Rocking Horse Shop is a haven for woodworkers and hobby enthusiasts. They feature fully built rocking horses and a vast range of packages with instructions to assemble your own rocking horse!

With a wealth of customised options for customers, The Rocking Horse Shop can tailor their Rocking Horses to feature colours, text and design requested by their customers. Notably these traditional horses make wonderful additions within nurseries and have been highly requested among new parents/grandparents, and can be tailored to include brass plaques to feature personalised text and dates.

Another vital part of the services that The Rocking Horse Shop produces is their restoration service. Through expert craftsmanship and tender love and care, The Rocking Horse Shop endorses that no horse is beyond repair! All rocking horses are in fact restorable with the right attention to detail and that is where The Rocking Horse Shop sets itself apart. Restoring breaks, chips, paint, wood and a plethora of other requirements, The Rocking Horse Shop gives new life to a treasured family rocking horse, no matter the age. Also on offer, The Rocking Horse Shop provides Restoration Kits, which contain all the accessories and tools to enable customers to renovate their own rocking horse.

“We offer a full restoration service,” James continued, “for any and every type of old Rocking Horse. We can restore woodwork, paintwork and replace accessories such as tails and manes.”

Never taking away from the origin of the rocking horse, The Rocking Horse Shop’s highly skilled team of craftsmen enhances their classic style through the restoration process. Including the customer throughout, they also offer a free consultation/quote service if you send in a picture of the



rocking horse – to establish the right process of restorations for you. With customer satisfaction being of the utmost importance to The Rocking Horse Shop they also produce a memory stick containing photos of the whole restoration process, enabling the customer to be part of every detail of restoration and allows peace of mind that your rocking horse is in good hands.

Also on offer are a range of plans, timber kits and accessories to help any home wood worker to make their stunning Rocking Horse.

A personal touch on a classic, the rocking horses make a great addition for many households and have even been featured within time capsules.

For any more information please see below.
T 01759 368 737
info@rockinghorse.co.uk
www.therockinghorseshop.co.uk

FERNSBY HALL

Fernsby Hall Tapestries

Tapestry Kits produced by Diana Fernsby from the original paintings of Catriona Hall

Beautiful Paintings made into Amazing Tapastries

Kits for each design, consisting of:

- The printed canvas
- The correct quantity of Appleton tapestry wools
- A photograph of the stiched kit
- Easy to follow instructions
- A needle • A helpline

For more information please get in touch on;
Tel: 01279 777 795 | Web: www.fernsbyhall.com

The Rocking Horse Shop

FANGFOSS, YORK, YO41 5JH Tel: 01759 368737
Finished Horses | Carving Courses | Restorations
Accessories & Hair

CARVING COURSES

Why not come and learn how to carve and craft your own wooden Rocking Horse, a real family heirloom and a fantastic Christmas Present.

- Timber Included
- Small Classes
- Expert Support and Tuition
- Over 40 years of experience

TIMBER KITS

Planed, thicknessed & band sawn to shape, ready for you to get straight on with the assembly & carving of your own chosen project – the interesting part!

- Kits available in range of sizes and prices
- Hardwood parts are kiln dried Tulipwood & Ash
- Plywood kits are precision CNC cut

PLANS & ACCESSORIES

We have designed 16 different plans from a simple weekend project to the full size Traditional Rocking Horse.

- Actual size drawings
- Comprehensive instructions
- Step-by-Step illustrated guide
- Range of accessories to finish your project

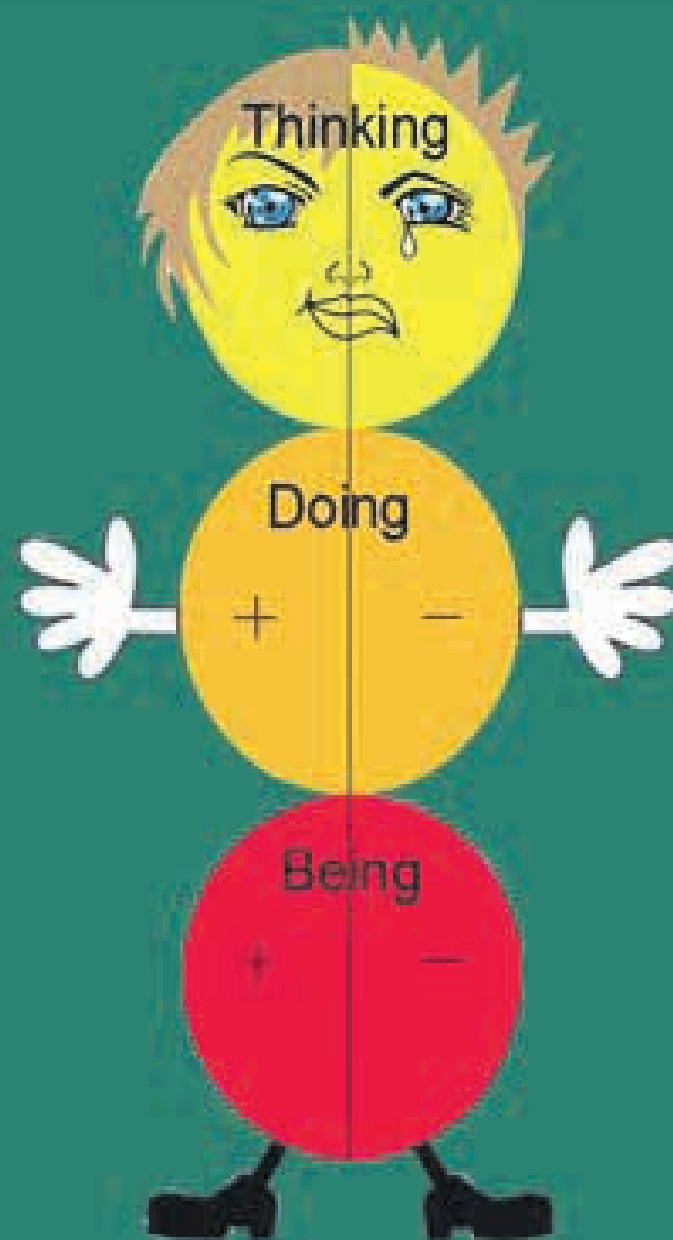
www.rockinghorse.co.uk
Designers, Makers & Restorers Since 1976

Exploring Emotional Literacy

Anthea Harding

Are you concerned because your child doesn't seem ready to start school?

If already at school does it appear that the other pupils are forging ahead leaving your child isolated? Was your child a premature baby or do they have an August birthday making you feel that they are already at a disadvantage? I support both children and parents/caregivers who are in any of the above situations. I also support children who have experienced a slow start or interruption to their early development enabling each child to immediately begin flourishing.



Emotional literacy teaches us how to respond particularly when we experience negative emotions. That is, to look at our options and make decisions about our behaviour in order to achieve the best possible outcome for ourselves. As a result we are able to thrive, achieve a good academic standard and enjoy excellent mental wellbeing

For more information, please contact Anthea on:

07771 698075 | www.antheaharding.co.uk