

LEISURE

SOLUTIONS UK

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THE BEANIE THAT GLOWS IN THE DARK

The Fashion Statement that
really gets you seen



The Joy Salem Touch
see on page 6

The Reel Poster Gallery
see on page 15

Just in case
see on page 18

“PATRICIA BEING
PRESENTED WITH THE
MBE BY HER MAJESTY
QUEEN ELIZABETH II”
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Original Movie Posters

Featuring a wide variety of companies from across the UK and Sent via email to 100,000 UK Consumers Aged 18 +.

Editors comments

Hello & welcome to Leisure Solutions UK!

The team at Solutions UK has been working extremely hard to bring you an issue that is full of innovative and exhilarating companies and we are very excited to share their success and achievements with you.

We have searched the length and breadth of the UK to bring you some of the most ground-breaking innovations and this month we are overjoyed to be highlighting the activities of Primera and Enimac.

Firstly, we would like to focus on the work of Lady Toast Master who this month features on our first front cover!

Secondly, we are featuring The Reel Poster Gallery with over 20 years experience dealing in the world's finest movie posters. For more information, turn to page 15.

I hope you enjoy reading this issue of Leisure Solutions as much as we have enjoyed bringing it to you. Happy reading and we hope to see you for the next edition!

Ian Hayward

Editor

Leisure SOLUTIONS UK

For all advertising & sales enquiries
please contact Ian Hayward
0121 241 8788



FIND US ON:



Food & Drink News

Enjoy Your Stay at The Buck Inn



If you are interested in good food, real ale and quality accommodation, and if you appreciate excellent customer service and a homely setting, then you really must venture to The Buck Inn at Chop Gate.

The North Yorkshire-based guesthouse can be found between Stokesley and Helmsley in the North York Moors National Park, where it is managed harmoniously by husband and wife team Helen and Wolfgang. Having owned and run the Buck Inn since 2010, the couple are pleased to offer all visitors a warm and friendly welcome, whether those passing through its doors are looking for a social drink, a warming homemade meal or a relaxing overnight stay.

The traditional inn is set in Bilsdale in a prime countryside location in close proximity to Wainwright's Coast to Coast (just 2.5 miles from Clay Bank Top). A complimentary lift is offered to walkers of the Coast to Coast and Cleveland way from Clay Bank top and returned there to continue their journey in the morning. What makes The Buck Inn particularly attractive is the fact that it is a smoking free

facility featuring an allergy/diet conscious restaurant. This customer-oriented approach means all guests can rest assured they will receive a hospitable response should they make any specific requests to cater for their dietary need. Gluten intolerant guests are catered for.

Serving a delicious range of English and German meals, the eatery changes its menus frequently in order to make the most out of seasonal produce. This ensures that hearty dishes can be made fresh with locally sourced ingredients. The German beers on tap and wines available make a perfect accompaniment for an even greater dining experience.



The Buck Inn
Chop Gate

Guests staying overnight can enjoy a freshly cooked breakfast in the morning, cereal, fruit juice and toast and jam are all included in the reservation. Priced per room per night, rates are subject to change prior to the booking confirmation.

The comfortable accommodation is suitable for all. The six en-suite rooms includes double, twin and family rooms. All are situated on the ground floor for easy access. The hotel has a large car park. The rooms are ensuite and are fully equipped with modern amenities, incorporating 22" flat screen TV's with built-in DVD player and Freeview for entertainment. They have tea and coffee making equipment for refreshment.

In addition, there are laundry and drying facilities available for people walking the coast to coast & Cleveland way and lock up facilities for cycles & motorbikes (as a motorbike friendly location). There is even an outside sitting area, which can be found in the garden.

If you would like to find out more please get in touch with The Buck Inn.

Contact
T 01642 778 334
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What's On



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Dance for all Abilities with SameDifference



SameDifference was set up in 2009 by Ann Hinchliffe in order to share her love of music and the benefits it brings.

The company was built upon the

research that music can have major beneficial effects on people's breathing, balance, posture, sociability and creativity. SameDifference travels to different residential homes, care

homes, day centres and a host of other community centres in order to teach the important of music, rhythm and dance. They hold active music sessions that incorporate a mix of active music and folk music intertwined with informative techniques and insight honed after years of professional experience.

Participants can pick their favourite songs, take part in discussions and play musical games with boom-whackers and other percussion instruments. They can be taught a fun and dynamic chair based dance using ribbon-streamers, morris sticks and bells, and also create harmony together using rounds or simple instruments such as chime bars.

Founder Ann commented, "If you live in a residential home or have mobility problems, you can't drive off to a concert or barn dance with the freedom most of us enjoy. As a teacher with 30 years' experience, specialising in communication, I use and train my colleagues to use inclusive techniques such as Makaton signs, picture prompts and linguistic awareness to support people who struggle to communicate. Some of my musical colleagues are themselves trained nurses and support workers for people with disabilities, so we scrutinise everything we do to offer the highest professional standards.

"My love of music and passion for equality is what inspired me to set up the company. I know how much pleasure and satisfaction comes from the discipline of making music and, having worked with many disabled people, I understand how restricted some people's lives have to be. My personality and professional skill can support their right to a creative life. I began with "Let's

see if this will work" and, despite many mistakes along the way, it has!"

Although SameDifference is based in Yeovil, Somerset, Ann travels all across the UK to teach or attend festivals. In addition, Ann, music leader and director of SameDifference, is a historical dancing master at Barrington Court (National Trust). This adult education tutor has been a keen folk dancer since she was a child.

The classes and workshops are all thoroughly structured with follow up materials and Ann brings forth skills from a multiple of sources, her ceilidh dance background, morris dance influences, historical dance enthusiasm and more.

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Get Outdoors with Ogdens' Shooting Supplies



Ogden's Shooting Supplies is one of the leading manufacturers of bespoke luggage and bags. With over twenty-five years of experience in the industry, Ogden's has built up a reputation for tailor made, superior quality bags which are all proud to have been made in England.

Ogden's is based in the heart of Lancashire and uses only the best quality leathers, canvas and condura available, combining them with brass fittings, cotton webbings and premium quality clips and buckles. Ogden's supply bags and luggage for a multitude of purposes and have an extensive range suited for hunting, shooting and fishing. On top of that, they have accessories for all aspects of country life. Better yet, as Ogden's offers a bespoke service, customers can choose the specs on the bags and luggage they require.

They have a huge range available, including but not limited to: game bags, trout bags, decoy bags, slings, wallets, gillets, tactical gun bags, full leather slips and canvas slips. The Cambridge range is one of their most popular lines and includes gun slips, game bags and cartridge bags. The Cambridge game bag is particularly impressive as it is made from their three layer Olive gun bag

canvas which has a water proof membrane. With its 3mm bridal leather trim and solid brass fittings, the game bag not only looks the part but delivers as well. It comes with a free removable liner and a strong 2" wide cotton shoulder strap. On top of that, there is also an additional waist bag to stop the bag from spinning around the waist when in motion.

The Heritage single gun slip is another popular item that is made from high quality hide and trimmed with 3mm bridal leather, providing a superb slip. The slip is lined in simulated sheepskin, with gold trimmed fur available on request, and is finished off with heavy duty YYK zips and pullers and solid brass fittings. To prevent stiffness and soreness, a common problem among shooting hobbyists, the shoulder strap features a durable pad to spread the weight and help ease tension. The trigger guard has a retractable grip handle that can be easily folded out of the way when not needed.

The Quickslip bags were developed over a twelve month period and included the input and advice from stalking experts. It went through multiple designs and revisions before



Ogden settled on the perfect product. Tested with a plethora of rifles with scope/bi-mod/moderator attachments, the Quickslip now comes in two sizes to best suit modern day stalking needs. The main bag is made from a drab olive 'ballistic' nylon what has an unmatched strength and durability that is only found in military kits. It is also highly water proof, utilising a water resistant drop liner behind the foam to create a water proof barrier.

With their expertise and high level of care going into every purely British made product, it's easy to see why Ogden's is the first choice

for all bags and luggage to suit outdoor needs.

Contact
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Ogdens Shooting Supplies

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Healing the Past for the Present

Healing for mind, body and spirit' is the overarching motto of Andrea Bell's Healing North, an alternative therapy business that works with people to access deeply held memories as well as heal them of both mental and physical ailments.

Healing North was first established back in 2014 and offered a range of spiritual services, including Reiki, Tarot, Meditation/Guided Visualisation and Chinese Face Reading from its base in Newcastle Upon Tyne. Since its inception, it has added more disciplines to its service; Past Life Regression therapy, Angel Ray Healing and Holy Fire Reiki.

One of the main draws of this alternative healing is the Regression Therapy, which includes Past Life Regression, Life Between Lives Regression and Future life Progression. It uses hypnotherapy to access memories buried deep within the subconscious and features healing modalities as an integral part of the process.

Regression Therapy is especially useful

to people who believe that a past life might be affecting their current life; sourcing them as reasons for physical pain, emotional heartache, fears and phobias, reoccurring nightmares, relationship problems and unexplained attractions or aversions. The therapy will investigate how the past life is affecting the present life and works to heal those issues in order to minimise their impact.

As opposed to many other therapists, Andrea considers the healing modalities to be one of the most crucial aspects of Regression Therapy because experiencing the past life memory and understanding its impact isn't always enough, in isolation, to resolve the issue.

Many of the customers seeking past life regression therapy already have a degree of spiritual awareness and are looking to explore their soul purpose. However, many customers are simply curious about the practise, looking to experience regression for themselves, or wishing to solve a specific problem. Regression therapy is a growing discipline and as new practises

emerge, so too will the services provided by Healing North grow.

Andrea Bell was born a clairvoyant and spent eight years at the Spiritualist Church. During her time there, Andrea worked with the development group and frequently did rostrum work during their services. As her spiritual journey picked up pace, Andrea underwent past life regression herself, and credits this experience as giving her huge amounts of insight and clarity into the issues that plagued her. She realised that some of her current problems could be attributed to her past life and as such, felt compelled to learn more.

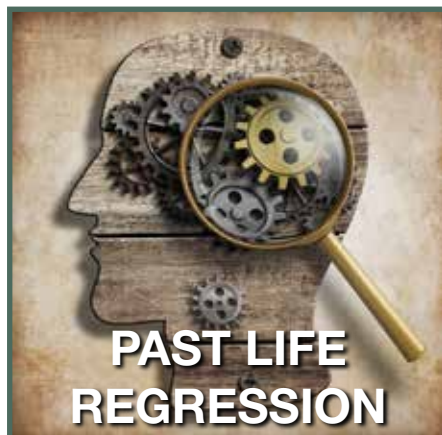
Andrea established her own practise and enrolled with the Kew School of Past Life Regression, where she became qualified as a therapist. Since then, whilst continually broadening her knowledge and skills, Andrea has also undertaken additional advanced regression therapy courses. She has also been practising Reiki for the past twenty five years now and is highly skilled in balancing the body and accelerating the body's healing processes.

To ensure her clients were getting the most possible out of her services, Andrea conducted an online survey during 2016. This resulted in some extremely positive responses and it was very clear that clients were extremely satisfied with their experience, the prices and the services.

Contact
T 07722 823 678
www.healingnorth.co.uk



Andrea Bell



Healing North

**CALL NOW:
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**Healing for
Mind, Body, Spirit and Soul**

Contact
07722 823678
andrea.bell@healingnorth.co.uk
www.healingnorth.co.uk

Healing North
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Newcastle Upon Tyne
NE27 0EP

Transforming the way you think, feel and look

The Joy Salem Touch is a unique and truly satisfying experience which provides holistic facial and emotional therapy for both men and women. Set up by Joy Salem, a highly experienced therapist, these sought after services have helped thousands of people throughout the UK to live a happy and healthier lifestyle, which not only shows in their everyday lives, but on their skin and faces too.

Speaking to Joy, I, myself was engaged by her calming nature and confident tone, instantly feeling like her services are something not to be ignored. Joy, herself is a glowing example of how these services really do work. At the age of 72, she is healthy, active and by far not what you would expect a normal 72 year old to be.

Extremely passionate about her work, Joy is fully trained in non-surgical face lifts and has worked

with thousands of clients who have left feeling extremely happy with the results. However, it was around 17 years ago that it dawned on Joy that it would be great to do something slightly more sustainable. Having worked with many people over the years, Joy understood that who you are and what you are feeling will be directly reflected in your face, especially if you are feeling tired, stressed and run down, your facial features can tighten creating wrinkles and your facial features will suffer.

From there, she began training in the latest therapies to help clients get to grips with who they really are and enable them to let go of the stress of everyday life or past occurrences that are affecting them in later life.

"The better we feel, the better we look and the better we look, the better we feel," commented Joy. "My services help people get to the core of who they really are and what exactly is making them feel stressed and down. Once we have worked on them, we move on to the non-surgical facial, so their faces can truly reflect how they are now feeling from within.

"Everything is kept very light hearted and fun and I always ensure my clients feel extremely comfortable. I don't make any plans before our sessions thus letting them evolve. The service is entirely tailored to the specific needs of each individual."

Using a range of the latest proven specialist techniques including Tapping, Chakra Balancing and Theta Healing, Joy's services

can help with a whole host of issues such as stress, migraines, anxiety, panic attacks, depression, phobias and many more. People of all ages and backgrounds are welcome as Joy can help adults, children, couples and families deal with a variety of issues.

"You could say I am around 3 or 4 therapists in one!" she continued. "I have saved 4 marriages, helped tackle issues which have dated back to childhood and made so many people feel much happier with their life, improving the way they look and feel. Many of my customers are referred to me and I do a lot of work alongside 'Women in Business.' My clients come in feeling and looking like they are carrying the weight of the world on their shoulders and leave feeling relaxed, energised and

at ease, both inside and out."

Joy's practice is based in Radlett, Hertfordshire, within easy reach of both the M1 and M25 and 5 minutes away from Radlett station (First Capital Connect). It is easily accessible from numerous areas nearby, including: Borehamwood, Shenley, Watford, St Albans, Stanmore, Edgware, Harrow, Potters Bar, Barnet, Bushey, Elstree, London Colney and Mill Hill and offers ample free parking.

Joy loves talking to people about her therapies so please do feel free to contact her to find out more, including details of current special offers.

T 01923 854 154
www.thejoysalemtouch.co.uk



Joy Salem receives the Award from our journalist

The Joy Salem Touch *Holistic Facial Therapy*

The Joy Touch is a unique holistic facial and emotional therapy for men and women which has evolved over Joy Salem's many years in practice. It's based on two simple, yet absolutely inarguable facts: the better we feel, the better we look and the better we look, the better we feel.



Joy's facial and other therapies are so successful because it's not just your outward appearance she works on, but the emotional experiences, issues and stresses that play a part in all our lives. As she puts it, "I work on the whole person, both the heart and the head!"

Joy's years in practice have seen her consistently expand the range of therapies she offers, at the same time as developing an unrivalled expertise in reading and meeting specific and individual needs, but when it comes to testimonials, Joy believes her clients should always have the last word:

"Feeling radiant after the 'Joy Salem Touch'. Craig Rowe from QVC shares his wonderful experience at The Joy Salem Touch."

"Joy always takes her time, talks to you, gives you advice on how one should treat their face and you are feeling like you are having a very special treat."

"She brings a smile to your face, as well as a glow."

Please visit: www.thejoysalemtouch.co.uk
Contact: +44 (0)1923 854154 / 07801 252316

Alpa Pabari Quantum Coaching
Theta Healing Online Sessions & Courses



Theta Healing teaches how to use our natural intuition, relying upon unconditional love of the Creator Of All That Is to do the actual "work". We believe by changing your brain wave cycle to include the "Theta" state, you can actually watch the Creator Of All That Is create instantaneous physical and emotional healing.

Upon learning the technique of Theta Healing, you will see that everyone has intuitive abilities that can be used to bring about spontaneous physical and emotional healing. Using this personal process, you will be able to help yourself, as well as friends and family.

For more info or to book an appointment visit www.alpapabari.com
Or you can phone Alpa on 07935 813515

Healing from the Inside Out
with Alpa Pabari



Alpa Pabari Quantum Coaching offers Theta Healing® sessions to help with physical and emotional well being. The service is run by Alpa Pabari, a Londoner with a background in Pharmacy who now helps people dispel their emotional clutter so that they can move forward in life.

Alpa's story is not a typical one. She was born into a family of pharmacists and medical professionals and grew up to enter the same field. Whilst working as a pharmacist, Alpa became increasingly unwell. No amount of medication or referrals helped, and Alpa was forced to look outside of mainstream medicine.

What she found was Theta Healing® and after just one session, she recovered. She returned to work, beaming with energy, much to the surprise of her peers, friends and family. Stunned by the sudden turn around in Alpa's happiness and energy, they asked for her secret and were eager to learn it only from her. As such, the pharmacist found herself qualifying as a Theta Healing® instructor. Alpa has since added to her list of qualifications, further delving into the world of alternate healing, and is now an Emotional Freedom Technique Instructor, Usui Reiki Master, Advanced DNA 2 Theta Healing® Instructor and Sacred Activations Advanced Practitioner, among other titles.

Theta Healing® emphasises one's natural intuition,

using the unconditional love of the Creator of All That Is. It relies upon the belief that by changing the brain wave cycle to include the Theta state, one can see and access physical and emotional healing.

Theta Healing® was first developed by founder Vianna Stibal. The healing process is a self-help guide that furthers change on all levels; physical, mental, emotional and spiritual. There is growing scientific evidence that toxic emotions contribute to illness and disease and that awareness and control of emotion can have a direct bodily effect. As such, one can increase their chances of achieving optimal health through maintaining a healthy mindset.

It is well known that ill health is often being preceded by an imbalance in personal circumstances. Many people, following traumatic events, suffer a decline in physical health due to stress, anger, fear and sadness. Even small events can accumulate in order to cause ill health.

Thankfully, anyone can benefit from Theta Healing® regardless of background and beliefs as the technique transcends all dogma and religion. Alpa's private Theta Healing® sessions work fast and effectively, with many clients feeling a turnaround in their mind, energy and life in a short period of time. Some, like Alpa, feel an energetic shift after the very first session.

She incorporates compassion and understanding into her sessions, ensuring clients feel comfortable and relaxed and are as open as possible to the process. In addition, Alpa works to get to the root of client's problems and alleviate their issues, ridding them of whatever is making them angry, distressed or confused. For ease and convenience, Alpa Pabari offers Skype, Facetime and telephone sessions which are just as effective as in-person sessions and also save money.

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Gary Herrington - Counsellor, Psychotherapist
NORTHAMPTON NN1, Northamptonshire



Phone
01788 879870, 07980 639578

Website
www.ispc.me.uk

About me and my therapy practice

Are you feeling anxious or depressed? Perhaps you're having problems with anger or aggression, addiction or trauma. Perhaps you've suffered significant loss or bereavement or you're living with a life-limiting condition or illness. Maybe you just want to understand yourself and others better to improve your sense of wellbeing. Whatever your reason for looking for counselling or psychotherapy, it's the beginning of a journey through which you can grow and develop and make personal changes to benefit you for the rest of your life. Research has shown how counselling can make a real difference to our lives, especially within a strong therapeutic relationship. As a psychodynamic therapist and registered member of the British Association of Counselling and Psychotherapy, I believe ethical practice is an essential in providing a safe and secure environment within which my clients and I can uncover and explore their experiences and work through them to emerge with a new sense of resilience and self-confidence. If these are issues that affect you then contact me for an initial meeting to discuss your needs and explore how counselling/psychotherapy might help you. I offer a reduced fee of £30 for initial consultations and for Students and/or Trainee Counsellors/Psychotherapists.

What I can help with

Abuse, ADD/ADHD, Addiction(s), Anger Management, Anxiety, Bereavement, Cancer, Chronic Fatigue Syndrome/ME Therapy, Depression, Disability, Dissociation, General counselling, Health related issues, Identity problems, Loss, Mens Issues, Mental health issues, Obsessions, OCD, Personal Development, Phobias, Post-traumatic stress, Redundancy, Relationships, Self Esteem, Self Harm, Stress, Trauma, Work related issues

Feel Beautiful, Look Beautiful



Here at Leisure Solutions we are delighted to feature Younique and present the contemporary and empowering business with our highly regarded Commitment to Excellence profile.

The social media-based enterprise was founded in 2012 by brother and sister team Derek Maxfield and Melanie Huscroft. Both siblings shared a common goal: to uplift and validate females around the world by allowing them the opportunity to get involved with a self-esteem boosting direct sales company specialising in the promotion of cutting-edge cosmetics.

With the belief that all women should feel valued, the co-founders decided to encourage inner and outer beauty whilst providing individuals with the chance to become a part of a pioneering 'virtual party' for both their personal development and financial benefit.

The business model is structured to allow hundreds of women to join an exciting support network from the comfort of their own home, selling beauty products through an exclusive and easy to manage e-commerce store. After registering, the Younique 'presenter' can immediately start proceedings, making the most out of the informative training sources available whilst being granted access to the Younique Virtual Party System™ and a personal Younique Back Office.

The company has been classed as the first of its kind to market and sell almost exclusively through the use of social media. With its innovative virtual party concept the presenter is opened up to a whole host of selling possibilities, reaching out to an unlimited number of potential customers via online platforms. The process of hosting a party is as simple as sharing a link; tapping into your own connections and resources as

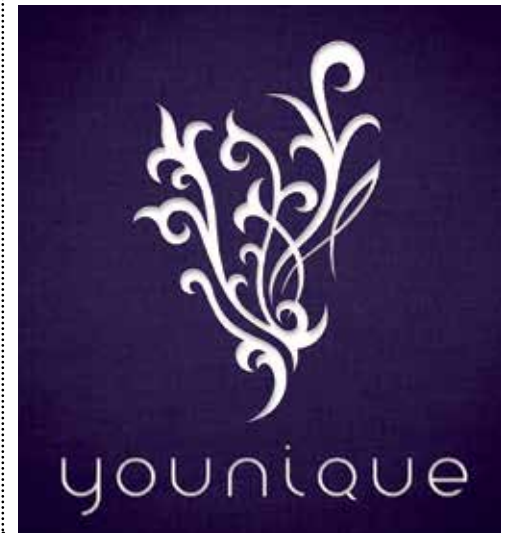
well as utilising Younique's interactive tools.

This opportunity is ideal for those looking to be productive and business savvy in a safe family environment, working self-determined hours to pursue their own income. Once you become a company host you will reap the awards of participation; earning Instant Royalties (commissions) whilst talking about a subject you are passionate about – there's also the likelihood of you making new friends along the way! This proven plan, which is highly flexible in its setup, enables women to unlock their potential whilst remaining motivated by the close-knit Younique family.

The organisation prioritises positivity and spiritual enlightenment with a philosophy centred on a commitment to helping women feel more confident and empowered (by becoming part of a welcoming and fun-filled community). In addition, the ethically-conscious brand ensures to supply a vast range of products of a premium quality; nourishing skincare items suitable for all skin types and nature-inspired cosmetics made using the finest ingredients and scientific blends.

If you are interested in managing your own business, or if you have a love for makeup and would like to share this interest with other like-minded individuals, then please consult Younique today about becoming a brand representative. All you have to do to apply is fill in a form online and a New Presenters Kit will be posted over to you in due course – then your exciting Younique journey can begin!

Contact
T 07957 030877
www.youniqueproducts.com/SarahBlizz



Meet Sarah Blizzard

I'm excited to tell you all about my Younique Story!



younique

How lucky are you!? You hold in your hands the product catalog for one of the best premium-quality beauty companies in the world! I remember the first time I fell in love with Younique—and now, admittedly, I'm a little envious that you get to experience that joy of discovering this amazing company and our superior cosmetics and skincare products! Not only do I love Younique—I LIVE Younique! As a Younique Presenter, I'm afforded the freedom and luxury of being able to work from wherever and whenever I choose. And as your personal Presenter, it is my absolute joy to help you find the Younique products that are the perfect match for you. Whether you need a liquid or powder foundation, longer lashes, or a personalized skincare regimen, I know you'll fall in love with something in these pages. Please contact me if you have any questions. Be beautiful! Be you! Be Younique!

T 07957 030877





White Cross Bay, Lake District

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Regal, Kensington
Bedrooms: 2

Sleeps: 6
Year of Manufacture: 2017

Size: 38' x 13'

About the Holiday Home

A bigger than average fabulous Caravan based on a quiet, private, sunny pitch. The caravan is bright and airy being 38 x 13 this leaves plenty of room for friends and family to gather together and relax.

The kitchen layout has been designed for ease of use, with everything to hand, including cooker with separate grill, a large integrated fridge freezer & ample storage space. The breakfast bar adds more worktop space as well as an informal dining area to supplement the free standing dining table & chairs.

The inviting, light & airy master bedroom in the two bed model has the option of adding a shower or bath to the en-suite, and the large walk-in wardrobe combined with the dressing table ensures the main bedroom is both pleasing on the eye & practical in use.

Contact : Anita Vojtasova

Office: 01539 443 937

Anita.Vojtasova@park-resorts.com

**Address: White Cross Bay Leisure Park & Marina
Windermere, Cumbria, LA23 1LF**

Bagnena - Tuscany



Bagnena lies in the foothills of the Pratomagno mountains which run south from Florence to Arezzo. The area, known as the Casentino, is beautiful and unspoilt. Unlike the well-known Chianti district a few miles to the west, the Pratomagno is peaceful and does not suffer from a great influx of tourists.

The local village of Talla is 5 minutes down the mountain, with 2 local bars, one restaurant, a church, a bank, shops and a beautiful cemetery. Also, guests of Bagnena may call upon an English – speaking resident of the village who is available to assist with information or emergencies.

For more information visit: www.bagnena-tuscany.co.uk

Call: +44 (0) 207 831 9582

MUCH DEWCHURCH COTTAGES



Much Dewchurch Cottages are a mere 5 miles from the cathedral city of Hereford, with good shops, theatre, cinema, leisure centre and horse racing courses and 9 miles from the market town of Ross-on-Wye in the heart of the Wye Valley. In main farmhouse in the peaceful surroundings of 230 acres of fields, woodland and lakes, perfect for long rambling walks, there are four lovely holiday cottages and a large farmhouse that have been converted. They overlook the beautiful, tranquil village of Much Dewchurch with a cider farm next door and the local 14th century pub only 5 minutes walk, many other pubs, restaurants and shops nearby.

With golf, horse riding, fishing canoeing and many more activities at hand. For a great get away to rural England, Herefordshire offers a wonderful opportunity. Its a great base to travel and visit the surrounding areas.

Hereford holiday cottages incorporates a clay pigeon shooting site and a paintballing site all within the ground boundary. Herefordshire boasts 10 golf courses within 10 miles of the holiday farm cottages.

Contact us: Telephone: 01981 540008 Mobile: 07876 793035, Email: handley.scudamore@btinternet.com, Visit: www.goodlifeleisure.co.uk

Seeking Peace and Quiet at the Lavender Cottage



Lavender Cottage is a holiday home in the pretty seaside village of Moelfre, on the east coast of Anglesey, North Wales. Being only a field away from the Anglesey Coastal Path, it offers peace and quiet and a high level of comfort and quality throughout.

Large and spacious, the cottage is fully furnished and caters for up to six guests and pets are most welcome. The lounge has two armchairs, a two and a three seater sofa, numerous occasional tables, a 37 inch TV and DVD and most importantly for the small and big kids it has Wifi! Also there are lots of DVD's, books and games. Decorating the room is a large Chinese rug, lovely coastal pictures and occasional lighting. All rooms in the cottage are heated by storage heaters and the lounge also has an attractive log effect fire which creates a warm and cosy atmosphere.

The dining area has a large table with six chairs, a dresser, an antique oak desk and it leads to the conservatory. The modern kitchen is very well equipped with plenty of cupboards, worktops, a full sized ceramic hob cooker, a microwave, a dishwasher, a fridge freezer, and a washing machine. In addition there are plenty of pans including a steamer set, a deep fryer, a coffee grinder, a filter coffee machine, an electric carver and numerous cutlery, crockery and glasses. The kitchen leads out to the garden and the steps up to the roof garden.

There are three bedrooms, a double, a twin and a guest bedded room with a spectacular sea view, and guests frequently report how comfortable the beds are. Leading from the landing is the doorway to the roof garden. The luxury bathroom has a full sized curved bath, electric shower,



electric radiator and under floor heating. The conservatory is fully furnished with a three piece cane suite, a two seater breakfast table and even a hifi system. It looks out to the lovely and secure back garden where there are two patios, a large one with a table and broly and a smaller one which catches the sun early in the morning. The new roof garden has proved immensely popular with guests, many of whom have used the large gas fired barbecue to cook their recent catch of mackerel, caught just 5 minutes away, and taken up the steps to be enjoyed on the roof garden, which has a splendid sea view.

The cottage is run by Keith Roberts who first came to live in Moelfre in 1974 and who saw the great potential the cottage had as a holiday home. He looks after the cottage

personally and ensures it is always spotlessly clean. He insists that either he or one of his staff greet every guest and escort them to the cottage and give them a friendly and fun tour around, as well as pointing out all the places of interest. He even provides an O.S. map of the island and binoculars for guests to take out with them.

Perfectly situated at the edge of the village, where within a five minute walk you will discover three beaches, a pub, restaurant/tea room, another tea room, a brilliant chippy (with café), and a grocery which also sells newspapers. A five minute drive away is Benllech and this village has three supermarkets, three take aways, a Post Office and a chemist, etc., etc.

Contact
T 01248 410 295
www.moelfreholidaycottage.co.uk



Moelfre Holiday Cottage
Isle of Anglesey

LAVENDER COTTAGE FOR A RELAXING BREAK



PEACE AND QUIET, COMFORT AND QUALITY THROUGHOUT

The owner has done everything possible to ensure that your stay is a thoroughly enjoyable experience and that you return again and again, which actually happens time and time again! This is most definitely not one of those holiday homes where the absolute minimum is provided! Great effort has been taken to make available plenty of seating, side lights, occasional tables, pleasant soft furnishings, lovely pictures and in the kitchen department you should not want for anything.

The cottage sleeps 6, in 3 bedrooms, has a superb bathroom, lovely comfortable lounge, excellent dining area, a good sized modern kitchen, an attractive conservatory which leads to the contained rear garden which has a sea view and 2 patio areas with plenty of seating and a large gas barbecue. In addition there is now a super large roof garden with access from either the garden or the landing. The roof garden has a fabulous view of the sea and the owner supplies a set of binoculars so you can keep an eye on all the shipping in the bay. The owner has actually seen 26 ships at anchor in the bay and at night it looked like Blackpool illuminations! Dogs are most welcome and the area is great for dog walking given the fabulous beaches and the much acclaimed "Anglesey Coastal Path", which is only a field away from the cottage. Part of the garage is also available for storage of cycles, prams, fishing gear and so on.

Most importantly in this popular village we provide ample parking!

T 01248 410295
info@gooddealmarketing.co.uk
www.moelfreholidaycottage.co.uk

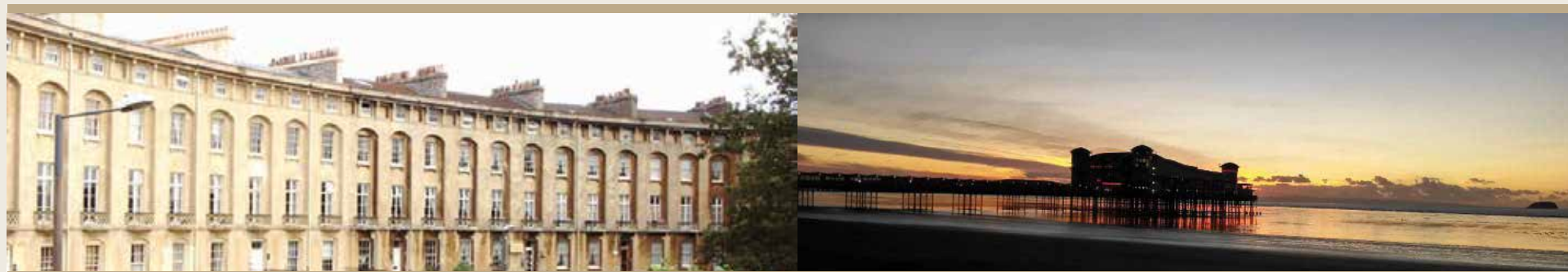


MARTYNDALE SUITES

For bookings please call Diane: 03336 667 490

Clive: 07711 893 637

diane.martyndale@btinternet.com



GET THE REST AND RELAXATION YOU NEED

Martyndale is situated close to the sea and near most of the major attractions of the town. Many rooms enjoy the views of the sea, the pier, Knightstone Island and the promenade. We have no parking here but free parking is available on Royal Crescent and adjoining roads. Weston-Super-Mare is so easy to get to from the M5 via the M4 or M6.

Our holiday accommodation is fully equipped with all the basic amenities you need for a comfortable vacation in Weston-super-Mare. Our flats have either 1 or 2 bedrooms, a shower room, a lounge and a kitchen. From one person to six can be accommodated.

If you are looking for a holiday accommodation that feels like a home away from home, then contact Martyndale.

Weddings News

The Holy Bridal



The Holy Bridal is a unique wedding planning tool which works as an app on your mobile phone or tablet.

Instead of trawling through search engines or old fashioned online directories, this refreshing new concept allows you to find all of the suppliers who are local to you through one simple easy to use portal.

Whether you're looking for a venue, photographer, caterer or dress maker - with over 20 supplier categories, The Holy Bridal can put you in touch with the very best of these in your area.

Available on the App Store & Google Play, this is a **free wedding** app and takes just seconds to register.

Alongside our unique wedding directory, we organise & run wedding fairs up and down the country helping to get our suppliers in front of thousands more brides-to-be.

Follow the links on our website to download or simply search us in your relevant app store and start planning your perfect day today.

Supplier and want to be a part of The Holy Bridal? Please go to our supplier page for more info.

TEL: 07585 380403 (Monday - Friday 9am to 5.30pm)



LADY TOASTMASTER



As your wedding day is one of the most important days of your life, my role as your lady toastmaster is to help guide and support you before as well as on the day itself. I can ensure it is one of the most beautiful, relaxed, and well-planned events you, your families, and your friends have ever attended.

I will work with you on every aspect of your wedding, and can customise my services to fit your needs and requirements. Then on your big day, I will be there to make sure everything goes smoothly and you have the best day possible.

I look forward to your call and being of service to you.

Having been trained to the very highest standards currently available for toastmasters, I have the experience and capabilities to ensure whatever function or event you have planned, it will reach a conclusion that you and your guests will remember for years to come.

I will refrain from participating in any alcoholic beverages whilst working for my clients.

Which means you can be assured that whatever the function you have hired The Lady Toastmaster for you can relax and enjoy your event knowing that a professional is taking care of all the minor details. My role is to liaise with all other suppliers at your event to ensure it proceeds effortlessly to a successful conclusion. I also carry £5,000,000.00 Public Liability Insurance.

I am available for all functions and events, including, but not limited to: Weddings for all cultures including LGBT. Corporate Dinners & Dinner Dances. Themed Banquets & Gala Balls. Masonic Functions & Ladies Festivals. Rotary Club & Roundtable Functions. Birthday Parties. Bar/Bat Mitzvahs. Cocktail Parties. Civic Lunches & Banquets. Award Ceremonies. Conferences. Official Openings. Product Launches. etc.

For more information, please contact Lady Patricia Creighton M.B.E on **+44 (0)20 8668 1076 | M 07885 780149**

Email: **patriciaacreightonmbe@googlemail.com | www.lady-toastmaster.com**



Patricia being presented with the M.B.E. by Her Majesty, Queen Elizabeth II



CRAFTS, UPCYCLING, GIFTS AND DECORATION

SaBitoE (Sandra's a Bit of Everything) was created because I found myself creating different things all the time! I have always liked crafts, so I would try a different medium and see how it would turn out!!

My Fairy Doors, for example, are very cute and get a lot of attention from my customers! They come with Fairy dust which makes it even more magical.

I also like to upcycle furniture. There is nothing more satisfying than seeing an old and unwanted piece of furniture regaining its life again and getting ready to be loved!

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Email: **sabitoe@hotmail.com** | **www.sabitoe.co.uk**



John Runnette

www.runnette.net

John has had a long career as a painter and has exhibited widely over many years principally in England and America.

Overseas galleries include The Joshua Rich Gallery Maddison Avenue, New York City, and Le Grenadier des Beaux Arts Montreal. He has work in many public and private collections.

John spent some time as Senior lecturer in Art at the Maria Grey Teacher training College in London and then became Head of the Department of Art History and Studio Art at Huron University USA also in London. He has been a visiting professor to a number of American Universities including The State University of New York at Potsdam, The University of Vermont, The University of Radford Virginia and Huron University South Dakota.



Working from the beautiful Shropshire hills I create one of a kind sculptures of Animal, Fish and Insect forms.

The combination of nature with machine is central to my practice and offers a common theme throughout the work. The sculptures featured here are made predominantly from wood and metal and are designed for interior display. A range of exterior sculpture and statement garden furniture is also available.

A lot of the work in this portfolio has been made to commission, please contact me with your requirements and ideas.

T 07800 634071 | www.nikburns.com



Twenty-Five Years of the Film Reel Poster Gallery



A world leading destination for original posters, The Reel Poster Gallery will be showcasing their quality range at the London Art Fair in 2017. Taking place at London's Business Design Centre on the

18-22 January, the show will see over 100 sought after pieces displayed which feature everything from of Alfred Hitchcock, Disney, James Bond, Audrey Hepburn and Michael Kane with prices ranging from £750 to £35,000.

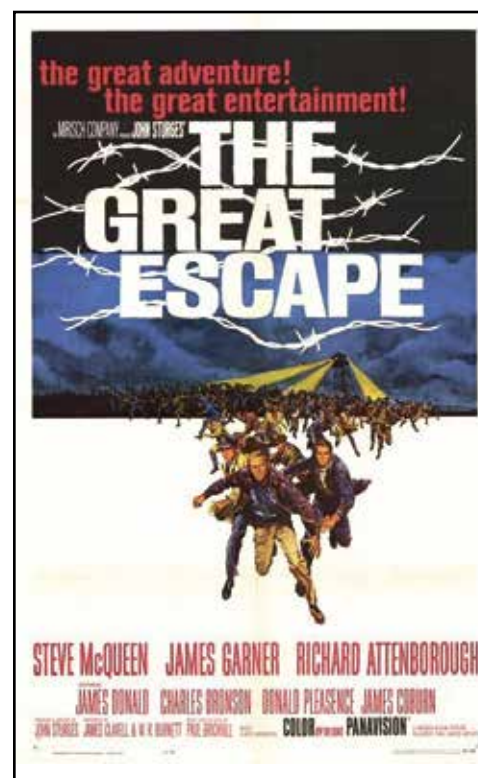
With a passion for all things film, Bruce Merchant, who was originally a sculptor, began collecting posters in the late 80's. Developing a keen eye for detail and creativity, he purchased items from all over the world based on film and the design quality of the poster itself. Within a few years, Bruce's collection had amassed and the business of selling soon began.

Bruce then opened the first brick and mortar store in 1995 on Great Marlborough Street, London before moving Westbourne Grove for 20 years. The gallery is now based in Kensington and can be visited by appointment.

His customers come from all over the world and include high profile figures and institutions. Bruce has even lent posters to a string of esteemed shows, including Design Museum for a Saul Bass exhibition as well as the V&As Grace Kelly exhibition.

The collection consists of many rare,

original film posters from different genres to iconic movie eras. Some posters stretch back as far as the 1910s when modern film was just in its early stages and, better yet, there are foreign film posters available too,



from the Italian La Dolce Vita 1960 to the Japanese poster A Fistful of Dollars 1964.

From one off clients to film fanatics and those that have been buying posters for 25 years, Bruce maintains a solid relationship with customers, providing them with the highest quality customer service as well as fantastic products.

Reel Posters has exhibited at many international arts fairs and the collection is also showcased on the website. Bruce also produces high end catalogues for clients as well as many books on film posters of which he has sold over 1 million copies worldwide.

The Gallery attends to poster restoration, linen backing, framing and hanging and has firmly cemented itself as one of the UK's best poster collectors and sellers.

Bruce is always looking to add to his portfolio, seeking quality posters whether they be one offs or collections from anywhere in the world.

To find out more contact Bruce on 07970 846 703, visit the website at www.reelposter.com or catch them at the London Art Fair on stand G30.

THE REEL POSTER GALLERY

ORIGINAL MOVIE POSTERS

Over 20 years experience dealing in the world's finest movie posters

The Reel Poster Gallery is the creation of Bruce Merchant, who owns and manages the business today.

Originally trained as a sculptor, Bruce started collecting in the late 1980s dealing with a handful of private clients. As many collectors start out, he never thought he'd deal. Within a year or two, however, he'd amassed a volume of posters and the business of selling began. Collecting is very addictive and emotionally driven. Bruce bought what he liked, either for the film title, or more often for the design merits of the poster itself.

Bruce founded The Reel Poster Gallery in 1991.

Prior to this date, he had always seen the market potential at major auctions like Christies and Sotheby's, notably he observed the kinds of audience that these sales were attracting. Historically, the market was very US led and to lesser extent French & Italian. Within a few years, Bruce and The Gallery had put London on the map for serious collectors and film aficionados.

Over this period, the gallery has been responsible for a dozen publications on film posters and related subjects - with over a million copies sold worldwide. Due to this success, Taschen bought the rights to The Gallery's 'Decades' series, however Bruce also produced 500 hardback limited editions, a handful of which remain available to purchase today.

After 15 years of establishing itself as a world leading destination for original posters, Bruce realized the majority of his loyal client base no longer needed to view before buying and were more than happy to buy on our recommendation or simply from a gallery catalogue. Therefore, we now operate by appointment only with a fantastic new website to support our activities.

Please visit our website www.reelposter.com

T +44 (0)7970 846703 | Email: info@reelposter.com



Vernon Hill

Artist

From an early age, Vernon has had an magnificent talent to create stunning artwork such as creating work of the Queen, Barack Obama and Princess Diana.

As well as famous faces, Vernon can draw family members of friends from photos sent in and can also create images of objects required such as cars, ships and horses.

Vernon can work from photographs, paper cuttings, pictures and cards, and create portraits that are perfect for a gift for loved ones. Drawings are for sale for just £10 and commissions are accepted.

For more information, please contact Vernon on **01375 371138**.



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Tel: 01963 210551 or 07967 157424

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sculptor



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Traditional Wooden Rocking Horse Makers



(invented in North America at the end of the 19th century) which are available in pine, oak, ash or other wood of your choice. The timber can be stained to match your surroundings. They also offer the traditional splendid Georgian bows in ash.

Tetbury Rocking Horse Works are located in the delightful old mill town of Stroud at the heart of the 5 valleys, on the southern end of the Cotswolds - 14 miles from Cheltenham and within 10 minutes' drive of the M5 junction 13.

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For more information, contact Tetbury Rocking Horses on:

T 01453 873 853

www.tetburyrockinghorseworks.co.uk

Each horse is hand painted in a style reminiscent of the traditional dapple grey rocking horses. Other, more realistic dappling in other shades in other shades is also available such as brown on beige. If you have a special horse in mind, the team are very happy to copy from a photo or picture. The rocking horse tack comes in 3 colours including Havana, black and tan and a silver, cream and gold is available for unicorns.

These unique and delightful models can be mounted on the popular safety stands



The Perfect Gift News



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Just in Case



he decided to make his own display case and realised a real gap in the market for this type of service.

Today, David runs a case making business under the name of 'Just in Case'. He makes and sells a range of display cases that are suitable for many collectable items including cars, planes, trains, lorries and large scale boats, and has also made cases for precious items such as wedding bouquets and flowers.

He travels to a range of exhibitions to display these unique products and speak to visitors about what they need. He has been to toy fairs, railway exhibitions and even appeared at the Rolls Royce Air show, helping to create display cases for Aeroplane Jet Engines.

Every item is made bespoke to customers' needs and David can make cases from 1 inch to 8 ft. long and 5 ft. wide.

For more information or to order your own display case, contact David on 07944 378 021.

David Poole, a model collector himself, understands the importance of keeping treasured items and collectables in a sealable case to prevent them from getting damaged, broken or gathering dust, whilst still being able to have them on display. He therefore creates and sells a variety of transparent display cases which are suitable for a whole host of collectable items or just things that are very precious to you.

Having spent a lifetime collecting traditional toys and models, David found himself in a predicament when he purchased a collectable plastic truck kit from a local toy fair and did not have a case to display it in. However, David had a long career making signs for a variety of needs so creating secure and reliable equipment came as second nature. So,

JUST IN CASE

MANUFACTURED TO ORDER PERSPEX DISPLAY CASES



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**ENQUIRIES TO: DAVE POOLE
TEL: 0117 9092993 | MOBILE: 07944 378021**

Collectors Toys and Models

Leisure Solutions is proud to present Chippy Toys with its highly prestigious and richly deserved Company of Choice profile.

Established from a passion for all things toys, Chippy Toys buys and sells a whole host of makes and models from Dinky's obsolete die-cast vehicles, Corgi and Spot-On toys to tin-plate, lead soldiers and farm animals. Having become extremely popular over the years, the business now runs its very own fairs showcasing toys from a wide range of exhibitors.

The company was set up over 25 years ago by owner Don Davidson, who rediscovered his love of toys after attending a jumble sale and finding one of his once loved Dinky models. The toy bought back fond memories for Don, who decided to locate the whole dinky collection. After attending a great deal of jumble sales, auctions, fairs and car boots, Don found himself with more toys than he knew what to do with, so, he decided to sell them on to other toy collectors just like himself.

From there, the business grew substantially and Don now holds four toy fairs a year filled with childhood memorabilia of every kind. Visitors attend from far and wide just to witness what new items will appear at the show, from lifelong collectors to those looking for a unique gift or just a fun day out for all the family. There is something to suit everyone's tastes from antiques, Sci-Fi gadgets to train sets and model steam engines and so much more.

"Collectors have the opportunity to find something they have been searching for or discover something new," commented Don. "We have different dealers every time and stock is always changing so you never know what's going to arrive next! We always receive fantastic feedback from both visitors and exhibitors with some attending every show. It really is a great day out as well as providing the opportunity to discover rare pieces or items which make for the perfect gift."

The toy fairs take place at Chipping Norton School in Oxfordshire. The next will take place on the 19th February 2017 with doors opening to the public at 10:30am. The following will be on the 23rd April, 4th June and 29th October.

For more information on exhibiting or attending contact Don on 01608 641 870, email dondavidson@btinternet.com or visit the website at www.chippytoys.co.uk



February 19th 2017

April 23rd 2017

June 4th 2017

October 29th 2017



Information & Bookings: Don Davidson 01608 641870

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david.goadby@goadby.co.uk
www.save-earnmoney.co.uk



Free LED light bulb offer is available to customers using all our services. Replacement is subject to availability, safety and ease of access. Lifetime Guarantee applies whilst you retain your services with us otherwise a three year warranty applies. Estimated 11% saving based on a typical medium usage household with 41 light bulbs replaced, each used for an average of 20 minutes per day. If you cancel a service within four years, you will need to pay a contribution of between £2 and £5 towards the cost of each LED light bulb we have used. Offer can be withdrawn at any time. Information correct as 12/10/14. For full T&Cs please refer to the Utility Warehouse website.

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For more information contact David Goadby on 07736 146400, email: davidgoadby@uwclub.net or visit the website at www.save-earnmoney.co.uk

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FOR MORE INFORMATION:

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or email **denisedeniseirvine@outlook.com**

Jacqui Leatherbarrow

I have been making cards and collage pictures for just over a year. The company is called **Fine Cards**. I use the best quality products for everything I do.



I am retired just moved back to Manchester after living in North Wales, which I loved, but my family decided it was time I came home, so here I am. I really enjoy what I'm doing and hope people will be interested in my work. My cards can be personalised with names, ages, wedding, engagements Christening or naming. If there is something really special for any occasion please just contact me.

Please contact Jacqui Leatherbarrow|
Mobile: 07765241721
Email: jacquileath@yahoo.com

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If you would like to know any more about Star Vale please do not hesitate to get in touch.



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PAINT WITH RAY



Would you love to be able to paint a picture, but feel you don't have the talent or skill? Are you looking for a hobby you can do whatever the weather? Do you need to find a way to relax at the end of a long and stressful day at work? if you answered 'yes' to any or all of these questions then Paint With Ray is for you.

- Art classes & Workshops available
- Be creative with something to take home at the end of the day
- Expert tuition in a relaxed atmosphere where you can have fun
- All abilities catered for



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Experienced water testing engineers



Water quality investigation specialists – Chiltern Water and Environment Ltd was set up in 1991, by Director Robert Hunt. Having worked for a water supply company for many years, Robert took the opportunity to fill a gap in the market, providing a confidential water testing service to clients beyond the scope of the water supply companies.

The company gained

engineering and further management knowledge when David Hunt joined in 2012. Since then, other

water industry professionals have joined the team, adding to the breadth of knowledge and experience within the company and taking the business from strength to strength.

Now an industry leader in water testing solutions, Chiltern Water and Environment provides an exceptional quality of consultancy, testing, investigation and remedial services for

residential and commercial water systems across the UK. Services include water hygiene testing, legionella compliance and risk assessments, private water supply testing, swimming pool testing, bathing water testing, closed system commissioning and testing and remedial work.

With its office based in Aylesbury in Buckinghamshire, the company serves clients across London and South East, while the Derby office, which opened in 2016, serves clients in the Midlands and the North. The company carries out water testing nationally and internationally and provides regular water sampling and

testing for over 500 sites satisfying the needs of housing associations, schools, care/nursing homes, facilities management companies, offices and factories, private landlords, film studios and production companies, amongst others.

“We are a local service with family values,” commented Director David Hunt. “We offer a personalised and confidential service to all clients both big and small and ensure each one receives the same level of care and attention to detail.

“For over 25 years we have provided a high-quality service in water consultancy, testing and remedial work in a professional but personable manner. Our steady growth has reflected our clients’ trust in our services and we always receive extremely positive feedback, such as...”
 “Excellent across the board” – Primary School, London;
 “Can only give you good feedback” – Theatre, Herts;
 “I thought your service was excellent from the outset in contacting the company to the progress report to the final report, thank you. I will be using Chiltern Water/ recommending you to my work colleagues.” – Film Production Company;
 “It has been a very efficient and prompt service” – Private Landlord, Herefordshire.

David Hunt continues: “Last year was a good year for the company. As well as

opening a new office in Derby, we identified an opportunity to provide a cost-effective solution to help landlords, holiday home owners and those responsible for small commercial water systems to comply with their legal duty towards legionella control. We have devised a “simple” risk assessment that complies with the legal requirements described in ACoP L8 “Legionnaires Disease - The Control of Legionella Bacteria in Water Systems. The response has been very positive and we have carried many of these simple risk assessments for both residential and small commercial clients.” These risk assessments are available from £80 + VAT.”

In terms of future plans, the company hopes to continue its expansion, working in partnership with other similar companies to offer nationwide coverage. With a wide range of services to choose from accompanied by an expert yet friendly service, you’re sure to find exactly what you’re looking for!

If you require any assistance, the helpful and qualified staff will provide you with expert guidance. Get in touch today on 01844 347 678, email info@chilternwater.co.uk or visit the website at www.chilternwater.co.uk to find out more.

‘Like’ us on Facebook: [chilternwaterandenvironment](https://www.facebook.com/chilternwaterandenvironment) ‘Follow’ us on Twitter: @chilternwater



CWE - Looking After the Purity Of Your Water

We offer a wide range of services to choose from, including legionella compliance, private water testing, leak investigations, water source identification, swimming pool and bathing water testing, closed water systems, water treatment including tank cleaning and disinfection and other remedial services.

If you require assistance, our qualified staff will provide you with expert guidance. We’re looking forward to working with you. Count on us for professional water testing services.



www.chilternwater.co.uk

London and the South: 01844 347 678
 Midlands and the North: 01332 207 168

